

, 17. - 19.12.2020

24
18.12.2020

, 400m

Records of the Republic of Belarus 4:43.60

01.01.2002

KMC : 5:25.00 / MC : 5:01.00 / MCMK : 4:34.54

: FINA 2019

			/				R.T.					
1.			2003				+0,60	4:49.68	714			
	50m:	31.00	31.00	150m:	1:42.70	36.47	250m:	2:59.96	40.84	350m:	4:15.92	34.24
	100m:	1:06.23	35.23	200m:	2:19.12	36.42	300m:	3:41.68	41.72	400m:	4:49.68	33.76
2.			2001				+0,69	4:50.15	710			
	50m:	30.10	30.10	150m:	1:42.48	37.88	250m:	3:01.06	41.43	350m:	4:18.10	34.72
	100m:	1:04.60	34.50	200m:	2:19.63	37.15	300m:	3:43.38	42.32	400m:	4:50.15	32.05
3.			2003				+0,64	4:57.38	660			
	50m:	31.51	31.51	150m:	1:46.24	38.15	250m:	3:05.99	42.98	350m:	4:23.28	35.01
	100m:	1:08.09	36.58	200m:	2:23.01	36.77	300m:	3:48.27	42.28	400m:	4:57.38	34.10
4.			2004				+0,65	4:58.84	650			
	50m:	31.09	31.09	150m:	1:46.37	39.26	250m:	3:06.67	41.66	350m:	4:25.44	36.28
	100m:	1:07.11	36.02	200m:	2:25.01	38.64	300m:	3:49.16	42.49	400m:	4:58.84	33.40
5.			2003				+0,76	5:03.49	621			
	50m:	32.35	32.35	150m:	1:49.50	40.16	250m:	3:10.49	42.45	350m:	4:29.36	35.73
	100m:	1:09.34	36.99	200m:	2:28.04	38.54	300m:	3:53.63	43.14	400m:	5:03.49	34.13
6.			2002				+0,72	5:06.87	600			
	50m:	31.15	31.15	150m:	1:47.04	40.28	250m:	3:10.74	43.97	350m:	4:31.58	36.00
	100m:	1:06.76	35.61	200m:	2:26.77	39.73	300m:	3:55.58	44.84	400m:	5:06.87	35.29
7.			2004				+0,72	5:08.96	588			
	50m:	31.59	31.59	150m:	1:48.21	39.76	250m:	3:12.45	44.87	350m:	4:33.61	35.58
	100m:	1:08.45	36.86	200m:	2:27.58	39.37	300m:	3:58.03	45.58	400m:	5:08.96	35.35
8.			2007				+0,65	5:10.09	582			
	50m:	31.12	31.12	150m:	1:50.22	41.71	250m:	3:13.65	43.17	350m:	4:35.02	37.43
	100m:	1:08.51	37.39	200m:	2:30.48	40.26	300m:	3:57.59	43.94	400m:	5:10.09	35.07