

39

, 400m

19.01.2019

Records of the Republic of Belarus 3:45.40

01.01.1998

KMC : 4:16.50 / MC : 4:02.50 / MCMK : 3:43.07

: FINA 2018

							R.T.				
1.			2000	-			+0,66	3:56.08	726		
	50m:	26.99	26.99	150m:	1:28.88	31.20	250m:	2:29.57	29.72	350m:	3:28.86
	100m:	57.68	30.69	200m:	1:59.85	30.97	300m:	2:59.09	29.52	400m:	3:56.08
2.			2000				+0,74	3:57.37	714		
	50m:	26.67	26.67	150m:	1:27.58	31.07	250m:	2:28.79	30.24	350m:	3:29.70
	100m:	56.51	29.84	200m:	1:58.55	30.97	300m:	2:59.12	30.33	400m:	3:57.37
3.			1997				+0,71	3:57.61	712		
	50m:	26.72	26.72	150m:	1:27.89	31.16	250m:	2:28.69	29.78	350m:	3:28.95
	100m:	56.73	30.01	200m:	1:58.91	31.02	300m:	2:58.94	30.25	400m:	3:57.61
4.			2000				+0,63	4:00.50	687		
	50m:	26.13	26.13	150m:	1:26.33	30.42	250m:	2:28.02	31.10	350m:	3:29.97
	100m:	55.91	29.78	200m:	1:56.92	30.59	300m:	2:59.25	31.23	400m:	4:00.50
5.			1997	-			+0,79	4:01.73	676		
	50m:	27.72	27.72	150m:	1:29.68	31.22	250m:	2:31.57	30.58	350m:	3:32.97
	100m:	58.46	30.74	200m:	2:00.99	31.31	300m:	3:02.36	30.79	400m:	4:01.73
6.			1999				+0,77	4:01.99	674		
	50m:	27.47	27.47	150m:	1:29.13	31.05	250m:	2:31.35	31.06	350m:	3:32.86
	100m:	58.08	30.61	200m:	2:00.29	31.16	300m:	3:02.26	30.91	400m:	4:01.99
7.			2001				+0,72	4:02.29	672		
	50m:	27.60	27.60	150m:	1:29.66	31.22	250m:	2:31.99	31.06	350m:	3:33.65
	100m:	58.44	30.84	200m:	2:00.93	31.27	300m:	3:02.81	30.82	400m:	4:02.29
8.			2001				+0,74	4:02.76	668		
	50m:	27.76	27.76	150m:	1:29.81	31.47	250m:	2:32.70	31.48	350m:	3:34.38
	100m:	58.34	30.58	200m:	2:01.22	31.41	300m:	3:04.01	31.31	400m:	4:02.76
9.			2000				+0,83	4:02.82	667		
	50m:	27.51	27.51	150m:	1:28.81	31.07	250m:	2:30.58	30.65	350m:	3:32.44
	100m:	57.74	30.23	200m:	1:59.93	31.12	300m:	3:01.54	30.96	400m:	4:02.82
10.			1998				+0,61	4:04.45	654		
	50m:	27.47	27.47	150m:	1:28.82	30.92	250m:	2:31.80	31.33	350m:	3:34.31
	100m:	57.90	30.43	200m:	2:00.47	31.65	300m:	3:03.20	31.40	400m:	4:04.45
11.			2003				+0,67	4:08.11	626		
	50m:	28.35	28.35	150m:	1:30.36	30.93	250m:	2:34.13	31.66	350m:	3:37.27
	100m:	59.43	31.08	200m:	2:02.47	32.11	300m:	3:05.81	31.68	400m:	4:08.11
12.			2000				+0,55	4:08.49	623		
	50m:	27.39	27.39	150m:	1:30.08	31.58	250m:	2:33.56	31.44	350m:	3:37.31
	100m:	58.50	31.11	200m:	2:02.12	32.04	300m:	3:05.16	31.60	400m:	4:08.49
13.			2000				+0,66	4:08.92	619		
	50m:	27.97	27.97	150m:	1:30.61	31.50	250m:	2:34.91	32.13	350m:	3:38.45
	100m:	59.11	31.14	200m:	2:02.78	32.17	300m:	3:06.60	31.69	400m:	4:08.92
14.			2001				+0,74	4:10.69	606		
	50m:	27.97	27.97	150m:	1:30.61	31.64	250m:	2:33.91	31.63	350m:	3:38.49
	100m:	58.97	31.00	200m:	2:02.28	31.67	300m:	3:06.20	32.29	400m:	4:10.69
15.			2003				+0,74	4:10.87	605		
	50m:	27.69	27.69	150m:	1:30.66	31.81	250m:	2:34.71	31.74	350m:	3:39.19
	100m:	58.85	31.16	200m:	2:02.97	32.31	300m:	3:06.95	32.24	400m:	4:10.87
16.			2003				+0,74	4:10.98	604		
	50m:	28.17	28.17	150m:	1:30.56	31.54	250m:	2:34.44	32.17	350m:	3:39.61
	100m:	59.02	30.85	200m:	2:02.27	31.71	300m:	3:07.15	32.71	400m:	4:10.98
17.			2003				+0,71	4:12.75	592		
	50m:	28.73	28.73	150m:	1:32.37	32.11	250m:	2:37.16	32.54	350m:	3:41.60
	100m:	1:00.26	31.53	200m:	2:04.62	32.25	300m:	3:09.45	32.29	400m:	4:12.75
18.			2002				+0,71	4:13.86	584		
	50m:	27.97	27.97	150m:	1:31.20	32.31	250m:	2:36.72	32.89	350m:	3:42.22
	100m:	58.89	30.92	200m:	2:03.83	32.63	300m:	3:09.48	32.76	400m:	4:13.86
19.			2001				+0,72	4:14.87	577		
	50m:	27.48	27.48	150m:	1:31.00	32.29	250m:	2:35.81	32.45	350m:	3:41.60
	100m:	58.71	31.23	200m:	2:03.36	32.36	300m:	3:08.50	32.69	400m:	4:14.87

