

28
19.04.2019

, 400m

4:09.70 , BLR 01.01.1984
KMC : 4:44.50 / MC : 4:30.50 / MCMK : 4:08.82

: FINA 2019

							100m	200m	300m	400m		
1.	ALKARAMOVA, Fatima	02				4:32.37 654 Q	1:03.79	1:08.91	1:09.67	1:10.00		
	50m:	30.42	30.42	150m:	1:37.97	34.18	250m:	2:47.32	34.62	350m:	3:57.52	35.15
	100m:	1:03.79	33.37	200m:	2:12.70	34.73	300m:	3:22.37	35.05	400m:	4:32.37	34.85
2.		04				4:35.28 633 Q	1:03.89	1:09.96	1:12.21	1:09.22		
	50m:	30.61	30.61	150m:	1:38.06	34.17	250m:	2:49.78	35.93	350m:	4:02.07	36.01
	100m:	1:03.89	33.28	200m:	2:13.85	35.79	300m:	3:26.06	36.28	400m:	4:35.28	33.21
3.		98				4:35.78 630 Q	1:06.46	1:11.56	1:10.25	1:07.51		
	50m:	32.22	32.22	150m:	1:42.23	35.77	250m:	2:52.55	34.53	350m:	4:02.57	34.30
	100m:	1:06.46	34.24	200m:	2:18.02	35.79	300m:	3:28.27	35.72	400m:	4:35.78	33.21
4.		01				4:38.60 611 Q	1:07.75	1:12.02	1:10.47	1:08.36		
	50m:	32.42	32.42	150m:	1:43.72	35.97	250m:	2:55.03	35.26	350m:	4:05.18	34.94
	100m:	1:07.75	35.33	200m:	2:19.77	36.05	300m:	3:30.24	35.21	400m:	4:38.60	33.42
5.		03				4:38.67 610 Q	1:05.60	1:10.26	1:11.14	1:11.67		
	50m:	31.43	31.43	150m:	1:40.58	34.98	250m:	2:51.28	35.42	350m:	4:03.16	36.16
	100m:	1:05.60	34.17	200m:	2:15.86	35.28	300m:	3:27.00	35.72	400m:	4:38.67	35.51
6.		03				4:39.27 607 Q	1:06.49	1:11.34	1:11.73	1:09.71		
	50m:	31.79	31.79	150m:	1:42.16	35.67	250m:	2:53.62	35.79	350m:	4:05.33	35.77
	100m:	1:06.49	34.70	200m:	2:17.83	35.67	300m:	3:29.56	35.94	400m:	4:39.27	33.94
7.		02				4:41.10 595 Q	1:06.14	1:11.60	1:12.02	1:11.34		
	50m:	31.61	31.61	150m:	1:41.84	35.70	250m:	2:53.65	35.91	350m:	4:06.06	36.30
	100m:	1:06.14	34.53	200m:	2:17.74	35.90	300m:	3:29.76	36.11	400m:	4:41.10	35.04
8.		02				4:41.22 594 Q	1:06.49	1:12.43	1:11.53	1:10.77		
	50m:	31.88	31.88	150m:	1:42.89	36.40	250m:	2:54.61	35.69	350m:	4:05.85	35.40
	100m:	1:06.49	34.61	200m:	2:18.92	36.03	300m:	3:30.45	35.84	400m:	4:41.22	35.37
9.		02				4:41.48 592 R	1:06.20	1:09.74	1:13.81	1:11.73		
	50m:	32.19	32.19	150m:	1:41.12	34.92	250m:	2:52.67	36.73	350m:	4:07.22	37.47
	100m:	1:06.20	34.01	200m:	2:15.94	34.82	300m:	3:29.75	37.08	400m:	4:41.48	34.26
