



39  
08.04.2023 - 9:37

, 400m

3:56.40	TITMUS, Ariarne	AUS	Adelaide (AUS)	22.05.2022
3:59.15	PELLEGRINI, Federica	ITA	Rome (ITA)	26.07.2009
4:09.70		BLR		01.01.1984

МСМК : 4:07.97 / МС : 4:29.00 / КМС : 4:44.50

: FINA 2023

										R.T.	
1.	,	/									
			2003				+0,69	<b>4:22.10</b>		733	
	50m:	29.16	150m:	1:34.49	33.11	250m:	2:41.64	33.67	350m:	3:49.20	33.75
	100m:	1:01.38	200m:	2:07.97	33.48	300m:	3:15.45	33.81	400m:	4:22.10	32.90
2.	,		2003				+0,73	<b>4:33.84</b>		643	
	50m:	31.47	200m:	2:16.20	1:10.80	400m:	4:33.84	1:08.17			
	100m:	1:05.40	300m:	3:25.67	1:09.47						
3.	,		2004				+0,73	<b>4:35.64</b>		630	
	50m:	31.16	150m:	1:40.81	35.18	250m:	2:50.89	34.85	350m:	4:00.55	34.41
	100m:	1:05.63	200m:	2:16.04	35.23	300m:	3:26.14	35.25	400m:	4:35.64	35.09
4.	,		2009				+0,71	<b>4:36.39</b>		625	
	50m:	30.78	150m:	1:41.06	35.30	250m:	2:51.89	35.26	350m:	4:02.41	35.16
	100m:	1:05.76	200m:	2:16.63	35.57	300m:	3:27.25	35.36	400m:	4:36.39	33.98
5.	,		2005				+0,74	<b>4:37.75</b>		616	
	50m:	31.73	150m:	1:41.70	35.24	250m:	2:52.51	35.35	350m:	4:02.88	35.08
	100m:	1:06.46	200m:	2:17.16	35.46	300m:	3:27.80	35.29	400m:	4:37.75	34.87
6.	,		2003				+0,73	<b>4:38.59</b>		611	
	50m:	31.92	150m:	1:41.69	34.97	250m:	2:52.01	35.21	350m:	4:03.69	35.98
	100m:	1:06.72	200m:	2:16.80	35.11	300m:	3:27.71	35.70	400m:	4:38.59	34.90
7.	,		2007				+0,72	<b>4:39.35</b>		606	
	50m:	31.17	150m:	1:41.01	35.81	250m:	2:52.70	36.07	350m:	4:05.05	36.28
	100m:	1:05.20	200m:	2:16.63	35.62	300m:	3:28.77	36.07	400m:	4:39.35	34.30
8.	,		2007				+0,72	<b>4:41.45</b>		592	
	50m:	32.14	150m:	1:42.66	35.50	250m:	2:55.19	36.29	350m:	4:07.17	35.52
	100m:	1:07.16	200m:	2:18.90	36.24	300m:	3:31.65	36.46	400m:	4:41.45	34.28
9.	,		2005				+0,67	<b>4:42.31</b>		587	
	50m:	30.68	150m:	1:41.35	35.81	250m:	2:53.95	36.53	350m:	4:07.27	36.96
	100m:	1:05.54	200m:	2:17.42	36.07	300m:	3:30.31	36.36	400m:	4:42.31	35.04
10.	,		2004				+0,76	<b>4:42.72</b>		584	
	50m:	30.84	150m:	1:41.88	36.14	250m:	2:54.81	36.45	350m:	4:07.30	36.23
	100m:	1:05.74	200m:	2:18.36	36.48	300m:	3:31.07	36.26	400m:	4:42.72	35.42
11.	,		2010				+0,72	<b>4:44.41</b>		574	
	50m:	32.07	150m:	1:44.69	36.44	250m:	2:58.32	36.53	350m:	4:11.33	35.96
	100m:	1:08.25	200m:	2:21.79	37.10	300m:	3:35.37	37.05	400m:	4:44.41	33.08
12.	,		2005				+0,75	<b>4:44.88</b>		571	
	50m:	31.70	150m:	1:43.60	36.41	250m:	2:56.48	36.23	350m:	4:10.31	36.60
	100m:	1:07.19	200m:	2:20.25	36.65	300m:	3:33.71	37.23	400m:	4:44.88	34.57
13.	,		2005				+0,69	<b>4:44.92</b>		571	
	50m:	32.40	150m:	1:43.47	35.84	250m:	2:56.04	36.03	350m:	4:09.48	36.71
	100m:	1:07.63	200m:	2:20.01	36.54	300m:	3:32.77	36.73	400m:	4:44.92	35.44

