

, 17. - 20.4.2019

28
19.04.2019

, 400m

4:09.70 , BLR 01.01.1984
KMC : 4:44.50 / MC : 4:30.50 / MCMK : 4:08.82

: FINA 2019

							100m	200m	300m	400m		
1.	ALKARAMOVA, Fatima	02				4:29.60 674	1:04.29	1:08.21	1:08.91	1:08.19		
	50m:	30.84	30.84	150m:	1:38.36	34.07	250m:	2:46.92	34.42	350m:	3:55.80	34.39
	100m:	1:04.29	33.45	200m:	2:12.50	34.14	300m:	3:21.41	34.49	400m:	4:29.60	33.80
2.	,	03				4:30.09 671	1:04.19	1:08.52	1:09.55	1:07.83		
	50m:	31.11	31.11	150m:	1:38.37	34.18	250m:	2:47.54	34.83	350m:	3:57.18	34.92
	100m:	1:04.19	33.08	200m:	2:12.71	34.34	300m:	3:22.26	34.72	400m:	4:30.09	32.91
3.	,	98				4:31.20 662	1:04.74	1:09.13	1:09.04	1:08.29		
	50m:	31.22	31.22	150m:	1:39.05	34.31	250m:	2:48.36	34.49	350m:	3:57.94	35.03
	100m:	1:04.74	33.52	200m:	2:13.87	34.82	300m:	3:22.91	34.55	400m:	4:31.20	33.26
4.	,	02				4:32.63 652	1:05.19	1:09.09	1:08.82	1:09.53		
	50m:	31.56	31.56	150m:	1:39.82	34.63	250m:	2:48.87	34.59	350m:	3:57.72	34.62
	100m:	1:05.19	33.63	200m:	2:14.28	34.46	300m:	3:23.10	34.23	400m:	4:32.63	34.91
5.	,	04				4:36.02 628	1:05.76	1:09.13	1:10.57	1:10.56		
	50m:	31.36	31.36	150m:	1:39.87	34.11	250m:	2:49.76	34.87	350m:	4:01.52	36.06
	100m:	1:05.76	34.40	200m:	2:14.89	35.02	300m:	3:25.46	35.70	400m:	4:36.02	34.50
6.	,	01				4:39.60 604	1:05.53	1:10.34	1:12.03	1:11.70		
	50m:	31.24	31.24	150m:	1:40.63	35.10	250m:	2:51.55	35.68	350m:	4:04.16	36.26
	100m:	1:05.53	34.29	200m:	2:15.87	35.24	300m:	3:27.90	36.35	400m:	4:39.60	35.44
7.	,	03				4:41.40 593	1:06.58	1:11.74	1:12.24	1:10.84		
	50m:	31.95	31.95	150m:	1:42.49	35.91	250m:	2:54.61	36.29	350m:	4:06.96	36.40
	100m:	1:06.58	34.63	200m:	2:18.32	35.83	300m:	3:30.56	35.95	400m:	4:41.40	34.44
8.	,	02				4:45.51 568	1:04.34	1:12.16	1:14.44	1:14.57		
	50m:	30.33	30.33	150m:	1:39.96	35.62	250m:	2:53.50	37.00	350m:	4:08.43	37.49
	100m:	1:04.34	34.01	200m:	2:16.50	36.54	300m:	3:30.94	37.44	400m:	4:45.51	37.08