

38

, 400m

19.01.2019

Records of the Republic of Belarus 4:06.13

01.01.1999

KMC : 4:40.50 / MC : 4:25.00 / MCMK : 4:05.65

: FINA 2018

							R.T.					
1.			1997	-			+0,77	4:17.19	758			
	50m:	29.80	29.80	150m:	1:33.14	31.52	250m:	2:37.36	32.40	350m:	3:44.76	34.69
	100m:	1:01.62	31.82	200m:	2:04.96	31.82	300m:	3:10.07	32.71	400m:	4:17.19	32.43
2.			2003				+0,75	4:28.43	666			
	50m:	30.76	30.76	150m:	1:37.78	33.80	250m:	2:45.91	34.16	350m:	3:54.67	34.27
	100m:	1:03.98	33.22	200m:	2:11.75	33.97	300m:	3:20.40	34.49	400m:	4:28.43	33.76
3.			2004				+0,64	4:30.05	654			
	50m:	30.28	30.28	150m:	1:37.98	34.32	250m:	2:47.03	34.55	350m:	3:56.53	34.80
	100m:	1:03.66	33.38	200m:	2:12.48	34.50	300m:	3:21.73	34.70	400m:	4:30.05	33.52
4.			1998				+0,75	4:30.68	650			
	50m:	30.90	30.90	150m:	1:38.80	34.27	250m:	2:47.35	34.33	350m:	3:57.53	35.01
	100m:	1:04.53	33.63	200m:	2:13.02	34.22	300m:	3:22.52	35.17	400m:	4:30.68	33.15
5.			2003				+0,66	4:30.80	649			
	50m:	29.97	29.97	150m:	1:37.24	34.26	250m:	2:46.91	34.94	350m:	3:57.15	34.91
	100m:	1:02.98	33.01	200m:	2:11.97	34.73	300m:	3:22.24	35.33	400m:	4:30.80	33.65
6.			2003				+0,76	4:30.89	648			
	50m:	29.86	29.86	150m:	1:38.29	34.86	250m:	2:48.13	34.89	350m:	3:58.17	34.80
	100m:	1:03.43	33.57	200m:	2:13.24	34.95	300m:	3:23.37	35.24	400m:	4:30.89	32.72
7.			2002				+0,63	4:31.10	647			
	50m:	31.01	31.01	150m:	1:38.76	34.15	250m:	2:47.82	34.37	350m:	3:57.58	34.82
	100m:	1:04.61	33.60	200m:	2:13.45	34.69	300m:	3:22.76	34.94	400m:	4:31.10	33.52
8.			2001				+0,65	4:31.16	646			
	50m:	30.82	30.82	150m:	1:39.14	34.22	250m:	2:48.64	34.68	350m:	3:58.01	34.61
	100m:	1:04.92	34.10	200m:	2:13.96	34.82	300m:	3:23.40	34.76	400m:	4:31.16	33.15
9.			2004				+0,70	4:31.21	646			
	50m:	31.18	31.18	150m:	1:39.34	34.48	250m:	2:49.07	35.04	350m:	3:58.02	34.32
	100m:	1:04.86	33.68	200m:	2:14.03	34.69	300m:	3:23.70	34.63	400m:	4:31.21	33.19
10.			2002				+0,50	4:31.92	641			
