

24

, 400m

18.01.2019

Records of the Republic of Belarus 4:43.60

01.01.2002

KMC : 5:25.00 / MC : 5:05.00 / MCMK : 4:37.18

: FINA 2018

							R.T.					
1.			2003		-		+0,78	4:57.14	661			
	50m:	31.82	31.82	150m:	1:45.53	37.07	250m:	3:05.13	42.55	350m:	4:23.52	35.41
	100m:	1:08.46	36.64	200m:	2:22.58	37.05	300m:	3:48.11	42.98	400m:	4:57.14	33.62
2.			2001				+0,71	4:59.29	647			
	50m:	31.13	31.13	150m:	1:46.70	39.20	250m:	3:06.80	41.75	350m:	4:25.76	36.14
	100m:	1:07.50	36.37	200m:	2:25.05	38.35	300m:	3:49.62	42.82	400m:	4:59.29	33.53
3.			2003				+0,75	5:02.89	624			
	50m:	32.03	32.03	150m:	1:46.42	37.81	250m:	3:08.62	45.01	350m:	4:28.83	35.39
	100m:	1:08.61	36.58	200m:	2:23.61	37.19	300m:	3:53.44	44.82	400m:	5:02.89	34.06
4.			2003				+0,58	5:03.41	621			
	50m:	32.07	32.07	150m:	1:48.68	39.01	250m:	3:08.80	41.87	350m:	4:27.69	36.78
	100m:	1:09.67	37.60	200m:	2:26.93	38.25	300m:	3:50.91	42.11	400m:	5:03.41	35.72
5.			2002				+0,58	5:04.67	613			
	50m:	31.44	31.44	150m:	1:47.34	38.27	250m:	3:11.18	45.48	350m:	4:29.93	34.03
	100m:	1:09.07	37.63	200m:	2:25.70	38.36	300m:	3:55.90	44.72	400m:	5:04.67	34.74
6.			2002				+0,73	5:05.17	610			
	50m:	32.61	32.61	150m:	1:49.92	39.53	250m:	3:11.84	43.69	350m:	4:30.39	35.41
	100m:	1:10.39	37.78	200m:	2:28.15	38.23	300m:	3:54.98	43.14	400m:	5:05.17	34.78
7.			2001				+0,74	5:06.86	600			
	50m:	32.45	32.45	150m:	1:49.64	39.24	250m:	3:11.79	42.07	350m:	4:31.99	36.14
	100m:	1:10.40	37.95	200m:	2:29.72	40.08	300m:	3:55.85	44.06	400m:	5:06.86	34.87
8.			2002				+0,55	5:08.10	593			
	50m:	33.63	33.63	150m:	1:50.92	39.88	250m:	3:13.16	42.51	350m:	4:32.47	35.61
	100m:	1:11.04	37.41	200m:	2:30.65	39.73	300m:	3:56.86	43.70	400m:	5:08.10	35.63
9.			2002				+0,69	5:09.46	585			
	50m:	33.03	33.03	150m:	1:51.41	38.37	250m:	3:12.37	40.76	350m:	4:33.03	37.52
	100m:	1:13.04	40.01	200m:	2:31.61	40.20	300m:	3:55.51	43.14	400m:	5:09.46	36.43
10.			2003				+0,62	5:10.50	579			
	50m:	32.08	32.08	150m:	1:49.99	39.22	250m:	3:12.54	45.11	350m:	4:35.27	36.86
	100m:	1:10.77	38.69	200m:	2:27.43	37.44	300m:	3:58.41	45.87	400m:	5:10.50	35.23
11.			2003				+0,56	5:11.28	575			
	50m:	33.76	33.76	150m:	1:49.56	37.42	250m:	3:11.55	42.63	350m:	4:35.03	38.72
	100m:	1:12.14	38.38	200m:	2:28.92	39.36	300m:	3:56.31	44.76	400m:	5:11.28	36.25
12.			2000 MC				+0,64	5:11.69	573			
	50m:	32.48	32.48	150m:	1:49.24	38.33	250m:	3:12.60	45.42	350m:	4:35.56	37.69
	100m:	1:10.91	38.43	200m:	2:27.18	37.94	300m:	3:57.87	45.27	400m:	5:11.69	36.13
13.			2004				+0,72	5:15.93	550			
	50m:	32.58	32.58	150m:	1:52.71	40.85	250m:	3:18.57	45.33	350m:	4:41.43	37.08
	100m:	1:11.86	39.28	200m:	2:33.24	40.53	300m:	4:04.35	45.78	400m:	5:15.93	34.50
14.			2004				+0,64	5:16.28	548			
	50m:	32.72	32.72	150m:	1:54.23	41.54	250m:	3:19.66	44.20	350m:	4:42.01	37.50
	100m:	1:12.69	39.97	200m:	2:35.46	41.23	300m:	4:04.51	44.85	400m:	5:16.28	34.27
15.			2003				+0,48	5:18.55	537			
	50m:	32.79	32.79	150m:	1:53.13	41.27	250m:	3:20.54	46.70	350m:	4:43.70	35.91
	100m:	1:11.86	39.07	200m:	2:33.84	40.71	300m:	4:07.79	47.25	400m:	5:18.55	34.85
16.			2004				+0,73	5:20.56	527			
	50m:	33.88	33.88	150m:	1:57.82	40.59	250m:	3:23.11	45.61	350m:	4:45.26	36.62
	100m:	1:17.23	43.35	200m:	2:37.50	39.68	300m:	4:08.64	45.53	400m:	5:20.56	35.30
17.			2004				+0,55	5:21.24	523			
	50m:	32.11	32.11	150m:	1:53.33	42.26	250m:	3:21.80	46.74	350m:	5:21.24	1:10.23
	100m:	1:11.07	38.96	200m:	2:35.06	41.73	300m:	4:11.01	49.21	400m:	5:21.24	
18.			2003				+0,73	5:23.03	515			
	50m:	34.01	34.01	150m:	1:54.38	39.54	250m:	3:19.84	45.30	350m:	4:46.08	38.84
	100m:	1:14.84	40.83	200m:	2:34.54	40.16	300m:	4:07.24	47.40	400m:	5:23.03	36.95