39		, 400m		
18.07.2	020			
		4:21.35 4:29.25 ,	,	01.01.2012 01.01.2013
KMC : 4:5	55.00 / MC : 4:38.50 /	MCMK : 4:15.60		
	,	1		
1	,	2003	BLR	4:43.63
2	,	2001	BLR	4:40.42
3	,	2002	BLR	4:40.22
4	,	1999	BLR	4:35.93
5	j	2003	BLR	4:37.47
6	,	1999	BLR	4:40.23
7	,	1995	BLR	4:43.28
8	,	2003	BLR	4:44.74
	,	1999	BLR	4:45.36
	,	2003	BLR	4:45.51