	50m:	31.64	31.64	150m:	1:39.74	34.24	250m:	2:48.07	34.22	350m:	3:57.44	34.55
	100m:	1:05.50	33.86	200m:	2:13.85	34.11	300m:	3:22.89	34.82	400m:	4:31.92	34.48
11.			2005				+0,66	4:32.29	638			
	50m:	30.93	30.93	150m:	1:39.75	34.69	250m:	2:49.15	34.58	350m:	3:58.34	34.59
	100m:	1:05.06	34.13	200m:	2:14.57	34.82	300m:	3:23.75	34.60	400m:	4:32.29	33.95
12.			2003				+0,70	4:34.17	625			
	50m:	31.55	31.55	150m:	1:39.42	34.18	250m:	2:48.32	34.46	350m:	3:58.71	35.45
	100m:	1:05.24	33.69	200m:	2:13.86	34.44	300m:	3:23.26	34.94	400m:	4:34.17	35.46
13.			2001				+0,47	4:34.63	622			
	50m:	30.83	30.83	150m:	1:38.54	34.52	250m:	2:48.66	35.11	350m:	4:00.19	35.73
	100m:	1:04.02	33.19	200m:	2:13.55	35.01	300m:	3:24.46	35.80	400m:	4:34.63	34.44
14.			2001				+0,81	4:35.54	616			
	50m:	31.49	31.49	150m:	1:41.08	35.08	250m:	2:50.62	34.44	350m:	4:00.52	35.11
	100m:	1:06.00	34.51	200m:	2:16.18	35.10	300m:	3:25.41	34.79	400m:	4:35.54	35.02
15.			2002				+0,74	4:36.19	612			
	50m:	31.17	31.17	150m:	1:40.26	34.97	250m:	2:50.71	35.31	350m:	4:01.87	35.50
	100m:	1:05.29	34.12	200m:	2:15.40	35.14	300m:	3:26.37	35.66	400m:	4:36.19	34.32
16.			2000 MC				+0,72	4:36.81	608			
	50m:	31.09	31.09	150m:	1:39.25	34.35	250m:	2:50.14	35.73	350m:	4:01.82	35.89
	100m:	1:04.90	33.81	200m:	2:14.41	35.16	300m:	3:25.93	35.79	400m:	4:36.81	34.99
17.			2001				+0,76	4:38.11	599			
	50m:	32.11	32.11	150m:	1:42.30	35.61	250m:	2:52.74	35.09	350m:	4:03.42	35.51
	100m:	1:06.69	34.58	200m:	2:17.65	35.35	300m:	3:27.91	35.17	400m:	4:38.11	34.69
18.			2004				+0,71	4:38.75	595			
	50m:	31.41	31.41	150m:	1:41.17	35.30	250m:	2:53.33	36.20	350m:	4:05.41	35.79
	100m:	1:05.87	34.46	200m:	2:17.13	35.96	300m:	3:29.62	36.29	400m:	4:38.75	33.34
19.			2003				+0,57	4:38.81	595			
	50m:	31.49	31.49	150m:	1:40.67	35.10	250m:	2:52.56	36.13	350m:	4:04.72	35.85
	100m:	1:05.57	34.08	200m:	2:16.43	35.76	300m:	3:28.87	36.31	400m:	4:38.81	34.09

