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, 400m

20.04.2016

Records of the Republic of Belarus	4:49.16					BOL				01.01.1978
World Records	4:28.43	Ye Shiwen				CHN	London (GBR)			28.07.2012

: FINA 2014

							RT		FINA			
1.	1999				BLR +0,73		<b>4:55.47 MC</b>		749			
	50m:	29.90	29.90	150m:	1:43.00	38.43	250m:	3:04.31	43.33	350m:	4:22.34	34.02
	100m:	1:04.57	34.67	200m:	2:20.98	37.98	300m:	3:48.32	44.01	400m:	4:55.47	33.13
2.	2000				KAZ +0,88		<b>4:57.10 MC</b>		737			
	50m:	30.89	30.89	150m:	1:44.54	38.35	250m:	3:04.16	42.73	350m:	4:23.07	34.81
	100m:	1:06.19	35.30	200m:	2:21.43	36.89	300m:	3:48.26	44.10	400m:	4:57.10	34.03
3.	1994				BLR +0,71		<b>4:58.94 MC</b>		724			
	50m:	30.93	30.93	150m:	1:47.68	39.49	250m:	3:07.35	41.81	350m:	4:25.42	34.41
	100m:	1:08.19	37.26	200m:	2:25.54	37.86	300m:	3:51.01	43.66	400m:	4:58.94	33.52
4.	1995				BLR +0,75		<b>5:03.94 MC</b>		688			
	50m:	30.30	30.30	150m:	1:45.98	40.30	250m:	3:08.33	43.02	350m:	4:28.55	36.64
	100m:	1:05.68	35.38	200m:	2:25.31	39.33	300m:	3:51.91	43.58	400m:	5:03.94	35.39
5.	1999				BLR +0,73		<b>5:09.61 MC</b>		651			
	50m:	30.56	30.56	150m:	1:49.60	41.69	250m:	3:13.60	43.69	350m:	4:34.98	36.09
	100m:	1:07.91	37.35	200m:	2:29.91	40.31	300m:	3:58.89	45.29	400m:	5:09.61	34.63
6.	1999				BLR +0,69		<b>5:14.55 KMC</b>		621			
	50m:	33.25	33.25	150m:	1:55.28	42.76	250m:	3:19.83	43.68	350m:	4:40.07	36.94
	100m:	1:12.52	39.27	200m:	2:36.15	40.87	300m:	4:03.13	43.30	400m:	5:14.55	34.48
7.	2000 KMC				BLR +0,74		<b>5:20.90 KMC</b>		585			
	50m:	33.29	33.29	150m:	1:53.83	41.24	250m:	3:19.51	45.82	350m:	4:44.54	38.47
	100m:	1:12.59	39.30	200m:	2:33.69	39.86	300m:	4:06.07	46.56	400m:	5:20.90	36.36
8.	2002				BLR +0,74		<b>5:27.93 KMC</b>		548			
	50m:	35.95	35.95	150m:	2:00.28	42.37	250m:	3:28.84	46.20	350m:	4:52.61	36.89
	100m:	1:17.91	41.96	200m:	2:42.64	42.36	300m:	4:15.72	46.88	400m:	5:27.93	35.32