

, 14. - 18.7.2020

39  
18.07.2020

, 400m

4:21.35  
4:29.25

01.01.2012  
01.01.2013

KMC : 4:55.00 / MC : 4:38.50 / MCMK : 4:15.60

: FINA 2019

								100m	200m	300m	400m	
1.	,	99				<b>4:29.19</b>	743	1:02.65	1:09.28	1:13.90	1:03.36	
	50m:	27.88	27.88	150m:	1:37.96	35.31	250m:	2:48.49	36.56	350m:	3:57.74	31.91
	100m:	1:02.65	34.77	200m:	2:11.93	33.97	300m:	3:25.83	37.34	400m:	4:29.19	31.45
2.	,	03				<b>4:34.07</b>	704	1:00.54	1:08.98	1:21.62	1:02.93	
	50m:	28.15	28.15	150m:	1:35.62	35.08	250m:	2:49.96	40.44	350m:	4:03.10	31.96
	100m:	1:00.54	32.39	200m:	2:09.52	33.90	300m:	3:31.14	41.18	400m:	4:34.07	30.97
3.	,	99				<b>4:35.44</b>	693	1:02.97	1:15.40	1:13.06	1:04.01	
	50m:	28.81	28.81	150m:	1:40.92	37.95	250m:	2:54.42	36.05	350m:	4:04.53	33.10
	100m:	1:02.97	34.16	200m:	2:18.37	37.45	300m:	3:31.43	37.01	400m:	4:35.44	30.91
4.	,	01				<b>4:35.89</b>	690	1:01.02	1:12.42	1:19.83	1:02.62	
	50m:	28.00	28.00	150m:	1:37.62	36.60	250m:	2:53.02	39.58	350m:	4:05.62	32.35
	100m:	1:01.02	33.02	200m:	2:13.44	35.82	300m:	3:33.27	40.25	400m:	4:35.89	30.27
5.	,	02				<b>4:38.33</b>	672	1:02.73	1:11.50	1:21.15	1:02.95	
	50m:	28.52	28.52	150m:	1:39.26	36.53	250m:	2:54.21	39.98	350m:	4:07.69	32.31
	100m:	1:02.73	34.21	200m:	2:14.23	34.97	300m:	3:35.38	41.17	400m:	4:38.33	30.64
6.	,	95				<b>4:38.59</b>	670	1:02.38	1:11.41	1:17.48	1:07.32	
	50m:	29.07	29.07	150m:	1:38.39	36.01	250m:	2:52.54	38.75	350m:	4:05.14	33.87
	100m:	1:02.38	33.31	200m:	2:13.79	35.40	300m:	3:31.27	38.73	400m:	4:38.59	33.45
7.	,	03				<b>4:40.29</b>	658	1:01.63	1:11.09	1:23.01	1:04.56	
	50m:	28.63	28.63	150m:	1:37.41	35.78	250m:	2:53.57	40.85	350m:	4:08.83	33.10
	100m:	1:01.63	33.00	200m:	2:12.72	35.31	300m:	3:35.73	42.16	400m:	4:40.29	31.46
8.	,	03				<b>4:41.63</b>	649	1:01.45	1:13.41	1:22.90	1:03.87	
	50m:	28.32	28.32	150m:	1:38.74	37.29	250m:	2:55.93	41.07	350m:	4:10.52	32.76
	100m:	1:01.45	33.13	200m:	2:14.86	36.12	300m:	3:37.76	41.83	400m:	4:41.63	31.11