10.		01				4:41.63 591 R	1:06.33	1:11.93	1:11.93	1:11.44		
	50m:	31.58	31.58	150m:	1:42.08	35.75	250m:	2:54.19	35.93	350m:	4:06.96	36.77
	100m:	1:06.33	34.75	200m:	2:18.26	36.18	300m:	3:30.19	36.00	400m:	4:41.63	34.67
11.		03				4:41.66 591	1:06.22	1:11.89	1:12.55	1:11.00		
	50m:	31.20	31.20	150m:	1:42.24	36.02	250m:	2:54.29	36.18	350m:	4:06.90	36.24
	100m:	1:06.22	35.02	200m:	2:18.11	35.87	300m:	3:30.66	36.37	400m:	4:41.66	34.76
12.		00				4:43.12 582	1:06.30	1:11.07	1:13.76	1:11.99		
	50m:	32.06	32.06	150m:	1:41.61	35.31	250m:	2:54.03	36.66	350m:	4:08.01	36.88
	100m:	1:06.30	34.24	200m:	2:17.37	35.76	300m:	3:31.13	37.10	400m:	4:43.12	35.11
13.		04				4:44.50 574	1:06.46	1:12.31	1:14.12	1:11.61		
	50m:	31.56	31.56	150m:	1:42.69	36.23	250m:	2:55.55	36.78	350m:	4:09.40	36.51
	100m:	1:06.46	34.90	200m:	2:18.77	36.08	300m:	3:32.89	37.34	400m:	4:44.50	35.10
14.		03				4:44.98 571	1:06.40	1:12.37	1:13.96	1:12.25		
	50m:	31.84	31.84	150m:	1:42.30	35.90	250m:	2:55.62	36.85	350m:	4:09.85	37.12
	100m:	1:06.40	34.56	200m:	2:18.77	36.47	300m:	3:32.73	37.11	400m:	4:44.98	35.13
15.		01				4:45.52 568	1:06.79	1:11.77	1:14.38	1:12.58		
	50m:	31.90	31.90	150m:	1:43.20	36.41	250m:	2:56.09	37.53	350m:	4:09.54	36.60
	100m:	1:06.79	34.89	200m:	2:18.56	35.36	300m:	3:32.94	36.85	400m:	4:45.52	35.98
16.		03				4:47.60 555	1:07.58	1:13.73	1:14.32	1:11.97		
	50m:	31.63	31.63	150m:	1:44.28	36.70	250m:	2:58.50	37.19	350m:	4:12.74	37.11
	100m:	1:07.58	35.95	200m:	2:21.31	37.03	300m:	3:35.63	37.13	400m:	4:47.60	34.86
17.		02				4:48.16 552	1:08.39	1:14.43	1:14.81	1:10.53		
	50m:	32.01	32.01	150m:	1:45.06	36.67	250m:	3:00.75	37.93	350m:	4:13.21	35.58
	100m:	1:08.39	36.38	200m:	2:22.82	37.76	300m:	3:37.63	36.88	400m:	4:48.16	34.95
18.		03				4:48.20 552	1:07.48	1:13.34	1:14.34	1:13.04		
	50m:	31.89	31.89	150m:	1:43.88	36.40	250m:	2:57.87	37.05	350m:	4:12.38	37.22
	100m:	1:07.48	35.59	200m:	2:20.82	36.94	300m:	3:35.16	37.29	400m:	4:48.20	35.82
19.		01				4:48.68 549	1:08.38	1:14.04	1:14.20	1:12.06		
	50m:	31.87	31.87	150m:	1:45.40	37.02	250m:	2:59.62	37.20	350m:	4:13.55	36.93
	100m:	1:08.38	36.51	200m:	2:22.42	37.02	300m:	3:36.62	37.00	400m:	4:48.68	35.13

