

, 21. - 24.4.2021

9
21.04.2021

, 400m

4:21.35 , BLR 01.01.2012
KMC : 4:55.00 / MC : 4:37.00 / MCMK : 4:18.04

: FINA 2020

								100m	200m	300m	400m	
1.		03				4:34.16	703 Q	1:00.17	1:08.70	1:21.67	1:03.62	
	50m:	28.24	28.24	150m:	1:35.00	34.83	250m:	2:48.89	40.02	350m:	4:02.87	32.33
	100m:	1:00.17	31.93	200m:	2:08.87	33.87	300m:	3:30.54	41.65	400m:	4:34.16	31.29
2.		00				4:34.30	702 Q	1:02.08	1:13.29	1:18.84	1:00.09	
	50m:	28.48	28.48	150m:	1:39.33	37.25	250m:	2:54.77	39.40	350m:	4:05.33	31.12
	100m:	1:02.08	33.60	200m:	2:15.37	36.04	300m:	3:34.21	39.44	400m:	4:34.30	28.97
3.		02				4:39.24	665 Q	1:01.90	1:11.26	1:20.70	1:05.38	
	50m:	28.40	28.40	150m:	1:38.22	36.32	250m:	2:53.07	39.91	350m:	4:07.27	33.41
	100m:	1:01.90	33.50	200m:	2:13.16	34.94	300m:	3:33.86	40.79	400m:	4:39.24	31.97
4.		03				4:39.71	662 Q	1:01.44	1:08.92	1:22.95	1:06.40	
	50m:	28.61	28.61	150m:	1:36.06	34.62	250m:	2:51.08	40.72	350m:	4:06.70	33.39
	100m:	1:01.44	32.83	200m:	2:10.36	34.30	300m:	3:33.31	42.23	400m:	4:39.71	33.01
5.		03				4:39.85	661 Q	1:03.68	1:14.02	1:17.05	1:05.10	
	50m:	28.82	28.82	150m:	1:41.13	37.45	250m:	2:56.32	38.62	350m:	4:07.66	32.91
	100m:	1:03.68	34.86	200m:	2:17.70	36.57	300m:	3:34.75	38.43	400m:	4:39.85	32.19
6.		04				4:41.75	648 Q	1:02.30	1:15.33	1:21.06	1:03.06	
	50m:	28.65	28.65	150m:	1:40.48	38.18	250m:	2:58.27	40.64	350m:	4:10.88	32.19
	100m:	1:02.30	33.65	200m:	2:17.63	37.15	300m:	3:38.69	40.42	400m:	4:41.75	30.87
7.		01				4:43.18	638 Q	1:00.54	1:14.22	1:22.01	1:06.41	
	50m:	27.19	27.19	150m:	1:38.11	37.57	250m:	2:55.41	40.65	350m:	4:10.54	33.77
	100m:	1:00.54	33.35	200m:	2:14.76	36.65	300m:	3:36.77	41.36	400m:	4:43.18	32.64
8.		03				4:43.49	636 Q	1:00.85	1:13.44	1:22.67	1:06.53	
	50m:	28.21	28.21	150m:	1:37.58	36.73	250m:	2:54.73	40.44	350m:	4:10.49	33.53
	100m:	1:00.85	32.64	200m:	2:14.29	36.71	300m:	3:36.96	42.23	400m:	4:43.49	33.00
9.		95				4:44.22	631 R	1:01.21	1:14.81	1:21.33	1:06.87	
	50m:	28.61	28.61	150m:	1:39.15	37.94	250m:	2:56.44	40.42	350m:	4:11.26	33.91
	100m:	1:01.21	32.60	200m:	2:16.02	36.87	300m:	3:37.35	40.91	400m:	4:44.22	32.96
10.		04				4:44.74	628 R	1:00.98	1:13.54	1:25.14	1:05.08	
	50m:	28.46	28.46	150m:	1:38.05	37.07	250m:	2:57.36	42.84	350m:	4:12.45	32.79
	100m:	1:00.98	32.52	200m:	2:14.52	36.47	300m:	3:39.66	42.30	400m:	4:44.74	32.29
11.		04				4:45.81	620	1:07.40	1:10.71	1:22.74	1:04.96	
