

, 7. - 10.2.2024

4 , 400m
07.02.2024 - 10:26

JR 3:56.98 , 01.01.2018
KMC : 4:22.50 / MC : 4:05.00 / : 3:46.60
: FINA 2024

							R.T.					
1.			2007				+0,73	4:01.61	755			
	50m:	26.92	26.92	150m:	1:26.42	30.23	250m:	2:28.71	31.37	350m:	3:31.35	31.13
	100m:	56.19	29.27	200m:	1:57.34	30.92	300m:	3:00.22	31.51	400m:	4:01.61	30.26
2.			2007				+0,81	4:08.97	690			
	50m:	27.79	27.79	150m:	1:30.11	31.68	250m:	2:34.06	32.17	350m:	3:38.08	31.67
	100m:	58.43	30.64	200m:	2:01.89	31.78	300m:	3:06.41	32.35	400m:	4:08.97	30.89
3.			2007				+0,75	4:09.09	689			
	50m:	27.78	27.78	150m:	1:31.10	32.17	250m:	2:34.88	31.15	350m:	3:38.69	31.66
	100m:	58.93	31.15	200m:	2:03.73	32.63	300m:	3:07.03	32.15	400m:	4:09.09	30.40
4.			2007				+0,77	4:12.21	664			
	50m:	28.21	28.21	150m:	1:31.83	32.18	250m:	2:36.52	32.24	350m:	3:40.94	32.13
	100m:	59.65	31.44	200m:	2:04.28	32.45	300m:	3:08.81	32.29	400m:	4:12.21	31.27
5.			2007				+0,72	4:13.87	651			
	50m:	28.02	28.02	150m:	1:31.66	32.06	250m:	2:36.34	32.10	350m:	3:41.39	32.98
	100m:	59.60	31.58	200m:	2:04.24	32.58	300m:	3:08.41	32.07	400m:	4:13.87	32.48
6.			2007				+0,82	4:14.59	645			
	50m:	28.45	28.45	150m:	1:32.61	32.65	250m:	2:37.43	32.27	350m:	3:42.94	32.93
	100m:	59.96	31.51	200m:	2:05.16	32.55	300m:	3:10.01	32.58	400m:	4:14.59	31.65
7.			2006				+0,74	4:14.62	645			
	50m:	28.66	28.66	150m:	1:32.13	32.23	250m:	2:37.39	32.39	350m:	3:42.76	32.81
	100m:	59.90	31.24	200m:	2:05.00	32.87	300m:	3:09.95	32.56	400m:	4:14.62	31.86
8.			2007				+0,67	4:15.49	639			
	50m:	28.96	28.96	150m:	1:32.44	32.30	250m:	2:38.05	32.63	350m:	3:44.04	32.74
	100m:	1:00.14	31.18	200m:	2:05.42	32.98	300m:	3:11.30	33.25	400m:	4:15.49	31.45
9.			2008				+0,71	4:15.70	637			
	50m:	28.81	28.81	150m:	1:32.04	32.35	250m:	2:37.62	32.92	350m:	3:44.08	33.14
	100m:	59.69	30.88	200m:	2:04.70	32.66	300m:	3:10.94	33.32	400m:	4:15.70	31.62
10.			2007				+0,78	4:17.03	627			
	50m:	29.42	29.42	150m:	1:33.66	32.34	250m:	2:39.15	32.48	350m:	3:44.59	32.51
	100m:	1:01.32	31.90	200m:	2:06.67	33.01	300m:	3:12.08	32.93	400m:	4:17.03	32.44
11.			2009				+0,71	4:19.52	609			
	50m:	28.79	28.79	150m:	1:33.68	33.30	250m:	2:41.39	33.74	350m:	3:48.55	33.36
	100m:	1:00.38	31.59	200m:	2:07.65	33.97	300m:	3:15.19	33.80	400m:	4:19.52	30.97
12.			2007				+0,76	4:20.45	603			
	50m:	29.71	29.71	150m:	1:35.14	33.26	250m:	2:42.55	33.57	350m:	3:48.31	32.30
	100m:	1:01.88	32.17	200m:	2:08.98	33.84	300m:	3:16.01	33.46	400m:	4:20.45	32.14

