

, 14. - 18.7.2020

49  
15.07.2020

, 400m

4:49.16  
4:55.47

01.01.1978  
01.01.2016

KMC : 5:30.50 / MC : 5:11.50 / MCMK : 4:40.40

: FINA 2019

								100m	200m	300m	400m	
1.	,	04				<b>5:16.39</b>	596	1:12.34	1:20.64	1:32.11	1:11.30	
	50m:	32.84	32.84	150m:	1:52.67	40.33	250m:	3:18.43	45.45	350m:	4:41.04	35.95
	100m:	1:12.34	39.50	200m:	2:32.98	40.31	300m:	4:05.09	46.66	400m:	5:16.39	35.35
2.	,	03				<b>5:17.24</b>	591	1:10.76	1:25.30	1:29.21	1:11.97	
	50m:	32.46	32.46	150m:	1:54.49	43.73	250m:	3:20.17	44.11	350m:	4:42.21	36.94
	100m:	1:10.76	38.30	200m:	2:36.06	41.57	300m:	4:05.27	45.10	400m:	5:17.24	35.03
3.	,	05				<b>5:20.71</b>	572	1:10.20	1:24.13	1:32.70	1:13.68	
	50m:	32.44	32.44	150m:	1:53.19	42.99	250m:	3:19.97	45.64	350m:	4:45.01	37.98
	100m:	1:10.20	37.76	200m:	2:34.33	41.14	300m:	4:07.03	47.06	400m:	5:20.71	35.70
4.	,	06				<b>5:22.51</b>	563	1:12.77	1:24.79	1:32.12	1:12.83	
	50m:	32.58	32.58	150m:	1:56.00	43.23	250m:	3:23.54	45.98	350m:	4:46.72	37.04
	100m:	1:12.77	40.19	200m:	2:37.56	41.56	300m:	4:09.68	46.14	400m:	5:22.51	35.79
5.	,	05				<b>5:25.22</b>	549	1:10.73	1:27.39	1:34.53	1:12.57	
	50m:	32.02	32.02	150m:	1:54.50	43.77	250m:	3:24.84	46.72	350m:	4:49.42	36.77
	100m:	1:10.73	38.71	200m:	2:38.12	43.62	300m:	4:12.65	47.81	400m:	5:25.22	35.80
6.	,	05				<b>5:29.90</b>	526	1:15.70	1:24.73	1:35.24	1:14.23	
	50m:	34.40	34.40	150m:	1:58.12	42.42	250m:	3:27.98	47.55	350m:	4:53.15	37.48
	100m:	1:15.70	41.30	200m:	2:40.43	42.31	300m:	4:15.67	47.69	400m:	5:29.90	36.75
7.	,	05				<b>5:29.92</b>	526	1:17.87	1:25.89	1:30.86	1:15.30	
	50m:	35.84	35.84	150m:	2:01.27	43.40	250m:	3:28.60	44.84	350m:	4:53.47	38.85
	100m:	1:17.87	42.03	200m:	2:43.76	42.49	300m:	4:14.62	46.02	400m:	5:29.92	36.45
8.	,	03				<b>5:32.71</b>	513	1:16.28	1:23.82	1:36.51	1:16.10	
	50m:	33.32	33.32	150m:	1:59.50	43.22	250m:	3:27.95	47.85	350m:	4:56.04	39.43
	100m:	1:16.28	42.96	200m:	2:40.10	40.60	300m:	4:16.61	48.66	400m:	5:32.71	36.67