

, 30.6. - 3.7.2021

9
30.06.2021

, 400m

4:21.35 , BLR 01.01.2012
KMC : 4:55.00 / MC : 4:37.00 / MCMK : 4:18.04

: FINA 2020

							100m	200m	300m	400m		
1.	,	00				4:34.09 704 Q	1:02.59	1:12.50	1:18.82	1:00.18		
	50m:	29.65	29.65	150m:	1:39.83	37.24	250m:	2:54.49	39.40	350m:	4:04.63	30.72
	100m:	1:02.59	32.94	200m:	2:15.09	35.26	300m:	3:33.91	39.42	400m:	4:34.09	29.46
2.	,	95				4:41.15 652 Q	1:01.66	1:13.63	1:19.05	1:06.81		
	50m:	28.61	28.61	150m:	1:39.29	37.63	250m:	2:54.71	39.42	350m:	4:08.14	33.80
	100m:	1:01.66	33.05	200m:	2:15.29	36.00	300m:	3:34.34	39.63	400m:	4:41.15	33.01
3.	,	02				4:41.53 649 Q	1:03.21	1:11.27	1:21.41	1:05.64		
	50m:	28.92	28.92	150m:	1:39.30	36.09	250m:	2:55.18	40.70	350m:	4:09.14	33.25
	100m:	1:03.21	34.29	200m:	2:14.48	35.18	300m:	3:35.89	40.71	400m:	4:41.53	32.39
4.	,	05				4:41.94 646 Q	1:03.29	1:10.83	1:22.36	1:05.46		
	50m:	28.91	28.91	150m:	1:37.84	34.55	250m:	2:54.39	40.27	350m:	4:09.68	33.20
	100m:	1:03.29	34.38	200m:	2:14.12	36.28	300m:	3:36.48	42.09	400m:	4:41.94	32.26
5.	,	03				4:46.29 617 Q	1:05.35	1:16.12	1:18.32	1:06.50		
	50m:	29.77	29.77	150m:	1:44.38	39.03	250m:	3:00.28	38.81	350m:	4:13.59	33.80
	100m:	1:05.35	35.58	200m:	2:21.47	37.09	300m:	3:39.79	39.51	400m:	4:46.29	32.70
6.	,	04				4:46.36 617 Q	1:03.05	1:13.33	1:24.70	1:05.28		
	50m:	29.53	29.53	150m:	1:40.44	37.39	250m:	2:58.56	42.18	350m:	4:14.33	33.25
	100m:	1:03.05	33.52	200m:	2:16.38	35.94	300m:	3:41.08	42.52	400m:	4:46.36	32.03
7.	,	04				4:47.25 611 Q	1:08.36	1:12.37	1:21.17	1:05.35		
	50m:	30.98	30.98	150m:	1:45.22	36.86	250m:	3:01.97	41.24	350m:	4:14.84	32.94
	100m:	1:08.36	37.38	200m:	2:20.73	35.51	300m:	3:41.90	39.93	400m:	4:47.25	32.41
8.	,	03				4:47.63 609 Q	1:01.46	1:15.61	1:22.94	1:07.62		
	50m:	28.37	28.37	150m:	1:39.61	38.15	250m:	2:58.13	41.06	350m:	4:14.29	34.28
	100m:	1:01.46	33.09	200m:	2:17.07	37.46	300m:	3:40.01	41.88	400m:	4:47.63	33.34
9.	,	01				4:48.02 606 R	1:04.37	1:13.96	1:22.91	1:06.78		
	50m:	29.69	29.69	150m:	1:41.62	37.25	250m:	2:58.70	40.37	350m:	4:15.32	34.08
	100m:	1:04.37	34.68	200m:	2:18.33	36.71	300m:	3:41.24	42.54	400m:	4:48.02	32.70
10.	,	01				4:49.28 598 R	1:02.69	1:17.01	1:24.56	1:05.02		
	50m:	29.03	29.03	150m:	1:41.63	38.94	250m:	3:01.56	41.86	350m:	4:16.60	32.34
	100m:	1:02.69	33.66	200m:	2:19.70	38.07	300m:	3:44.26	42.70	400m:	4:49.28	32.68
11.	,	06				4:50.70 590	1:06.72	1:11.01	1:26.57	1:06.40		
	50m:	30.70	30.70	150m:	1:43.30	36.58	250m:	3:00.87	43.14	350m:	4:18.21	33.91
	100m:	1:06.72	36.02	200m:	2:17.73	34.43	300m:	3:44.30	43.43	400m:	4:50.70	32.49
12.	,	03				4:51.05 588	1:02.82	1:15.45	1:24.19	1:08.59		
	50m:	28.82	28.82	150m:	1:41.23	38.41	250m:	2:59.72	41.45	350m:	4:17.02	34.56
	100m:	1:02.82	34.00	200m:	2:18.27	37.04	300m:	3:42.46	42.74	400m:	4:51.05	34.03
13.	,	05				4:54.53 567	1:05.62	1:14.20	1:26.39	1:08.32		
	50m:	29.92	29.92	150m:	1:42.51	36.89	250m:	3:02.98	43.16	350m:	4:21.36	35.15
	100m:	1:05.62	35.70	200m:	2:19.82	37.31	300m:	3:46.21	43.23	400m:	4:54.53	33.17
14.	,	05				5:04.09 515	1:06.60	1:19.45	1:27.97	1:10.07		
	50m:	30.25	30.25	150m:	1:47.36	40.76	250m:	3:08.86	42.81	350m:	4:30.09	36.07
	100m:	1:06.60	36.35	200m:	2:26.05	38.69	300m:	3:54.02	45.16	400m:	5:04.09	34.00
15.	,	04				5:05.43 508	1:05.72	1:18.47	1:28.70	1:12.54		
	50m:	30.03	30.03	150m:	1:45.55	39.83	250m:	3:08.36	44.17	350m:	4:30.30	37.41
	100m:	1:05.72	35.69	200m:	2:24.19	38.64	300m:	3:52.89	44.53	400m:	5:05.43	35.13
16.	,	04				5:06.89 501	1:12.69	1:18.14	1:28.01	1:08.05		
	50m:	32.99	32.99	150m:	1:53.14	40.45	250m:	3:14.16	43.33	350m:	4:35.12	36.28
	100m:	1:12.69	39.70	200m:	2:30.83	37.69	300m:	3:58.84	44.68	400m:	5:06.89	31.77