

, 21. - 24.4.2021

28
23.04.2021

, 400m

4:09.70 , BLR 01.01.1984
KMC : 4:44.50 / MC : 4:29.00 / MCMK : 4:09.41

: FINA 2020

							100m	200m	300m	400m		
1.	,	04				4:18.70 763	1:02.08	1:05.02	1:05.41	1:06.19		
	50m:	29.88	29.88	150m:	1:34.26	32.18	250m:	2:39.38	32.28	350m:	3:45.74	33.23
	100m:	1:02.08	32.20	200m:	2:07.10	32.84	300m:	3:12.51	33.13	400m:	4:18.70	32.96
2.	,	05				4:19.12 759	1:01.78	1:05.45	1:07.08	1:04.81		
	50m:	29.94	29.94	150m:	1:34.07	32.29	250m:	2:40.51	33.28	350m:	3:47.89	33.58
	100m:	1:01.78	31.84	200m:	2:07.23	33.16	300m:	3:14.31	33.80	400m:	4:19.12	31.23
3.	,	04				4:32.63 652	1:04.11	1:09.09	1:09.95	1:09.48		
	50m:	30.77	30.77	150m:	1:38.54	34.43	250m:	2:48.30	35.10	350m:	3:57.99	34.84
	100m:	1:04.11	33.34	200m:	2:13.20	34.66	300m:	3:23.15	34.85	400m:	4:32.63	34.64
4.	,	03				4:34.58 638	1:05.53	1:09.43	1:10.87	1:08.75		
	50m:	31.26	31.26	150m:	1:39.94	34.41	250m:	2:50.20	35.24	350m:	4:01.03	35.20
	100m:	1:05.53	34.27	200m:	2:14.96	35.02	300m:	3:25.83	35.63	400m:	4:34.58	33.55
5.	,	05				4:35.76 630	1:05.16	1:09.48	1:10.25	1:10.87		
	50m:	31.37	31.37	150m:	1:39.67	34.51	250m:	2:49.77	35.13	350m:	4:00.79	35.90
	100m:	1:05.16	33.79	200m:	2:14.64	34.97	300m:	3:24.89	35.12	400m:	4:35.76	34.97
6.	,	07				4:42.04 589	1:06.56	1:10.69	1:13.17	1:11.62		
	50m:	32.25	32.25	150m:	1:41.44	34.88	250m:	2:53.68	36.43	350m:	4:06.76	36.34
	100m:	1:06.56	34.31	200m:	2:17.25	35.81	300m:	3:30.42	36.74	400m:	4:42.04	35.28
7.	,	05				4:44.93 571	1:05.96	1:12.06	1:14.32	1:12.59		
	50m:	31.29	31.29	150m:	1:41.60	35.64	250m:	2:55.30	37.28	350m:	4:09.25	36.91
	100m:	1:05.96	34.67	200m:	2:18.02	36.42	300m:	3:32.34	37.04	400m:	4:44.93	35.68
8.	,	07				4:47.08 558	1:06.09	1:13.76	1:13.92	1:13.31		
	50m:	31.49	31.49	150m:	1:42.66	36.57	250m:	2:56.67	36.82	350m:	4:11.00	37.23
	100m:	1:06.09	34.60	200m:	2:19.85	37.19	300m:	3:33.77	37.10	400m:	4:47.08	36.08