

, 31.1. - 2.2.2018

8

, 400m

31.01.2018

Records of the Republic of Belarus 4:49.16 , BLR 01.01.1978

KMC : 5:32.00 / MC : 5:12.00 / MCMK : 4:42.20

: FINA 2014

								R.T.			
1.			2002					+0,79	5:11.53	639	
	50m:	32.04	150m:	1:51.39	41.08	250m:	3:15.09	44.20	350m:	4:36.25	36.01
	100m:	1:10.31	200m:	2:30.89	39.50	300m:	4:00.24	45.15	400m:	5:11.53	35.28
2.			1997					+0,76	5:16.51	610	
	50m:	32.29	150m:	1:52.02	41.77	250m:	3:18.06	44.83	350m:	4:40.67	36.57
	100m:	1:10.25	200m:	2:33.23	41.21	300m:	4:04.10	46.04	400m:	5:16.51	35.84
3.			2001					+0,64	5:19.45	593	
	50m:	33.95	150m:	1:55.94	41.79	250m:	3:21.31	43.63	350m:	4:43.49	37.24
	100m:	1:14.15	200m:	2:37.68	41.74	300m:	4:06.25	44.94	400m:	5:19.45	35.96
4.			2003					+0,66	5:19.76	591	
	50m:	31.43	150m:	1:49.36	41.83	250m:	3:19.50	48.41	350m:	4:43.39	35.96
	100m:	1:07.53	200m:	2:31.09	41.73	300m:	4:07.43	47.93	400m:	5:19.76	36.37
5.			2000 MC					+0,73	5:20.32	588	
	50m:	32.63	150m:	1:51.65	40.33	250m:	3:18.24	45.66	350m:	4:43.62	38.04
	100m:	1:11.32	200m:	2:32.58	40.93	300m:	4:05.58	47.34	400m:	5:20.32	36.70
6.			2001					+0,79	5:21.39	582	
	50m:	32.38	150m:	1:51.82	41.21	250m:	3:17.61	45.76	350m:	4:43.67	38.54
	100m:	1:10.61	200m:	2:31.85	40.03	300m:	4:05.13	47.52	400m:	5:21.39	37.72
7.			2002					+0,74	5:22.15	578	
	50m:	32.95	150m:	1:52.54	40.67	250m:	3:17.63	43.65	350m:	4:42.76	38.82
	100m:	1:11.87	200m:	2:33.98	41.44	300m:	4:03.94	46.31	400m:	5:22.15	39.39
8.			2003					+0,66	5:22.41	577	
	50m:	31.76	150m:	1:49.88	40.06	250m:	3:16.56	46.68	350m:	4:43.78	39.11
	100m:	1:09.82	200m:	2:29.88	40.00	300m:	4:04.67	48.11	400m:	5:22.41	38.63
9.			2003					+0,59	5:24.21	567	
	50m:	34.26	150m:	1:54.36	40.86	250m:	3:20.78	45.64	350m:	4:46.54	39.07
	100m:	1:13.50	200m:	2:35.14	40.78	300m:	4:07.47	46.69	400m:	5:24.21	37.67
10.			2002					+0,61	5:28.58	545	
	50m:	32.87	150m:	1:56.48	44.12	250m:	3:27.24	48.60	350m:	4:52.93	37.27
	100m:	1:12.36	200m:	2:38.64	42.16	300m:	4:15.66	48.42	400m:	5:28.58	35.65
11.			2004					+0,78	5:28.65	544	
	50m:	33.92	150m:	1:55.83	41.84	250m:	3:25.40	48.16	350m:	4:52.51	38.49
	100m:	1:13.99	200m:	2:37.24	41.41	300m:	4:14.02	48.62	400m:	5:28.65	36.14
12.			1999					+0,87	5:42.20	482	
	50m:	34.04	150m:	2:02.20	45.19	250m:	3:35.20	49.99	350m:	5:04.21	38.69
	100m:	1:17.01	200m:	2:45.21	43.01	300m:	4:25.52	50.32	400m:	5:42.20	37.99
DSQ			2001					+0,78	5:33.49		
	50m:	35.56	150m:	2:01.30	43.42	250m:	3:29.44	44.20	350m:	4:54.41	39.39
	100m:	1:17.88	200m:	2:45.24	43.94	300m:	4:15.02	45.58	400m:	5:33.49	39.08