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, 400m

21.04.2016

World Records	3:40.07	Biedermann Paul	GER	Rome (ITA)	26.07.2009
Records of the Republic of Belarus	3:52.78		MINOBL	Brest	02.05.2013

: FINA 2014

	/						RT				FINA	
1.	1989						GEO +0,73 4:05.27 MC				722	
	50m:	28.28	28.28	150m:	1:30.36	31.39	250m:	2:32.59	31.21	350m:	3:35.04	31.35
	100m:	58.97	30.69	200m:	2:01.38	31.02	300m:	3:03.69	31.10	400m:	4:05.27	30.23
2.	1995						BLR +0,79 4:09.44 MC				686	
	50m:	28.30	28.30	150m:	1:31.92	32.14	250m:	2:35.78	31.74	350m:	3:39.75	31.84
	100m:	59.78	31.48	200m:	2:04.04	32.12	300m:	3:07.91	32.13	400m:	4:09.44	29.69
3.	2000						BLR +0,87 4:09.75 MC				684	
	50m:	28.78	28.78	150m:	1:33.20	32.33	250m:	2:37.84	32.20	350m:	3:40.38	30.65
	100m:	1:00.87	32.09	200m:	2:05.64	32.44	300m:	3:09.73	31.89	400m:	4:09.75	29.37
4.	1994						BLR +0,69 4:09.80 MC				683	
	50m:	29.24	29.24	150m:	1:33.25	31.87	250m:	2:36.31	30.85	350m:	3:39.05	31.34
	100m:	1:01.38	32.14	200m:	2:05.46	32.21	300m:	3:07.71	31.40	400m:	4:09.80	30.75
5.	1995						BLR +0,73 4:09.85 MC				683	
	50m:	28.53	28.53	150m:	1:31.61	31.75	250m:	2:35.60	31.89	350m:	3:39.60	31.79
	100m:	59.86	31.33	200m:	2:03.71	32.10	300m:	3:07.81	32.21	400m:	4:09.85	30.25
6.	1995						BLR +0,75 4:10.49 KMC				678	
	50m:	29.64	29.64	150m:	1:32.40	31.33	250m:	2:36.49	32.20	350m:	3:40.43	31.79
	100m:	1:01.07	31.43	200m:	2:04.29	31.89	300m:	3:08.64	32.15	400m:	4:10.49	30.06
7.	2000						BLR +0,73 4:10.73 KMC				676	
	50m:	27.85	27.85	150m:	1:31.46	32.04	250m:	2:35.88	31.86	350m:	3:40.42	31.86
	100m:	59.42	31.57	200m:	2:04.02	32.56	300m:	3:08.56	32.68	400m:	4:10.73	30.31
8.	1997 MC						BLR +0,78 4:12.37 KMC				663	
	50m:	28.64	28.64	150m:	1:32.46	32.35	250m:	2:37.06	32.03	350m:	3:41.08	32.07
	100m:	1:00.11	31.47	200m:	2:05.03	32.57	300m:	3:09.01	31.95	400m:	4:12.37	31.29
9.	1999						BLR +0,72 4:13.15 KMC				656	
	50m:	29.64	29.64	150m:	1:33.42	32.10	250m:	2:37.73	32.36	350m:	3:41.94	31.98
	100m:	1:01.32	31.68	200m:	2:05.37	31.95	300m:	3:09.96	32.23	400m:	4:13.15	31.21
10.	1998						BLR +0,63 4:13.33 KMC				655	
	50m:	29.18	29.18	150m:	1:32.31	31.81	250m:	2:36.53	32.32	350m:	3:41.11	32.04
	100m:	1:00.50	31.32	200m:	2:04.21	31.90	300m:	3:09.07	32.54	400m:	4:13.33	32.22
11.	1995						BLR +0,81 4:17.30 KMC				625	
	50m:	29.67	29.67	150m:	1:35.97	33.37	250m:	2:41.07	31.46	350m:	3:46.76	33.14
	100m:	1:02.60	32.93	200m:	2:09.61	33.64	300m:	3:13.62	32.55	400m:	4:17.30	30.54
12.	1997						BLR +0,73 4:17.34 KMC				625	
	50m:	29.98	29.98	150m:	1:34.54	31.69	250m:	2:39.63	32.51	350m:	3:45.11	32.58
	100m:	1:02.85	32.87	200m:	2:07.12	32.58	300m:	3:12.53	32.90	400m:	4:17.34	32.23
13.	1999						BLR +0,67 4:18.53 KMC				616	
	50m:	29.03	29.03	150m:	1:34.70	33.38	250m:	2:41.32	33.32	350m:	3:47.99	33.79
	100m:	1:01.32	32.29	200m:	2:08.00	33.30	300m:	3:14.20	32.88	400m:	4:18.53	30.54
14.	1995						GEO +0,69 4:19.87 KMC				607	
	50m:	27.51	27.51	150m:	1:32.81	33.15	250m:	2:40.48	33.90	350m:	3:47.96	33.63
	100m:	59.66	32.15	200m:	2:06.58	33.77	300m:	3:14.33	33.85	400m:	4:19.87	31.91
15.	2001						UKR +0,77 4:20.50 KMC				602	
	50m:	28.90	28.90	150m:	1:34.69	33.35	250m:	2:42.47	34.05	350m:	3:49.78	33.42
	100m:	1:01.34	32.44	200m:	2:08.42	33.73	300m:	3:16.36	33.89	400m:	4:20.50	30.72
16.	1994						KAZ +0,71 4:20.98 KMC				599	
	50m:	28.56	28.56	150m:	1:32.54	32.19	250m:	2:38.18	33.03	350m:	3:46.13	33.90
	100m:	1:00.35	31.79	200m:	2:05.15	32.61	300m:	3:12.23	34.05	400m:	4:20.98	34.85

