

, 14. - 18.7.2020

68
18.07.2020

, 400m

4:09.70
4:24.49

01.01.1984
01.01.2019

KMC : 4:44.50 / MC : 4:30.50 / MCMK : 4:07.97

: FINA 2019

								100m	200m	300m	400m	
1.	,	04				4:42.42	586	1:06.37	1:11.85	1:12.80	1:11.40	
	50m:	31.08	31.08	150m:	1:42.20	35.83	250m:	2:54.38	36.16	350m:	4:07.02	36.00
	100m:	1:06.37	35.29	200m:	2:18.22	36.02	300m:	3:31.02	36.64	400m:	4:42.42	35.40
2.	,	05				4:48.79	548	1:07.13	1:12.58	1:14.78	1:14.30	
	50m:	31.68	31.68	150m:	1:43.25	36.12	250m:	2:56.65	36.94	350m:	4:11.95	37.46
	100m:	1:07.13	35.45	200m:	2:19.71	36.46	300m:	3:34.49	37.84	400m:	4:48.79	36.84
3.	,	05				4:49.42	545	1:09.87	1:14.06	1:14.80	1:10.69	
	50m:	33.16	33.16	150m:	1:46.73	36.86	250m:	3:00.93	37.00	350m:	4:14.84	36.11
	100m:	1:09.87	36.71	200m:	2:23.93	37.20	300m:	3:38.73	37.80	400m:	4:49.42	34.58
4.	,	04				4:52.74	527	1:08.55	1:14.83	1:15.87	1:13.49	
	50m:	33.14	33.14	150m:	1:45.76	37.21	250m:	3:00.85	37.47	350m:	4:16.90	37.65
	100m:	1:08.55	35.41	200m:	2:23.38	37.62	300m:	3:39.25	38.40	400m:	4:52.74	35.84
5.	,	07				4:53.46	523	1:08.87	1:15.75	1:16.05	1:12.79	
	50m:	32.19	32.19	150m:	1:46.42	37.55	250m:	3:02.67	38.05	350m:	4:18.23	37.56
	100m:	1:08.87	36.68	200m:	2:24.62	38.20	300m:	3:40.67	38.00	400m:	4:53.46	35.23
6.	,	04				4:54.31	518	1:08.02	1:13.78	1:16.70	1:15.81	
	50m:	32.05	32.05	150m:	1:44.56	36.54	250m:	2:59.70	37.90	350m:	4:17.00	38.50
	100m:	1:08.02	35.97	200m:	2:21.80	37.24	300m:	3:38.50	38.80	400m:	4:54.31	37.31
7.	-	08				4:56.09	509	1:08.78	1:15.03	1:17.19	1:15.09	
	50m:	32.52	32.52	150m:	1:45.86	37.08	250m:	3:02.45	38.64	350m:	4:19.58	38.58
	100m:	1:08.78	36.26	200m:	2:23.81	37.95	300m:	3:41.00	38.55	400m:	4:56.09	36.51