ГЕНЕРАЛЬНЫЙ ПАРТНЕР



СПОНСОРЫ И ПАРТНЕРЫ



БЕЛАРУСБАНК



amkor

БЕЛАРУСЬ



SPORT 5.BY

, 7. - 10.2.2024

4,		, 400m										
		/				R.T.						
13.				2006		+0,75	4:20.78	600				
	50m:	29.04	29.04	150m:	1:33.36	32.43	250m:	2:40.56	33.48	350m:	3:47.93	33.66
	100m:	1:00.93	31.89	200m:	2:07.08	33.72	300m:	3:14.27	33.71	400m:	4:20.78	32.85
14.				2006		+0,70	4:20.85	600				
	50m:	28.56	28.56	150m:	1:33.20	32.96	250m:	2:41.07	34.08	350m:	3:48.82	33.36
	100m:	1:00.24	31.68	200m:	2:06.99	33.79	300m:	3:15.46	34.39	400m:	4:20.85	32.03
15.				2008		+0,69	4:22.26	590				
	50m:	29.84	29.84	150m:	1:36.20	33.69	250m:	2:43.32	33.54	350m:	3:49.89	33.41
	100m:	1:02.51	32.67	200m:	2:09.78	33.58	300m:	3:16.48	33.16	400m:	4:22.26	32.37
16.				2007		+0,69	4:22.53	589				
	50m:	29.03	29.03	150m:	1:33.69	32.64	250m:	2:41.48	33.86	350m:	3:49.70	33.95
	100m:	1:01.05	32.02	200m:	2:07.62	33.93	300m:	3:15.75	34.27	400m:	4:22.53	32.83
				2009		+0,68	4:22.53	589				
	50m:	29.46	29.46	150m:	1:34.90	33.08	250m:	2:42.36	33.52	350m:	3:49.79	33.29
	100m:	1:01.82	32.36	200m:	2:08.84	33.94	300m:	3:16.50	34.14	400m:	4:22.53	32.74
18.				2008		+0,76	4:23.33	583				
	50m:	29.53	29.53	150m:	1:36.80	34.11	250m:	2:43.94	33.87	350m:	3:51.25	33.92
	100m:	1:02.69	33.16	200m:	2:10.07	33.27	300m:	3:17.33	33.39	400m:	4:23.33	32.08
19.				2006		+0,66	4:24.86	573				
	50m:	29.00	29.00	150m:	1:34.50	32.98	250m:	2:42.03	34.02	350m:	3:51.39	35.04
	100m:	1:01.52	32.52	200m:	2:08.01	33.51	300m:	3:16.35	34.32	400m:	4:24.86	33.47
20.				2009		+0,81	4:24.93	573				
	50m:	30.18	30.18	150m:	1:37.07	33.61	250m:	2:44.85	33.85	350m:	3:52.53	33.77
	100m:	1:03.46	33.28	200m:	2:11.00	33.93	300m:	3:18.76	33.91	400m:	4:24.93	32.40
21.				2008		+0,72	4:24.99	572				
	50m:	28.81	28.81	150m:	1:34.94	34.29	250m:	2:44.59	35.90	350m:	3:52.84	34.79
	100m:	1:00.65	31.84	200m:	2:08.69	33.75	300m:	3:18.05	33.46	400m:	4:24.99	32.15
22.				2006		+0,77	4:25.87	567				
	50m:	29.67	29.67	150m:	1:34.26	32.71	250m:	2:42.84	33.98	350m:	3:52.11	34.23
	100m:	1:01.55	31.88	200m:	2:08.86	34.60	300m:	3:17.88	35.04	400m:	4:25.87	33.76
23.				2007		+0,55	4:26.07	565				
	50m:	29.49	29.49	150m:	1:34.78	33.14	250m:	2:42.57	33.55	350m:	3:52.06	34.83
	100m:	1:01.64	32.15	200m:	2:09.02	34.24	300m:	3:17.23	34.66	400m:	4:26.07	34.01
24.				2006		+0,66	4:26.70	561				
	50m:	29.83	29.83	150m:	1:37.02	33.98	250m:	2:45.68	34.07	350m:	3:54.13	34.07
	100m:	1:03.04	33.21	200m:	2:11.61	34.59	300m:	3:20.06	34.38	400m:	4:26.70	32.57
25.				2007		+0,75	4:30.09	540				
	50m:	29.55	29.55	150m:	1:35.30	33.43	250m:	2:44.59	35.08	350m:	3:55.29	35.45
	100m:	1:01.87	32.32	200m:	2:09.51	34.21	300m:	3:19.84	35.25	400m:	4:30.09	34.80
26.				2008	1	+0,70	4:31.02	535				
	50m:	30.19	30.19	150m:	1:38.23	34.02	250m:	2:48.53	35.06	350m:	3:59.18	34.95
	100m:	1:04.21	34.02	200m:	2:13.47	35.24	300m:	3:24.23	35.70	400m:	4:31.02	31.84

