

, 17. - 19.12.2020

25
18.12.2020

, 400m

Records of the Republic of Belarus 4:11.26

01.01.2012

KMC : 4:50.50 / MC : 4:31.00 / MCMK : 4:07.53

: FINA 2019

							R.T.					
1.				2002			+0,67	4:20.69	737			
	50m:	27.87	27.87	150m:	1:33.90	33.44	250m:	2:43.83	37.23	350m:	3:51.71	30.42
	100m:	1:00.46	32.59	200m:	2:06.60	32.70	300m:	3:21.29	37.46	400m:	4:20.69	28.98
2.				2001			+0,71	4:20.73	736			
	50m:	27.54	27.54	150m:	1:34.34	34.35	250m:	2:45.33	37.45	350m:	3:52.31	29.46
	100m:	59.99	32.45	200m:	2:07.88	33.54	300m:	3:22.85	37.52	400m:	4:20.73	28.42
3.				2001			+0,73	4:23.32	715			
	50m:	27.43	27.43	150m:	1:33.35	34.38	250m:	2:45.06	38.14	350m:	3:53.08	29.33
	100m:	58.97	31.54	200m:	2:06.92	33.57	300m:	3:23.75	38.69	400m:	4:23.32	30.24
4.				1995			+0,72	4:25.45	698			
	50m:	28.09	28.09	150m:	1:34.96	34.46	250m:	2:45.11	36.88	350m:	3:54.55	32.04
	100m:	1:00.50	32.41	200m:	2:08.23	33.27	300m:	3:22.51	37.40	400m:	4:25.45	30.90
5.				2003			+0,68	4:27.40	683			
	50m:	27.85	27.85	150m:	1:35.71	34.69	250m:	2:45.58	35.59	350m:	3:54.89	33.10
	100m:	1:01.02	33.17	200m:	2:09.99	34.28	300m:	3:21.79	36.21	400m:	4:27.40	32.51
6.				2004			+0,68	4:29.08	670			
	50m:	28.33	28.33	150m:	1:36.11	35.38	250m:	2:49.73	39.00	350m:	3:59.35	30.83
	100m:	1:00.73	32.40	200m:	2:10.73	34.62	300m:	3:28.52	38.79	400m:	4:29.08	29.73
7.				2003			+0,60	4:29.70	665			
	50m:	27.88	27.88	150m:	1:34.79	35.08	250m:	2:47.65	38.61	350m:	3:58.58	31.93
	100m:	59.71	31.83	200m:	2:09.04	34.25	300m:	3:26.65	39.00	400m:	4:29.70	31.12
8.				2003			+0,73	4:34.82	629			
	50m:	27.99	27.99	150m:	1:35.54	35.34	250m:	2:50.10	39.93	350m:	4:02.92	32.53
	100m:	1:00.20	32.21	200m:	2:10.17	34.63	300m:	3:30.39	40.29	400m:	4:34.82	31.90