

, 17. - 19.1.2019

38

, 400m

19.01.2019

Records of the Republic of Belarus 4:06.13

01.01.1999

KMC : 4:40.50 / MC : 4:25.00 / MCMK : 4:05.65

: FINA 2018

			/				R.T.					
1.				1997	-		+0,74	4:11.50	810			
	50m:	29.39	29.39	150m:	1:32.31	31.64	250m:	2:35.97	31.96	350m:	3:40.46	32.36
	100m:	1:00.67	31.28	200m:	2:04.01	31.70	300m:	3:08.10	32.13	400m:	4:11.50	31.04
2.				2004			+0,64	4:20.99	725			
	50m:	29.68	29.68	150m:	1:34.64	32.85	250m:	2:41.58	33.43	350m:	3:48.79	33.56
	100m:	1:01.79	32.11	200m:	2:08.15	33.51	300m:	3:15.23	33.65	400m:	4:20.99	32.20
3.				2003			+0,71	4:21.39	722			
	50m:	30.54	30.54	150m:	1:35.29	32.74	250m:	2:41.74	33.23	350m:	3:48.50	33.38
	100m:	1:02.55	32.01	200m:	2:08.51	33.22	300m:	3:15.12	33.38	400m:	4:21.39	32.89
4.				2001			+0,69	4:27.10	676			
	50m:	30.06	30.06	150m:	1:36.45	33.27	250m:	2:44.77	34.50	350m:	3:53.73	34.23
	100m:	1:03.18	33.12	200m:	2:10.27	33.82	300m:	3:19.50	34.73	400m:	4:27.10	33.37
5.				1998			+0,58	4:28.49	666			
	50m:	30.56	30.56	150m:	1:37.44	33.57	250m:	2:45.53	33.98	350m:	3:54.64	34.22
	100m:	1:03.87	33.31	200m:	2:11.55	34.11	300m:	3:20.42	34.89	400m:	4:28.49	33.85
6.				2002			+0,53	4:29.47	659			
	50m:	30.07	30.07	150m:	1:36.69	33.71	250m:	2:46.19	34.87	350m:	3:56.23	34.85
	100m:	1:02.98	32.91	200m:	2:11.32	34.63	300m:	3:21.38	35.19	400m:	4:29.47	33.24
7.				2003			+0,75	4:29.84	656			
	50m:	30.36	30.36	150m:	1:38.13	34.44	250m:	2:47.38	34.52	350m:	3:56.80	34.40
	100m:	1:03.69	33.33	200m:	2:12.86	34.73	300m:	3:22.40	35.02	400m:	4:29.84	33.04
8.				2003			+0,70	4:31.76	642			
	50m:	29.69	29.69	150m:	1:37.56	34.53	250m:	2:47.49	35.10	350m:	3:58.52	35.62
	100m:	1:03.03	33.34	200m:	2:12.39	34.83	300m:	3:22.90	35.41	400m:	4:31.76	33.24