

, 17. - 19.12.2020

24

, 400m

18.12.2020

Records of the Republic of Belarus 4:43.60

01.01.2002

KMC : 5:25.00 / MC : 5:01.00 / MCMK : 4:34.54

: FINA 2019

							R.T.				
1.			2003				+0,60	4:54.41	680		
	50m:	31.69	150m:	1:45.03	37.80	250m:	3:03.02	41.41	350m:	4:20.17	34.99
	100m:	1:07.23	200m:	2:21.61	36.58	300m:	3:45.18	42.16	400m:	4:54.41	34.24
2.			2001				+0,72	4:59.37	647		
	50m:	31.30	150m:	1:45.52	38.33	250m:	3:05.04	41.62	350m:	4:24.57	36.78
	100m:	1:07.19	200m:	2:23.42	37.90	300m:	3:47.79	42.75	400m:	4:59.37	34.80
3.			2004				+0,69	5:00.22	641		
	50m:	31.36	150m:	1:47.12	39.41	250m:	3:07.96	42.11	350m:	4:26.96	35.82
	100m:	1:07.71	200m:	2:25.85	38.73	300m:	3:51.14	43.18	400m:	5:00.22	33.26
4.			2003				+0,69	5:03.41	621		
	50m:	32.10	150m:	1:47.36	38.44	250m:	3:07.80	42.70	350m:	4:28.53	36.61
	100m:	1:08.92	200m:	2:25.10	37.74	300m:	3:51.92	44.12	400m:	5:03.41	34.88
5.			2002				+0,64	5:06.65	602		
	50m:	31.10	150m:	1:47.74	40.33	250m:	3:11.68	44.63	350m:	4:32.05	35.85
	100m:	1:07.41	200m:	2:27.05	39.31	300m:	3:56.20	44.52	400m:	5:06.65	34.60
6.			2003				+0,76	5:06.73	601		
	50m:	34.05	150m:	1:51.76	39.65	250m:	3:12.82	42.47	350m:	4:31.90	36.14
	100m:	1:12.11	200m:	2:30.35	38.59	300m:	3:55.76	42.94	400m:	5:06.73	34.83
7.			2004				+0,74	5:09.08	588		
	50m:	32.03	150m:	1:49.03	39.40	250m:	3:12.89	44.18	350m:	4:33.94	35.26
	100m:	1:09.63	200m:	2:28.71	39.68	300m:	3:58.68	45.79	400m:	5:09.08	35.14
8.			2007				+0,72	5:10.14	582		
	50m:	31.75	150m:	1:52.27	42.34	250m:	3:16.13	43.29	350m:	4:36.66	36.53
	100m:	1:09.93	200m:	2:32.84	40.57	300m:	4:00.13	44.00	400m:	5:10.14	33.48
9.			2005				+0,71	5:10.46	580		
	50m:	32.22	150m:	1:49.03	40.68	250m:	3:14.15	45.03	350m:	4:36.31	37.16
	100m:	1:08.35	200m:	2:29.12	40.09	300m:	3:59.15	45.00	400m:	5:10.46	34.15
10.			2003				+0,72	5:10.86	577		
	50m:	31.87	150m:	1:48.28	39.87	250m:	3:12.57	44.64	350m:	4:35.51	37.01
	100m:	1:08.41	200m:	2:27.93	39.65	300m:	3:58.50	45.93	400m:	5:10.86	35.35
11.			2006				+0,66	5:11.31	575		
	50m:	31.96	150m:	1:52.30	42.22	250m:	3:14.53	42.21	350m:	4:35.72	37.74
	100m:	1:10.08	200m:	2:32.32	40.02	300m:	3:57.98	43.45	400m:	5:11.31	35.59
12.			2005				+0,73	5:12.56	568		
	50m:	31.57	150m:	1:50.33	40.73	250m:	3:15.11	44.45	350m:	4:35.84	36.36
	100m:	1:09.60	200m:	2:30.66	40.33	300m:	3:59.48	44.37	400m:	5:12.56	36.72
13.			2005				+0,71	5:15.73	551		
	50m:	34.13	150m:	1:54.82	42.01	250m:	3:18.99	42.44	350m:	4:39.03	37.32
	100m:	1:12.81	200m:	2:36.55	41.73	300m:	4:01.71	42.72	400m:	5:15.73	36.70
14.			2005				+0,76	5:22.53	517		
	50m:	33.51	150m:	1:54.96	41.42	250m:	3:21.64	45.80	350m:	4:46.34	37.84
	100m:	1:13.54	200m:	2:35.84	40.88	300m:	4:08.50	46.86	400m:	5:22.53	36.19
15.			2005				+0,63	5:24.54	507		
	50m:	33.91	150m:	1:56.14	41.48	250m:	3:22.18	44.92	350m:	4:46.84	39.57
	100m:	1:14.66	200m:	2:37.26	41.12	300m:	4:07.27	45.09	400m:	5:24.54	37.70
DSQ			2004				+0,77	5:17.19			
	50m:	32.06	150m:	1:51.80	40.72	250m:	3:16.25	43.66	350m:	4:40.14	39.29
	100m:	1:11.08	200m:	2:32.59	40.79	300m:	4:00.85	44.60	400m:	5:17.19	37.05