

9

, 400m

17.04.2019

4:21.35

BLR

01.01.2012

KMC : 4:55.00 / MC : 4:38.50 / MCMK : 4:15.87

: FINA 2019

							100m	200m	300m	400m	
1.	,	98	-			4:28.38 750 Q	59.60	1:09.36	1:16.57	1:02.85	
	50m:	27.58	27.58	150m:	1:34.57	250m:	2:47.38	38.42	350m:	3:57.77	32.24
	100m:	59.60	32.02	200m:	2:08.96	300m:	3:25.53	38.15	400m:	4:28.38	30.61
2.	,	03				4:42.21 645 Q	1:03.75	1:12.88	1:21.59	1:03.99	
	50m:	29.60	29.60	150m:	1:40.81	250m:	2:56.82	40.19	350m:	4:10.93	32.71
	100m:	1:03.75	34.15	200m:	2:16.63	300m:	3:38.22	41.40	400m:	4:42.21	31.28
3.	,	99				4:42.69 641 Q	1:02.85	1:14.38	1:21.51	1:03.95	
	50m:	29.54	29.54	150m:	1:39.94	250m:	2:57.90	40.67	350m:	4:11.29	32.55
	100m:	1:02.85	33.31	200m:	2:17.23	300m:	3:38.74	40.84	400m:	4:42.69	31.40
4.	,	04				4:43.15 638 Q	1:02.91	1:13.60	1:23.36	1:03.28	
	50m:	28.42	28.42	150m:	1:40.64	250m:	2:57.44	40.93	350m:	4:12.13	32.26
	100m:	1:02.91	34.49	200m:	2:16.51	300m:	3:39.87	42.43	400m:	4:43.15	31.02
5.	,	95				4:43.60 635 Q	1:02.92	1:13.15	1:19.60	1:07.93	
	50m:	29.42	29.42	150m:	1:40.27	250m:	2:55.74	39.67	350m:	4:10.03	34.36
	100m:	1:02.92	33.50	200m:	2:16.07	300m:	3:35.67	39.93	400m:	4:43.60	33.57
6.	,	01				4:45.65 622 Q	1:01.64	1:13.34	1:26.33	1:04.34	
	50m:	28.52	28.52	150m:	1:39.26	250m:	2:58.04	43.06	350m:	4:13.77	32.46
	100m:	1:01.64	33.12	200m:	2:14.98	300m:	3:41.31	43.27	400m:	4:45.65	31.88
7.	,	02				4:47.74 608 Q	1:04.18	1:11.92	1:24.10	1:07.54	
	50m:	29.98	29.98	150m:	1:40.52	250m:	2:57.46	41.36	350m:	4:14.72	34.52
	100m:	1:04.18	34.20	200m:	2:16.10	300m:	3:40.20	42.74	400m:	4:47.74	33.02
8.	,	03	-			4:49.98 594 Q	1:06.13	1:15.78	1:22.05	1:06.02	
	50m:	30.11	30.11	150m:	1:44.79	250m:	3:01.67	39.76	350m:	4:17.15	33.19
	100m:	1:06.13	36.02	200m:	2:21.91	300m:	3:43.96	42.29	400m:	4:49.98	32.83
9.	,	03				4:52.29 580 Q	1:03.58	1:18.07	1:23.95	1:06.69	
	50m:	29.45	29.45	150m:	1:43.15	250m:	3:03.85	42.20	350m:	4:19.50	33.90
	100m:	1:03.58	34.13	200m:	2:21.65	300m:	3:45.60	41.75	400m:	4:52.29	32.79
10.	,	99				4:52.54 579 Q	1:01.49	1:16.06	1:26.27	1:08.72	
	50m:	27.72	27.72	150m:	1:40.34	250m:	3:00.23	42.68	350m:	4:19.01	35.19
	100m:	1:01.49	33.77	200m:	2:17.55	300m:	3:43.82	43.59	400m:	4:52.54	33.53
11.	,	03				4:55.80 560 R	1:07.13	1:18.94	1:20.31	1:09.42	
	50m:	30.58	30.58	150m:	1:46.90	250m:	3:05.79	39.72	350m:	4:22.18	35.80
	100m:	1:07.13	36.55	200m:	2:26.07	300m:	3:46.38	40.59	400m:	4:55.80	33.62
12.	,	01				4:56.56 555 R	1:03.57	1:17.04	1:25.12	1:10.83	
	50m:	28.89	28.89	150m:	1:42.95	250m:	3:02.95	42.34	350m:	4:21.19	35.46
	100m:	1:03.57	34.68	200m:	2:20.61	300m:	3:45.73	42.78	400m:	4:56.56	35.37
13.	,	02	-			4:57.94 548	1:03.28	1:17.53	1:28.13	1:09.00	
	50m:	28.96	28.96	150m:	1:42.62	250m:	3:04.23	43.42	350m:	4:24.43	35.49
	100m:	1:03.28	34.32	200m:	2:20.81	300m:	3:48.94	44.71	400m:	4:57.94	33.51
14.	,	98				4:58.03 547	1:07.89	1:21.75	1:19.74	1:08.65	
	50m:	30.73	30.73	150m:	1:48.83	250m:	3:08.91	39.27	350m:	4:24.72	35.34
	100m:	1:07.89	37.16	200m:	2:29.64	300m:	3:49.38	40.47	400m:	4:58.03	33.31
15.	,	02				4:58.47 545	1:02.67	1:21.72	1:27.32	1:06.76	
	50m:	29.20	29.20	150m:	1:44.34	250m:	3:07.80	43.41	350m:	4:25.50	33.79
	100m:	1:02.67	33.47	200m:	2:24.39	300m:	3:51.71	43.91	400m:	4:58.47	32.97
16.	,	02				5:00.41 534	1:06.88	1:16.37	1:26.87	1:10.29	
	50m:	29.78	29.78	150m:	1:45.06	250m:	3:06.30	43.05	350m:	4:24.81	34.69
	100m:	1:06.88	37.10	200m:	2:23.25	300m:	3:50.12	43.82	400m:	5:00.41	35.60
17.	,	05				5:16.12 458	1:10.57	1:20.16	1:34.54	1:10.85	
	50m:	31.26	31.26	150m:	1:51.62	250m:	3:17.45	46.72	350m:	4:41.57	36.30
	100m:	1:10.57	39.31	200m:	2:30.73	300m:	4:05.27	47.82	400m:	5:16.12	34.55
DNF	,	00					1:10.29	4:07.13			
	50m:	26.05	26.05	150m:		250m:			350m:		
	100m:	1:10.29	44.24	200m:	5:17.42	300m:			400m:		