39,	, 400m	,	,								
			/				R.T.				
20.			2003				+0,65	4:16.69	565		
	50m:	28.47	28.47	150m:	1:31.49	32.18	250m:	2:37.56	33.15	350m:	3:44.20 33.33
	100m:	59.31	30.84	200m:	2:04.41	32.92	300m:	3:10.87	33.31	400m:	4:16.69 32.49
21.			2002				+0,59	4:17.11	562		
	50m:	28.41	28.41	150m:	1:33.21	32.79	250m:	2:39.58	33.11	350m:	3:45.06 32.65
	100m:	1:00.42	32.01	200m:	2:06.47	33.26	300m:	3:12.41	32.83	400m:	4:17.11 32.05
22.			2004				+0,57	4:17.55	559		
	50m:	28.51	28.51	150m:	1:32.49	32.49	250m:	2:38.33	33.14	350m:	3:45.04 33.53
	100m:	1:00.00	31.49	200m:	2:05.19	32.70	300m:	3:11.51	33.18	400m:	4:17.55 32.51
23.			2002				+0,78	4:18.30	554		
	50m:	28.68	28.68	150m:	1:33.28	32.70	250m:	2:40.01	33.37	350m:	3:46.59 33.58
	100m:	1:00.58	31.90	200m:	2:06.64	33.36	300m:	3:13.01	33.00	400m:	4:18.30 31.71
24.			2001				+0,65	4:19.51	547		
	50m:	28.48	28.48	150m:	1:33.33	32.90	250m:	2:39.62	33.15	350m:	3:46.90 33.76
	100m:	1:00.43	31.95	200m:	2:06.47	33.14	300m:	3:13.14	33.52	400m:	4:19.51 32.61
25.			2000				+0,78	4:19.73	545		
	50m:	27.80	27.80	150m:	1:31.09	32.46	250m:	2:38.21	33.88	350m:	3:43.58 31.51
	100m:	58.63	30.83	200m:	2:04.33	33.24	300m:	3:12.07	33.86	400m:	4:19.73 36.15
26.			2002				+0,69	4:20.18	542		
	50m:	28.44	28.44	150m:	1:33.03	32.67	250m:	2:40.30	33.85	350m:	3:48.31 33.77
	100m:	1:00.36	31.92	200m:	2:06.45	33.42	300m:	3:14.54	34.24	400m:	4:20.18 31.87
27.			2003				+0,67	4:20.97	537		
	50m:	30.24	30.24	150m:	1:35.04	33.00	250m:	2:41.83	33.30	350m:	3:49.10 33.52
	100m:	1:02.04	31.80	200m:	2:08.53	33.49	300m:	3:15.58	33.75	400m:	4:20.97 31.87
28.			1999				+0,76	4:21.50	534		
	50m:	28.87	28.87	150m:	1:34.60	33.45	250m:	2:42.37	33.96	350m:	3:50.13 33.87
	100m:	1:01.15	32.28	200m:	2:08.41	33.81	300m:	3:16.26	33.89	400m:	4:21.50 31.37
29.			2003				+0,74	4:33.20	468		
	50m:	29.57	29.57	150m:	1:35.84	33.97	250m:	2:45.81	35.29	350m:	3:57.76 35.69
	100m:	1:01.87	32.30	200m:	2:10.52	34.68	300m:	3:22.07	36.26	400m:	4:33.20 35.44