

, 21. - 24.4.2021

22.04.2021

16

, 400m

3:52.78

BLR

01.01.2013

KMC : 4:22.50 / MC : 4:05.00 / MCMK : 3:49.27

: FINA 2020

							100m	200m	300m	400m
1.		00				<b>3:55.92</b> 811	57.00	59.97	1:00.03	58.92
	50m:	27.24	27.24	150m:	1:26.84	29.84	29.94	350m:	3:27.00	30.00
	100m:	57.00	29.76	200m:	1:56.97	30.13	30.09	400m:	3:55.92	28.92
2.		99				<b>4:01.60</b> 755	57.85	1:00.92	1:01.68	1:01.15
	50m:	27.61	27.61	150m:	1:28.21	30.36	30.71	350m:	3:31.11	30.66
	100m:	57.85	30.24	200m:	1:58.77	30.56	30.97	400m:	4:01.60	30.49
3.		01				<b>4:03.73</b> 736	57.28	1:00.83	1:02.12	1:03.50
	50m:	27.44	27.44	150m:	1:27.54	30.26	30.75	350m:	3:32.48	32.25
	100m:	57.28	29.84	200m:	1:58.11	30.57	31.37	400m:	4:03.73	31.25
4.		03				<b>4:03.74</b> 736	58.01	1:02.23	1:01.99	1:01.51
	50m:	27.60	27.60	150m:	1:29.06	31.05	31.00	350m:	3:33.44	31.21
	100m:	58.01	30.41	200m:	2:00.24	31.18	30.99	400m:	4:03.74	30.30
5.		01				<b>4:06.20</b> 714	58.27	1:03.01	1:03.33	1:01.59
	50m:	27.53	27.53	150m:	1:29.68	31.41	31.81	350m:	3:35.84	31.23
	100m:	58.27	30.74	200m:	2:01.28	31.60	31.52	400m:	4:06.20	30.36
6.		04				<b>4:06.36</b> 712	59.92	1:02.05	1:03.07	1:01.32
	50m:	28.73	28.73	150m:	1:30.98	31.06	31.18	350m:	3:36.70	31.66
	100m:	59.92	31.19	200m:	2:01.97	30.99	31.89	400m:	4:06.36	29.66
7.		04				<b>4:06.44</b> 712	58.25	1:02.59	1:04.12	1:01.48
	50m:	27.80	27.80	150m:	1:29.48	31.23	31.54	350m:	3:36.27	31.31
	100m:	58.25	30.45	200m:	2:00.84	31.36	32.58	400m:	4:06.44	30.17
8.		00				<b>4:11.49</b> 670	59.96	1:03.03	1:03.85	1:04.65
	50m:	28.80	28.80	150m:	1:31.22	31.26	31.84	350m:	3:39.47	32.63
	100m:	59.96	31.16	200m:	2:02.99	31.77	32.01	400m:	4:11.49	32.02