28,		, 400m						100m	200m	300m	400m	
20.			99			4:50.50	539	1:08.39	1:12.77	1:15.50	1:13.84	
	50m:	32.37	32.37	150m:	1:44.75	36.36	250m:	2:58.52	37.36	350m:	4:14.36	37.70
	100m:	1:08.39	36.02	200m:	2:21.16	36.41	300m:	3:36.66	38.14	400m:	4:50.50	36.14
21.			03			4:51.40	534	1:08.19	1:15.73	1:14.67	1:12.81	
	50m:	32.25	32.25	150m:	1:45.89	37.70	250m:	3:01.20	37.28	350m:	4:15.15	36.56
	100m:	1:08.19	35.94	200m:	2:23.92	38.03	300m:	3:38.59	37.39	400m:	4:51.40	36.25
22.			04			4:52.87	526	1:08.97	1:15.09	1:15.15	1:13.66	
	50m:	32.62	32.62	150m:	1:46.63	37.66	250m:	3:01.35	37.29	350m:	4:16.65	37.44
	100m:	1:08.97	36.35	200m:	2:24.06	37.43	300m:	3:39.21	37.86	400m:	4:52.87	36.22
23.			03			4:54.33	518	1:07.98	1:13.81	1:16.43	1:16.11	
	50m:	32.05	32.05	150m:	1:44.62	36.64	250m:	2:59.82	38.03	350m:	4:17.10	38.88
	100m:	1:07.98	35.93	200m:	2:21.79	37.17	300m:	3:38.22	38.40	400m:	4:54.33	37.23
24.			04			4:55.19	514	1:08.13	1:15.35	1:16.35	1:15.36	
	50m:	32.13	32.13	150m:	1:45.80	37.67	250m:	3:01.65	38.17	350m:	4:17.66	37.83
	100m:	1:08.13	36.00	200m:	2:23.48	37.68	300m:	3:39.83	38.18	400m:	4:55.19	37.53
25.	KEVLISHVILI, Tinatin		02			4:55.23	513	1:09.68	1:15.20	1:16.03	1:14.32	
	50m:	32.78	32.78	150m:	1:47.43	37.75	250m:	3:03.00	38.12	350m:	4:18.67	37.76
	100m:	1:09.68	36.90	200m:	2:24.88	37.45	300m:	3:40.91	37.91	400m:	4:55.23	36.56
26.			03			4:55.43	512	1:08.76	1:15.66	1:16.10	1:14.91	
	50m:	32.68	32.68	150m:	1:46.47	37.71	250m:	3:02.27	37.85	350m:	4:19.08	38.56
	100m:	1:08.76	36.08	200m:	2:24.42	37.95	300m:	3:40.52	38.25	400m:	4:55.43	36.35
27.			04			4:56.33	508	1:10.99	1:16.91	1:16.03	1:12.40	
	50m:	33.36	33.36	150m:	1:49.36	38.37	250m:	3:06.10	38.20	350m:	4:21.42	37.49
	100m:	1:10.99	37.63	200m:	2:27.90	38.54	300m:	3:43.93	37.83	400m:	4:56.33	34.91
28.			03			4:58.30	498	1:11.02	1:17.00	1:16.32	1:13.96	
	50m:	33.85	33.85	150m:	1:49.98	38.96	250m:	3:06.35	38.33	350m:	4:22.46	38.12
	100m:	1:11.02	37.17	200m:	2:28.02	38.04	300m:	3:44.34	37.99	400m:	4:58.30	35.84
29.			03			5:05.94	461	1:12.59	1:18.18	1:19.43	1:15.74	
	50m:	34.43	34.43	150m:	1:51.57	38.98	250m:	3:10.42	39.65	350m:	4:28.35	38.15
	100m:	1:12.59	38.16	200m:	2:30.77	39.20	300m:	3:50.20	39.78	400m:	5:05.94	37.59
30.			05			5:06.33	459	1:12.06	1:18.30	1:18.98	1:16.99	
	50m:	33.32	33.32	150m:	1:51.32	39.26	250m:	3:09.34	38.98	350m:	4:28.45	39.11
	100m:	1:12.06	38.74	200m:	2:30.36	39.04	300m:	3:49.34	40.00	400m:	5:06.33	37.88
31.			04			5:12.41	433	1:12.77	1:20.54	1:20.76	1:18.34	
	50m:	33.65	33.65	150m:	1:52.81	40.04	250m:	3:13.71	40.40	350m:	4:34.27	40.20
	100m:	1:12.77	39.12	200m:	2:33.31	40.50	300m:	3:54.07	40.36	400m:	5:12.41	38.14
32.			05			5:13.58	428	1:10.66	1:20.62	1:21.33	1:20.97	
	50m:	33.35	33.35	150m:	1:50.23	39.57	250m:	3:11.66	40.38	350m:	4:33.41	40.80
	100m:	1:10.66	37.31	200m:	2:31.28	41.05	300m:	3:52.61	40.95	400m:	5:13.58	40.17
33.			05			5:14.76	423	1:12.20	1:19.87	1:22.83	1:19.86	
	50m:	33.92	33.92	150m:	1:51.71	39.51	250m:	3:13.15	41.08	350m:	4:36.10	41.20
	100m:	1:12.20	38.28	200m:	2:32.07	40.36	300m:	3:54.90	41.75	400m:	5:14.76	38.66