	50m:	30.58	30.58	150m:	1:42.63	35.23	250m:	2:59.62	41.51	350m:	4:13.46	32.61
	100m:	1:07.40	36.82	200m:	2:18.11	35.48	300m:	3:40.85	41.23	400m:	4:45.81	32.35
12.		01				4:47.65	609	1:02.80	1:14.27	1:25.46	1:05.12	
	50m:	29.20	29.20	150m:	1:40.19	37.39	250m:	2:59.20	42.13	350m:	4:14.35	31.82
	100m:	1:02.80	33.60	200m:	2:17.07	36.88	300m:	3:42.53	43.33	400m:	4:47.65	33.30
13.		03				4:48.02	606	1:02.45	1:15.18	1:24.30	1:06.09	
	50m:	28.57	28.57	150m:	1:40.42	37.97	250m:	2:59.63	42.00	350m:	4:15.30	33.37
	100m:	1:02.45	33.88	200m:	2:17.63	37.21	300m:	3:41.93	42.30	400m:	4:48.02	32.72
14.		99				4:49.47	597	1:01.12	1:14.93	1:24.07	1:09.35	
	50m:	28.02	28.02	150m:	1:38.55	37.43	250m:	2:57.70	41.65	350m:	4:14.69	34.57
	100m:	1:01.12	33.10	200m:	2:16.05	37.50	300m:	3:40.12	42.42	400m:	4:49.47	34.78
15.		04				4:55.05	564	1:02.89	1:15.56	1:27.58	1:09.02	
	50m:	28.75	28.75	150m:	1:41.08	38.19	250m:	3:01.87	43.42	350m:	4:21.18	35.15
	100m:	1:02.89	34.14	200m:	2:18.45	37.37	300m:	3:46.03	44.16	400m:	4:55.05	33.87
16.		04				4:58.21	546	1:06.10	1:16.47	1:26.57	1:09.07	
	50m:	29.75	29.75	150m:	1:44.71	38.61	250m:	3:05.82	43.25	350m:	4:24.50	35.36
	100m:	1:06.10	36.35	200m:	2:22.57	37.86	300m:	3:49.14	43.32	400m:	4:58.21	33.71
17.		05				4:59.54	539	1:04.16	1:16.09	1:31.47	1:07.82	
	50m:	28.95	28.95	150m:	1:42.02	37.86	250m:	3:05.75	45.50	350m:	4:25.73	34.01
	100m:	1:04.16	35.21	200m:	2:20.25	38.23	300m:	3:51.72	45.97	400m:	4:59.54	33.81
18.		05				5:00.69	533	1:07.05	1:14.70	1:27.92	1:11.02	
	50m:	30.55	30.55	150m:	1:44.73	37.68	250m:	3:05.12	43.37	350m:	4:25.52	35.85
	100m:	1:07.05	36.50	200m:	2:21.75	37.02	300m:	3:49.67	44.55	400m:	5:00.69	35.17
19.		04				5:08.01	496	1:06.51	1:21.93	1:28.18	1:11.39	
	50m:	30.38	30.38	150m:	1:47.53	41.02	250m:	3:11.28	42.84	350m:	4:32.69	36.07
	100m:	1:06.51	36.13	200m:	2:28.44	40.91	300m:	3:56.62	45.34	400m:	5:08.01	35.32

, 21. - 24.4.2021

	9,	, 400m	,	,				100m	200m	300m	400m	
DSQ	,	04			4:59.79			1:07.58	1:16.41	1:28.40	1:07.40	
	50m:	31.13	31.13	150m:	1:46.69	39.11	250m:	3:07.72	43.73	350m:	4:28.13	35.74
	100m:	1:07.58	36.45	200m:	2:23.99	37.30	300m:	3:52.39	44.67	400m:	4:59.79	31.66
DSQ	,	05			5:01.86			1:04.89	1:17.37	1:34.40	1:05.20	
	50m:	29.65	29.65	150m:	1:44.07	39.18	250m:	3:09.99	47.73	350m:	4:29.16	32.50
	100m:	1:04.89	35.24	200m:	2:22.26	38.19	300m:	3:56.66	46.67	400m:	5:01.86	32.70