

, 17. - 19.12.2020

38

, 400m

19.12.2020

Records of the Republic of Belarus 4:06.13

01.01.1999

KMC : 4:40.50 / MC : 4:23.00 / MCMK : 4:03.42

: FINA 2019

							R.T.					
1.				2005			+0,67	4:15.07	771			
	50m:	29.03	29.03	150m:	1:33.40	32.39	250m:	2:38.82	32.70	350m:	3:44.20	32.53
	100m:	1:01.01	31.98	200m:	2:06.12	32.72	300m:	3:11.67	32.85	400m:	4:15.07	30.87
2.				2004			+0,67	4:17.60	748			
	50m:	29.30	29.30	150m:	1:33.22	32.50	250m:	2:38.60	32.73	350m:	3:44.46	33.03
	100m:	1:00.72	31.42	200m:	2:05.87	32.65	300m:	3:11.43	32.83	400m:	4:17.60	33.14
3.				2005			+0,81	4:25.21	686			
	50m:	30.08	30.08	150m:	1:36.46	33.16	250m:	2:43.82	33.78	350m:	3:51.94	33.99
	100m:	1:03.30	33.22	200m:	2:10.04	33.58	300m:	3:17.95	34.13	400m:	4:25.21	33.27
4.				2004			+0,75	4:26.22	678			
	50m:	30.29	30.29	150m:	1:37.40	33.96	250m:	2:45.92	34.39	350m:	3:54.04	33.95
	100m:	1:03.44	33.15	200m:	2:11.53	34.13	300m:	3:20.09	34.17	400m:	4:26.22	32.18
5.				2003			+0,72	4:31.61	638			
	50m:	30.22	30.22	150m:	1:38.83	34.60	250m:	2:48.03	34.56	350m:	3:58.10	35.26
	100m:	1:04.23	34.01	200m:	2:13.47	34.64	300m:	3:22.84	34.81	400m:	4:31.61	33.51
6.				2005			+0,66	4:32.73	630			
	50m:	30.14	30.14	150m:	1:38.06	34.11	250m:	2:48.44	35.46	350m:	3:59.04	35.48
	100m:	1:03.95	33.81	200m:	2:12.98	34.92	300m:	3:23.56	35.12	400m:	4:32.73	33.69
7.				2004			+0,80	4:32.84	630			
	50m:	30.95	30.95	150m:	1:39.59	34.50	250m:	2:49.60	35.13	350m:	3:59.11	34.78
	100m:	1:05.09	34.14	200m:	2:14.47	34.88	300m:	3:24.33	34.73	400m:	4:32.84	33.73
8.				2002			+0,73	4:34.05	621			
	50m:	30.65	30.65	150m:	1:38.60	34.42	250m:	2:48.67	35.22	350m:	3:59.92	35.64
	100m:	1:04.18	33.53	200m:	2:13.45	34.85	300m:	3:24.28	35.61	400m:	4:34.05	34.13