38,		, 400m										
		/				R.T.						
20.				2001		+0,79	4:39.01	593				
	50m:	31.09	31.09	150m:	1:40.84	35.66	250m:	2:52.02	35.83	350m:	4:03.74	35.87
	100m:	1:05.18	34.09	200m:	2:16.19	35.35	300m:	3:27.87	35.85	400m:	4:39.01	35.27
21.				2002		+0,78	4:40.36	585				
	50m:	30.80	30.80	150m:	1:40.63	35.50	250m:	2:52.80	35.73	350m:	4:04.53	35.59
	100m:	1:05.13	34.33	200m:	2:17.07	36.44	300m:	3:28.94	36.14	400m:	4:40.36	35.83
22.				2002		+0,64	4:40.95	581				
	50m:	30.92	30.92	150m:	1:40.46	35.28	250m:	2:52.36	36.25	350m:	4:04.94	36.38
	100m:	1:05.18	34.26	200m:	2:16.11	35.65	300m:	3:28.56	36.20	400m:	4:40.95	36.01
23.				2004		+0,67	4:41.07	580				
	50m:	31.18	31.18	150m:	1:41.32	35.61	250m:	2:54.22	36.47	350m:	4:06.83	36.12
	100m:	1:05.71	34.53	200m:	2:17.75	36.43	300m:	3:30.71	36.49	400m:	4:41.07	34.24
24.				2003		+0,77	4:41.56	577				
	50m:	30.85	30.85	150m:	1:40.39	35.01	250m:	2:53.73	37.00	350m:	4:07.46	37.23
	100m:	1:05.38	34.53	200m:	2:16.73	36.34	300m:	3:30.23	36.50	400m:	4:41.56	34.10
25.				2003		+0,81	4:43.97	563				
	50m:	31.74	31.74	150m:	1:42.68	35.70	250m:	2:54.86	36.44	350m:	4:08.15	36.73
	100m:	1:06.98	35.24	200m:	2:18.42	35.74	300m:	3:31.42	36.56	400m:	4:43.97	35.82
26.				2000		+0,73	4:45.24	555				
	50m:	32.69	32.69	150m:	1:43.85	36.09	250m:	2:57.02	36.73	350m:	4:10.05	36.55
	100m:	1:07.76	35.07	200m:	2:20.29	36.44	300m:	3:33.50	36.48	400m:	4:45.24	35.19
27.				2002		+0,72	4:47.50	542				
	50m:	31.54	31.54	150m:	1:42.51	36.36	250m:	2:57.72	37.96	350m:	4:12.72	37.68
	100m:	1:06.15	34.61	200m:	2:19.76	37.25	300m:	3:35.04	37.32	400m:	4:47.50	34.78
28.				2004		+0,78	4:48.42	537				
	50m:	31.58	31.58	150m:	1:41.92	35.91	250m:	2:56.21	37.54	350m:	4:12.27	38.40
	100m:	1:06.01	34.43	200m:	2:18.67	36.75	300m:	3:33.87	37.66	400m:	4:48.42	36.15
29.				2004		+0,94	4:48.73	535				
	50m:	32.54	32.54	150m:	1:43.99	36.16	250m:	2:57.72	36.92	350m:	4:12.53	37.63
	100m:	1:07.83	35.29	200m:	2:20.80	36.81	300m:	3:34.90	37.18	400m:	4:48.73	36.20
30.				2004		+0,75	4:49.92	529				
	50m:	31.36	31.36	150m:	1:43.98	37.00	250m:	2:58.62	37.31	350m:	4:13.54	37.21
	100m:	1:06.98	35.62	200m:	2:21.31	37.33	300m:	3:36.33	37.71	400m:	4:49.92	36.38
31.				2002		+0,66	4:50.06	528				
	50m:	32.25	32.25	150m:	1:45.46	36.81	250m:	2:59.91	37.43	350m:	4:14.15	37.20
	100m:	1:08.65	36.40	200m:	2:22.48	37.02	300m:	3:36.95	37.04	400m:	4:50.06	35.91
32.				2004			4:50.78	524				
	50m:	32.48	32.48	150m:	1:44.72	36.75	250m:	2:59.34	37.41	350m:	4:14.11	37.25
	100m:	1:07.97	35.49	200m:	2:21.93	37.21	300m:	3:36.86	37.52	400m:	4:50.78	36.67
33.				2002		+0,74	4:54.01	507				
	50m:	32.92	32.92	150m:	1:46.34	37.28	250m:	3:01.62	37.59	350m:	4:17.71	37.96
	100m:	1:09.06	36.14	200m:	2:24.03	37.69	300m:	3:39.75	38.13	400m:	4:54.01	36.30
34.				2004		+0,63	4:59.95	477				
	50m:	32.12	32.12	150m:	1:47.10	38.08	250m:	3:05.72	39.75	350m:	4:22.50	37.68
	100m:	1:09.02	36.90	200m:	2:25.97	38.87	300m:	3:44.82	39.10	400m:	4:59.95	37.45
35.				2004		+0,65	5:02.45	466				
	50m:	32.04	32.04	150m:	1:47.04	38.26	250m:	3:04.52	38.87	350m:	4:24.75	40.06
	100m:	1:08.78	36.74	200m:	2:25.65	38.61	300m:	3:44.69	40.17	400m:	5:02.45	37.70