

, 17. - 20.4.2019

Event 28  
19.04.2019

Women, 400m Freestyle

Open  
Results Final

4:09.70

BLR

01.01.1984

KMC : 4:44.50 / MC : 4:30.50 / MCMK : 4:08.82

Points: FINA 2019

Rank		YB			Time	Pts	100m	200m	300m	400m
1.	ALKARAMOVA, Fatima	02	Azerbaijan		<b>4:29.60</b>	674	1:04.29	1:08.21	1:08.91	1:08.19
				50m: 30.84 30.84	150m: 1:38.36	34.07	250m: 2:46.92	34.42	350m: 3:55.80	34.39
				100m: 1:04.29 33.45	200m: 2:12.50	34.14	300m: 3:21.41	34.49	400m: 4:29.60	33.80
2.	RADZIUK, Yelizaveta	03	Grodno region		<b>4:30.09</b>	671	1:04.19	1:08.52	1:09.55	1:07.83
				50m: 31.11 31.11	150m: 1:38.37	34.18	250m: 2:47.54	34.83	350m: 3:57.18	34.92
				100m: 1:04.19 33.08	200m: 2:12.71	34.34	300m: 3:22.26	34.72	400m: 4:30.09	32.91
3.	MAKARSKAYA, Natallia	98	Minsk		<b>4:31.20</b>	662	1:04.74	1:09.13	1:09.04	1:08.29
				50m: 31.22 31.22	150m: 1:39.05	34.31	250m: 2:48.36	34.49	350m: 3:57.94	35.03
				100m: 1:04.74 33.52	200m: 2:13.87	34.82	300m: 3:22.91	34.55	400m: 4:31.20	33.26
4.	POPLAUSKAIA, Elizaveta	02	Minsk		<b>4:32.63</b>	652	1:05.19	1:09.09	1:08.82	1:09.53
				50m: 31.56 31.56	150m: 1:39.82	34.63	250m: 2:48.87	34.59	350m: 3:57.72	34.62
				100m: 1:05.19 33.63	200m: 2:14.28	34.46	300m: 3:23.10	34.23	400m: 4:32.63	34.91
5.	ROGOZHNIKOVA, Elizavet	04	Kyrgyzstan		<b>4:36.02</b>	628	1:05.76	1:09.13	1:10.57	1:10.56
				50m: 31.36 31.36	150m: 1:39.87	34.11	250m: 2:49.76	34.87	350m: 4:01.52	36.06
				100m: 1:05.76 34.40	200m: 2:14.89	35.02	300m: 3:25.46	35.70	400m: 4:36.02	34.50
6.	KUDRYTSKAYA, Nastassi	01	Minsk region		<b>4:39.60</b>	604	1:05.53	1:10.34	1:12.03	1:11.70
				50m: 31.24 31.24	150m: 1:40.63	35.10	250m: 2:51.55	35.68	350m: 4:04.16	36.26
				100m: 1:05.53 34.29	200m: 2:15.87	35.24	300m: 3:27.90	36.35	400m: 4:39.60	35.44
7.	ANDREYUK, Katsiaryna	03	Brest region		<b>4:41.40</b>	593	1:06.58	1:11.74	1:12.24	1:10.84
				50m: 31.95 31.95	150m: 1:42.49	35.91	250m: 2:54.61	36.29	350m: 4:06.96	36.40
				100m: 1:06.58 34.63	200m: 2:18.32	35.83	300m: 3:30.56	35.95	400m: 4:41.40	34.44
8.	HARELAVA, Yuliya	02	Vitebsk region		<b>4:45.51</b>	568	1:04.34	1:12.16	1:14.44	1:14.57
				50m: 30.33 30.33	150m: 1:39.96	35.62	250m: 2:53.50	37.00	350m: 4:08.43	37.49
				100m: 1:04.34 34.01	200m: 2:16.50	36.54	300m: 3:30.94	37.44	400m: 4:45.51	37.08