

	10,	, 1500m										
			/					R.T.				
13.			2002					+0,69	17:12.84		553	
	100m:	1:03.04	1:03.04	500m:	5:39.48	1:10.29	900m:	10:21.55	1:10.03	1300m:	15:02.44	1:09.91
	200m:	2:10.92	1:07.88	600m:	6:50.00	1:10.52	1000m:	11:32.09	1:10.54	1400m:	16:09.84	1:07.40
	300m:	3:19.89	1:08.97	700m:	8:00.62	1:10.62	1100m:	12:42.10	1:10.01	1500m:	17:12.84	1:03.00
	400m:	4:29.19	1:09.30	800m:	9:11.52	1:10.90	1200m:	13:52.53	1:10.43			
14.			2003					+0,68	17:15.59		549	
	100m:	1:03.29	1:03.29	500m:	5:37.51	1:09.80	900m:	10:16.98	1:09.97	1300m:	14:57.68	1:11.74
	200m:	2:10.00	1:06.71	600m:	6:47.25	1:09.74	1000m:	11:26.32	1:09.34	1400m:	16:08.39	1:10.71
	300m:	3:18.41	1:08.41	700m:	7:56.97	1:09.72	1100m:	12:37.14	1:10.82	1500m:	17:15.59	1:07.20
	400m:	4:27.71	1:09.30	800m:	9:07.01	1:10.04	1200m:	13:45.94	1:08.80			
15.			2003					+0,68	17:16.98		546	
	100m:	1:03.49	1:03.49	500m:	5:36.84	1:08.57	900m:	10:13.03	1:10.13	1300m:	14:58.86	1:11.32
	200m:	2:11.24	1:07.75	600m:	6:45.72	1:08.88	1000m:	11:23.96	1:10.93	1400m:	16:09.50	1:10.64
	300m:	3:19.71	1:08.47	700m:	7:54.07	1:08.35	1100m:	12:36.05	1:12.09	1500m:	17:16.98	1:07.48
	400m:	4:28.27	1:08.56	800m:	9:02.90	1:08.83	1200m:	13:47.54	1:11.49			
16.			2003					+0,65	17:36.75		516	
	100m:	1:04.10	1:04.10	500m:	9:17.46	3:31.43	900m:	14:03.18	1:11.31	1300m:		
	200m:	3:23.19	2:19.09	600m:	10:28.95	1:11.49	1000m:	15:15.01	1:11.83	1400m:		
	300m:	4:33.74	1:10.55	700m:	11:40.52	1:11.57	1100m:	16:26.54	1:11.53	1500m:	17:36.75	
	400m:	5:46.03	1:12.29	800m:	12:51.87	1:11.35	1200m:	17:36.75	1:10.21			