

	30,	, 1500m											
			/					R.T.					
13.			2005					+0,69	17:20.26		587		
	100m:	1:04.27	1:04.27	500m:	5:37.48	1:09.01	900m:	10:18.52	1:10.64	1300m:	15:01.07		
	200m:	2:12.12	1:07.85	600m:	6:47.57	1:10.09	1000m:	11:29.63	1:11.11	1400m:	16:11.90	1:10.83	
	300m:	3:20.48	1:08.36	700m:			1100m:			1500m:	17:20.26	1:08.36	
	400m:	4:28.47	1:07.99	800m:	9:07.88		1200m:						
14.			2004					+0,65	17:20.94		585		
	100m:	1:05.38	1:05.38	500m:	5:44.17	1:09.66	900m:	10:24.81	1:10.38	1300m:	15:05.19	1:09.86	
	200m:	2:15.57	1:10.19	600m:	6:54.22	1:10.05	1000m:	11:35.92	1:11.11	1400m:	16:14.53	1:09.34	
	300m:	3:24.98	1:09.41	700m:	8:04.17	1:09.95	1100m:	12:45.58	1:09.66	1500m:	17:20.94	1:06.41	
	400m:	4:34.51	1:09.53	800m:	9:14.43	1:10.26	1200m:	13:55.33	1:09.75				
15.			2005					+0,73	17:29.09		572		
	100m:	1:05.24	1:05.24	500m:	5:41.64	1:09.76	900m:	10:23.53	1:09.88	1300m:	15:08.46	1:12.00	
	200m:	2:12.98	1:07.74	600m:	6:52.16	1:10.52	1000m:	11:34.42	1:10.89	1400m:	16:19.99	1:11.53	
	300m:	3:22.18	1:09.20	700m:	8:02.30	1:10.14	1100m:	12:45.54	1:11.12	1500m:	17:29.09	1:09.10	
	400m:	4:31.88	1:09.70	800m:	9:13.65	1:11.35	1200m:	13:56.46	1:10.92				
16.			2005					+0,71	17:50.36		538		
	100m:	1:06.59	1:06.59	500m:	5:50.31	1:11.68	900m:	10:40.41	1:12.75	1300m:	15:29.62	1:12.15	
	200m:	2:17.82	1:11.23	600m:	7:03.57	1:13.26	1000m:	11:52.86	1:12.45	1400m:	16:40.89	1:11.27	
	300m:	3:28.92	1:11.10	700m:	8:15.91	1:12.34	1100m:	13:05.27	1:12.41	1500m:	17:50.36	1:09.47	
	400m:	4:38.63	1:09.71	800m:	9:27.66	1:11.75	1200m:	14:17.47	1:12.20				
17.			2005					+0,77	18:09.72		510		
	100m:	1:05.85	1:05.85	500m:	5:51.60	1:12.55	900m:	10:43.93	1:13.69	1300m:	15:41.41	1:15.23	
	200m:	2:16.17	1:10.32	600m:	7:04.46	1:12.86	1000m:	11:57.20	1:13.27	1400m:	16:56.83	1:15.42	
	300m:	3:27.64	1:11.47	700m:	8:17.34	1:12.88	1100m:	13:10.83	1:13.63	1500m:	18:09.72	1:12.89	
	400m:	4:39.05	1:11.41	800m:	9:30.24	1:12.90	1200m:	14:26.18	1:15.35				