

, 14. - 18.7.2020

45
14.07.2020

, 400m

3:52.78
3:56.98

01.01.2013
01.01.2018

KMC : 4:22.50 / MC : 4:08.50 / MCMK : 3:48.19

: FINA 2019

								100m	200m	300m	400m	
1.	,	03				4:10.64	676	59.39	1:03.66	1:04.80	1:02.79	
	50m:	28.06	28.06	150m:	1:30.93	31.54	250m:	2:34.88	31.83	350m:	3:40.11	32.26
	100m:	59.39	31.33	200m:	2:03.05	32.12	300m:	3:07.85	32.97	400m:	4:10.64	30.53
2.	,	04				4:10.76	675	59.51	1:03.25	1:05.16	1:02.84	
	50m:	28.18	28.18	150m:	1:31.03	31.52	250m:	2:34.86	32.10	350m:	3:40.26	32.34
	100m:	59.51	31.33	200m:	2:02.76	31.73	300m:	3:07.92	33.06	400m:	4:10.76	30.50
3.	,	02				4:14.83	644	59.94	1:05.14	1:05.96	1:03.79	
	50m:	28.29	28.29	150m:	1:32.28	32.34	250m:	2:37.93	32.85	350m:	3:43.60	32.56
	100m:	59.94	31.65	200m:	2:05.08	32.80	300m:	3:11.04	33.11	400m:	4:14.83	31.23
4.	,	04				4:16.77	629	59.74	1:06.15	1:06.82	1:04.06	
	50m:	28.24	28.24	150m:	1:32.59	32.85	250m:	2:39.21	33.32	350m:	3:45.38	32.67
	100m:	59.74	31.50	200m:	2:05.89	33.30	300m:	3:12.71	33.50	400m:	4:16.77	31.39
5.	,	03				4:17.47	624	59.90	1:05.88	1:06.86	1:04.83	
	50m:	28.23	28.23	150m:	1:32.69	32.79	250m:	2:38.98	33.20	350m:	3:46.11	33.47
	100m:	59.90	31.67	200m:	2:05.78	33.09	300m:	3:12.64	33.66	400m:	4:17.47	31.36
6.	,	03				4:17.84	621	1:00.92	1:05.92	1:06.75	1:04.25	
	50m:	28.94	28.94	150m:	1:33.67	32.75	250m:	2:39.99	33.15	350m:	3:47.03	33.44
	100m:	1:00.92	31.98	200m:	2:06.84	33.17	300m:	3:13.59	33.60	400m:	4:17.84	30.81
7.	,	03				4:17.86	621	1:01.83	1:05.68	1:06.37	1:03.98	
	50m:	29.41	29.41	150m:	1:34.34	32.51	250m:	2:40.11	32.60	350m:	3:46.06	32.18
	100m:	1:01.83	32.42	200m:	2:07.51	33.17	300m:	3:13.88	33.77	400m:	4:17.86	31.80
8.	,	05				4:21.43	596	1:03.20	1:06.71	1:06.81	1:04.71	
	50m:	29.88	29.88	150m:	1:36.35	33.15	250m:	2:43.43	33.52	350m:	3:50.22	33.50
	100m:	1:03.20	33.32	200m:	2:09.91	33.56	300m:	3:16.72	33.29	400m:	4:21.43	31.21