ГЕНЕРАЛЬНЫЙ ПАРТНЕР



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		39, , 400m											
		/						R.T.					
14.				2007				+0,82	<b>4:44.93</b>	571			
	50m:	32.38	32.38	150m:	1:45.42	36.88	250m:	2:58.90	36.56	350m:	4:10.95	35.58	
	100m:	1:08.54	36.16	200m:	2:22.34	36.92	300m:	3:35.37	36.47	400m:	4:44.93	33.98	
15.				2006				+0,71	<b>4:45.20</b>	569			
	50m:	32.60	32.60	150m:	1:43.50	36.00	250m:	2:56.44	36.66	350m:	4:09.98	36.85	
	100m:	1:07.50	34.90	200m:	2:19.78	36.28	300m:	3:33.13	36.69	400m:	4:45.20	35.22	
16.				2005				+0,75	<b>4:45.32</b>	568			
	50m:	32.73	32.73	150m:	1:44.71	36.10	250m:	2:57.85	36.90	350m:	4:10.45	36.00	
	100m:	1:08.61	35.88	200m:	2:20.95	36.24	300m:	3:34.45	36.60	400m:	4:45.32	34.87	
17.				2005				+0,72	<b>4:46.54</b>	561			
	50m:	33.04	33.04	150m:	1:45.33	36.25	250m:	2:58.36	36.13	350m:	4:10.98	36.39	
	100m:	1:09.08	36.04	200m:	2:22.23	36.90	300m:	3:34.59	36.23	400m:	4:46.54	35.56	
18.				2007				+0,69	<b>4:46.68</b>	560			
	50m:	32.08	32.08	150m:	1:45.08	37.33	250m:	2:58.79	36.94	350m:	4:11.73	36.49	
	100m:	1:07.75	35.67	200m:	2:21.85	36.77	300m:	3:35.24	36.45	400m:	4:46.68	34.95	
19.				2004				+0,75	<b>4:47.69</b>	554			
	50m:	31.78	31.78	150m:	1:42.56	35.90	250m:	2:55.93	36.94	350m:	4:11.25	37.76	
	100m:	1:06.66	34.88	200m:	2:18.99	36.43	300m:	3:33.49	37.56	400m:	4:47.69	36.44	
20.				2002				+0,76	<b>4:47.88</b>	553			
	50m:	31.97	31.97	150m:	1:43.89	36.20	250m:	2:57.26	36.76	350m:	4:11.63	36.82	
	100m:	1:07.69	35.72	200m:	2:20.50	36.61	300m:	3:34.81	37.55	400m:	4:47.88	36.25	
21.				2005				+0,75	<b>4:48.75</b>	548			
	50m:	32.83	32.83	150m:	1:46.60	37.10	250m:	2:59.59	36.63	350m:	4:12.49	36.36	
	100m:	1:09.50	36.67	200m:	2:22.96	36.36	300m:	3:36.13	36.54	400m:	4:48.75	36.26	
22.				2009				+0,71	<b>4:49.88</b>	542			
	50m:	32.09	32.09	150m:	1:47.01	37.76	250m:	3:01.28	37.07	350m:	4:14.35	35.79	
	100m:	1:09.25	37.16	200m:	2:24.21	37.20	300m:	3:38.56	37.28	400m:	4:49.88	35.53	
23.				2009				+0,77	<b>4:50.35</b>	539			
	50m:	32.23	32.23	150m:	1:46.04	37.30	250m:	3:01.88	37.53	350m:	4:15.84	36.29	
	100m:	1:08.74	36.51	200m:	2:24.35	38.31	300m:	3:39.55	37.67	400m:	4:50.35	34.51	
24.				2007				+0,68	<b>4:51.28</b>	534			
	50m:	31.80	31.80	150m:	1:44.48	37.58	250m:	2:59.55	37.61	350m:	4:15.12	38.00	
	100m:	1:06.90	35.10	200m:	2:21.94	37.46	300m:	3:37.12	37.57	400m:	4:51.28	36.16	
25.				2007				+0,77	<b>4:51.42</b>	533			
	50m:	32.32	32.32	150m:	1:46.34	37.55	250m:	3:02.08	37.89	350m:	4:16.18	35.91	
	100m:	1:08.79	36.47	200m:	2:24.19	37.85	300m:	3:40.27	38.19	400m:	4:51.42	35.24	
26.				2003				+0,78	<b>4:51.53</b>	533			
	50m:	33.66	33.66	150m:	1:46.72	36.51	250m:	3:00.24	36.85	350m:	4:14.54	37.23	
	100m:	1:10.21	36.55	200m:	2:23.39	36.67	300m:	3:37.31	37.07	400m:	4:51.53	36.99	
27.				2007				+0,73	<b>4:52.66</b>	527			
	50m:	31.45	31.45	150m:	1:44.08	36.86	250m:	2:59.99	37.51	350m:	4:16.60	37.93	
	100m:	1:07.22	35.77	200m:	2:22.48	38.40	300m:	3:38.67	38.68	400m:	4:52.66	36.06	
28.				2007				+0,80	<b>4:52.89</b>	525			
	50m:	32.76	32.76	150m:	1:44.78	36.40	250m:	3:00.69	38.30	350m:	4:18.95	39.48	
	100m:	1:08.38	35.62	200m:	2:22.39	37.61	300m:	3:39.47	38.78	400m:	4:52.89	33.94	

