

, 14. - 18.7.2020

40
18.07.2020

, 400m

4:09.70
4:24.49

01.01.1984
01.01.2019

KMC : 4:44.50 / MC : 4:30.50 / MCMK : 4:07.97

: FINA 2019

							100m	200m	300m	400m		
1.	,	04			4:24.67	713	1:02.69	1:06.82	1:07.37	1:07.79		
	50m:	30.06	30.06	150m:	1:35.91	33.22	250m:	2:42.81	33.30	350m:	3:51.06	34.18
	100m:	1:02.69	32.63	200m:	2:09.51	33.60	300m:	3:16.88	34.07	400m:	4:24.67	33.61
2.	,	05			4:28.88	680	1:03.68	1:07.92	1:09.48	1:07.80		
	50m:	30.45	30.45	150m:	1:37.51	33.83	250m:	2:46.30	34.70	350m:	3:55.74	34.66
	100m:	1:03.68	33.23	200m:	2:11.60	34.09	300m:	3:21.08	34.78	400m:	4:28.88	33.14
3.	,	04			4:32.91	650	1:04.71	1:08.93	1:09.84	1:09.43		
	50m:	30.91	30.91	150m:	1:39.00	34.29	250m:	2:48.35	34.71	350m:	3:58.50	35.02
	100m:	1:04.71	33.80	200m:	2:13.64	34.64	300m:	3:23.48	35.13	400m:	4:32.91	34.41
4.	,	04			4:37.11	621	1:05.14	1:09.93	1:11.29	1:10.75		
	50m:	31.06	31.06	150m:	1:39.90	34.76	250m:	2:50.61	35.54	350m:	4:02.23	35.87
	100m:	1:05.14	34.08	200m:	2:15.07	35.17	300m:	3:26.36	35.75	400m:	4:37.11	34.88
5.	,	04			4:40.75	597	1:04.82	1:11.45	1:12.85	1:11.63		
	50m:	30.76	30.76	150m:	1:40.24	35.42	250m:	2:52.66	36.39	350m:	4:05.43	36.31
	100m:	1:04.82	34.06	200m:	2:16.27	36.03	300m:	3:29.12	36.46	400m:	4:40.75	35.32
6.	,	03			4:43.64	579	1:07.38	1:13.03	1:12.91	1:10.32		
	50m:	31.93	31.93	150m:	1:43.68	36.30	250m:	2:56.82	36.41	350m:	4:09.39	36.07
	100m:	1:07.38	35.45	200m:	2:20.41	36.73	300m:	3:33.32	36.50	400m:	4:43.64	34.25
7.	,	00			4:46.96	559	1:05.73	1:12.31	1:14.86	1:14.06		
	50m:	30.99	30.99	150m:	1:41.49	35.76	250m:	2:55.17	37.13	350m:	4:10.71	37.81
	100m:	1:05.73	34.74	200m:	2:18.04	36.55	300m:	3:32.90	37.73	400m:	4:46.96	36.25
8.	,	04			4:49.70	543	1:08.67	1:14.68	1:14.86	1:11.49		
	50m:	32.22	32.22	150m:	1:46.09	37.42	250m:	3:00.95	37.60	350m:	4:15.29	37.08
	100m:	1:08.67	36.45	200m:	2:23.35	37.26	300m:	3:38.21	37.26	400m:	4:49.70	34.41