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, 400m

22.04.2016

Records of the Republic of Belarus	4:09.70			BLR		01.01.1984
World Records	3:58.37	Ledecky Kathleen		USA	Gold Coast (AUS)	23.08.2014

: FINA 2014

							RT		FINA	
1.		1999					UKR +0,78	4:20.75 MC	771	
	50m:	30.14	30.14	150m:	1:36.23	33.19	250m:	2:42.40 32.65	350m:	3:48.64 33.03
	100m:	1:03.04	32.90	200m:	2:09.75	33.52	300m:	3:15.61 33.21	400m:	4:20.75 32.11
2.		1998					BLR +0,77	4:23.12 MC	750	
	50m:	30.44	30.44	150m:	1:37.11	33.31	250m:	2:44.07 32.97	350m:	3:50.96 33.24
	100m:	1:03.80	33.36	200m:	2:11.10	33.99	300m:	3:17.72 33.65	400m:	4:23.12 32.16
3.		1994					BLR +0,68	4:23.21 MC	750	
	50m:	30.09	30.09	150m:	1:36.89	33.49	250m:	2:44.08 33.46	350m:	3:51.50 33.62
	100m:	1:03.40	33.31	200m:	2:10.62	33.73	300m:	3:17.88 33.80	400m:	4:23.21 31.71
4.		2000					KAZ +0,92	4:28.42 MC	707	
	50m:	30.39	30.39	150m:	1:37.22	33.80	250m:	2:45.48 34.24	350m:	3:55.02 34.67
	100m:	1:03.42	33.03	200m:	2:11.24	34.02	300m:	3:20.35 34.87	400m:	4:28.42 33.40
5.		1998					BLR +0,68	4:28.48 MC	706	
	50m:	31.49	31.49	150m:	1:38.92	33.78	250m:	2:47.69 34.40	350m:	3:56.22 33.90
	100m:	1:05.14	33.65	200m:	2:13.29	34.37	300m:	3:22.32 34.63	400m:	4:28.48 32.26
6.		1999					BLR +0,60	4:31.38 MC	684	
	50m:	30.74	30.74	150m:	1:39.37	34.69	250m:	2:48.75 34.86	350m:	3:58.22 34.66
	100m:	1:04.68	33.94	200m:	2:13.89	34.52	300m:	3:23.56 34.81	400m:	4:31.38 33.16
7.		1999					BLR +0,76	4:40.89 KMC	617	
	50m:	30.35	30.35	150m:	1:40.11	35.27	250m:	2:53.12 36.31	350m:	4:05.37 35.94
	100m:	1:04.84	34.49	200m:	2:16.81	36.70	300m:	3:29.43 36.31	400m:	4:40.89 35.52
8.		1998					BLR +0,73	4:44.24 KMC	595	
	50m:	31.31	31.31	150m:	1:42.57	36.01	250m:	2:55.15 36.46	350m:	4:08.61 36.81
	100m:	1:06.56	35.25	200m:	2:18.69	36.12	300m:	3:31.80 36.65	400m:	4:44.24 35.63