ГЕНЕРАЛЬНЫЙ ПАРТНЕР



СПОНСОРЫ И ПАРТНЕРЫ



39, , 400m		/		R.T.					
29.			2007		+0,83	<b>4:54.11</b>	519		
	50m: 31.48	31.48	150m: 1:44.55	37.36	250m: 3:00.14	37.69	350m: 4:16.81	38.21	
	100m: 1:07.19	35.71	200m: 2:22.45	37.90	300m: 3:38.60	38.46	400m: 4:54.11	37.30	
30.			2006		+0,78	<b>4:55.08</b>	514		
	50m: 32.96	32.96	150m: 1:47.22	37.33	250m: 3:02.80	37.31	350m: 4:18.52	37.40	
	100m: 1:09.89	36.93	200m: 2:25.49	38.27	300m: 3:41.12	38.32	400m: 4:55.08	36.56	
31.			2009		+0,75	<b>4:55.25</b>	513		
	50m: 32.59	32.59	150m: 1:47.24	38.14	250m: 3:03.63	38.07	350m: 4:19.96	37.89	
	100m: 1:09.10	36.51	200m: 2:25.56	38.32	300m: 3:42.07	38.44	400m: 4:55.25	35.29	
32.			2008		+0,80	<b>4:55.26</b>	513		
	50m: 32.58	32.58	150m: 1:47.45	38.17	250m: 3:03.83	37.90	350m: 4:20.00	37.70	
	100m: 1:09.28	36.70	200m: 2:25.93	38.48	300m: 3:42.30	38.47	400m: 4:55.26	35.26	
33.			2007		+0,88	<b>4:56.87</b>	504		
	50m: 33.40	33.40	150m: 1:47.87	37.89	250m: 3:05.02	38.80	350m: 4:21.07	37.41	
	100m: 1:09.98	36.58	200m: 2:26.22	38.35	300m: 3:43.66	38.64	400m: 4:56.87	35.80	
34.			2005		+0,75	<b>4:58.74</b>	495		
	50m: 33.17	33.17	150m: 1:48.98	38.20	250m: 3:06.01	38.61	350m: 4:23.07	38.40	
	100m: 1:10.78	37.61	200m: 2:27.40	38.42	300m: 3:44.67	38.66	400m: 4:58.74	35.67	
35.			2007		+0,78	<b>4:58.85</b>	494		
	50m: 33.58	33.58	150m: 1:49.18	38.59	250m: 3:05.64	39.10	350m: 4:23.10	39.04	
	100m: 1:10.59	37.01	200m: 2:26.54	37.36	300m: 3:44.06	38.42	400m: 4:58.85	35.75	
36.			2007		+0,88	<b>4:59.05</b>	493		
	50m: 32.87	32.87	150m: 1:47.75	38.14	250m: 3:04.94	38.50	350m: 4:22.36	38.50	
	100m: 1:09.61	36.74	200m: 2:26.44	38.69	300m: 3:43.86	38.92	400m: 4:59.05	36.69	
37.			2005		+0,79	<b>5:02.95</b>	475		
	50m: 33.50	33.50	150m: 1:49.64	38.98	250m: 3:07.31	39.61	350m: 4:25.49	39.73	
	100m: 1:10.66	37.16	200m: 2:27.70	38.06	300m: 3:45.76	38.45	400m: 5:02.95	37.46	
38.			2009		+0,75	<b>5:03.24</b>	473		
	50m: 32.66	32.66	150m: 1:48.30	39.01	300m: 3:47.08	40.06	400m: 5:03.24	36.99	
	100m: 1:09.29	36.63	250m: 3:07.02	1:18.72	350m: 4:26.25	39.17			
39.			2007		+0,71	<b>5:09.66</b>	444		
	50m: 33.92	33.92	150m: 1:51.58	39.26	250m: 3:11.00	39.88	350m: 4:31.12	40.02	
	100m: 1:12.32	38.40	200m: 2:31.12	39.54	300m: 3:51.10	40.10	400m: 5:09.66	38.54	
40.			2006		+0,82	<b>5:11.63</b>	436		
	50m: 34.29	34.29	150m: 1:52.14	39.76	250m: 3:12.78	40.41	350m: 4:33.35	39.75	
	100m: 1:12.38	38.09	200m: 2:32.37	40.23	300m: 3:53.60	40.82	400m: 5:11.63	38.28	
41.			2009		+0,76	<b>5:23.21</b>	391		
	100m: 1:13.54	1:13.54	200m: 2:35.09	1:21.55	300m: 3:58.90	1:23.81	400m: 5:23.21	1:24.31	

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