ГЕНЕРАЛЬНЫЙ ПАРТНЕР



СПОНСОРЫ И ПАРТНЕРЫ



, 7. - 10.2.2024

4,		, 400m									
				/				R.T.			
27.				2007				+0,71	4:31.39	533	
	50m:	30.25	30.25	150m:	1:40.00	35.02	250m:	2:49.05	34.09	350m:	3:57.67 33.79
	100m:	1:04.98	34.73	200m:	2:14.96	34.96	300m:	3:23.88	34.83	400m:	4:31.39 33.72
28.				2008	1			+0,77	4:31.76	531	
	50m:	29.67	29.67	150m:	1:37.12	34.32	250m:	2:47.05	35.12	350m:	3:58.69 36.08
	100m:	1:02.80	33.13	200m:	2:11.93	34.81	300m:	3:22.61	35.56	400m:	4:31.76 33.07
29.				2008				+0,71	4:31.84	530	
	50m:	29.76	29.76	150m:	1:37.99	34.41	250m:	2:48.33	35.11	350m:	3:58.62 34.79
	100m:	1:03.58	33.82	200m:	2:13.22	35.23	300m:	3:23.83	35.50	400m:	4:31.84 33.22
30.				2008				+0,74	4:34.12	517	
	50m:	30.53	30.53	150m:	1:38.76	34.71	250m:	2:49.70	35.62	350m:	4:00.36 35.01
	100m:	1:04.05	33.52	200m:	2:14.08	35.32	300m:	3:25.35	35.65	400m:	4:34.12 33.76
31.				2007				+0,77	4:35.13	511	
	50m:	31.23	31.23	150m:	1:39.75	34.63	250m:	2:49.51	35.38	350m:	4:00.21 35.45
	100m:	1:05.12	33.89	200m:	2:14.13	34.38	300m:	3:24.76	35.25	400m:	4:35.13 34.92
32.				2008	1			+0,62	4:36.40	504	
	50m:	29.57	29.57	150m:	1:39.33	35.31	250m:	2:51.24	36.11	350m:	4:02.48 35.17
	100m:	1:04.02	34.45	200m:	2:15.13	35.80	300m:	3:27.31	36.07	400m:	4:36.40 33.92
33.				2007	1			+0,72	4:36.84	502	
	50m:	30.11	30.11	150m:	1:40.04	35.65	250m:	2:51.91	35.76	350m:	4:03.14 35.35
	100m:	1:04.39	34.28	200m:	2:16.15	36.11	300m:	3:27.79	35.88	400m:	4:36.84 33.70
34.				2009				+0,78	4:38.56	493	
	50m:	29.68	29.68	150m:	1:39.00	35.07	250m:	2:50.78	35.73	350m:	4:03.45 35.97
	100m:	1:03.93	34.25	200m:	2:15.05	36.05	300m:	3:27.48	36.70	400m:	4:38.56 35.11
35.				2008	1			+0,79	4:42.65	471	
	50m:	29.92	29.92	150m:	1:40.13	35.84	250m:	2:53.91	36.94	350m:	4:07.95 36.44
	100m:	1:04.29	34.37	200m:	2:16.97	36.84	300m:	3:31.51	37.60	400m:	4:42.65 34.70
36.				2010	1			+0,81	4:43.00	470	
	50m:	30.08	30.08	150m:	1:39.95	35.20	250m:	2:52.55	35.91	350m:	4:06.79 37.10
	100m:	1:04.75	34.67	200m:	2:16.64	36.69	300m:	3:29.69	37.14	400m:	4:43.00 36.21
37.				2007	1			+0,79	4:44.21	464	
	50m:	29.67	29.67	150m:	1:40.06	35.73	250m:	2:53.47	36.78	350m:	4:08.11 37.21
	100m:	1:04.33	34.66	200m:	2:16.69	36.63	300m:	3:30.90	37.43	400m:	4:44.21 36.10
38.				2008	1			+0,73	4:45.90	456	
	50m:	29.86	29.86	150m:	1:40.51	36.12	250m:	2:54.47	37.29	350m:	4:09.72 37.33
	100m:	1:04.39	34.53	200m:	2:17.18	36.67	300m:	3:32.39	37.92	400m:	4:45.90 36.18

ГЕНЕРАЛЬНЫЙ ПАРТНЕР



СПОНСОРЫ И ПАРТНЕРЫ



БЕЛАРУСБАНК



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БЕЛОР



SPORT 5.BY