

, 14. - 18.7.2020

12
15.07.2020

, 400m

4:49.16 , 01.01.1978
4:55.47 , 01.01.2016

KMC : 5:30.50 / MC : 5:11.50 / MCMK : 4:40.40

: FINA 2019

							100m	200m	300m	400m		
1.	,	01				5:02.40 683 Q	1:06.30	1:19.77	1:25.41	1:10.92		
	50m:	30.90	30.90	150m:	1:46.63	40.33	250m:	3:08.10	42.03	350m:	4:27.89	36.41
	100m:	1:06.30	35.40	200m:	2:26.07	39.44	300m:	3:51.48	43.38	400m:	5:02.40	34.51
2.	,	04				5:15.84 599 Q	1:09.07	1:21.68	1:30.75	1:14.34		
	50m:	32.20	32.20	150m:	1:50.18	41.11	250m:	3:15.54	44.79	350m:	4:39.50	38.00
	100m:	1:09.07	36.87	200m:	2:30.75	40.57	300m:	4:01.50	45.96	400m:	5:15.84	36.34
3.	,	02				5:16.44 596 Q	1:09.31	1:22.34	1:33.13	1:11.66		
	50m:	32.41	32.41	150m:	1:51.27	41.96	250m:	3:18.38	46.73	350m:	4:41.05	36.27
	100m:	1:09.31	36.90	200m:	2:31.65	40.38	300m:	4:04.78	46.40	400m:	5:16.44	35.39
4.	,	03				5:18.35 585 Q	1:10.95	1:23.38	1:31.07	1:12.95		
	50m:	33.04	33.04	150m:	1:53.46	42.51	250m:	3:20.33	46.00	350m:	4:43.02	37.62
	100m:	1:10.95	37.91	200m:	2:34.33	40.87	300m:	4:05.40	45.07	400m:	5:18.35	35.33
5.	,	05				5:18.44 585 Q	1:09.07	1:25.81	1:29.06	1:14.50		
	50m:	31.12	31.12	150m:	1:53.23	44.16	250m:	3:18.56	43.68	350m:	4:41.55	37.61
	100m:	1:09.07	37.95	200m:	2:34.88	41.65	300m:	4:03.94	45.38	400m:	5:18.44	36.89
6.	,	05				5:21.80 567 Q	1:11.96	1:21.13	1:36.01	1:12.70		
	50m:	32.57	32.57	150m:	1:53.51	41.55	250m:	3:20.57	47.48	350m:	4:45.80	36.70
	100m:	1:11.96	39.39	200m:	2:33.09	39.58	300m:	4:09.10	48.53	400m:	5:21.80	36.00
7.	,	03				5:22.29 564 Q	1:15.79	1:20.78	1:34.67	1:11.05		
	50m:	33.85	33.85	150m:	1:57.58	41.79	250m:	3:24.34	47.77	350m:	4:47.95	36.71
	100m:	1:15.79	41.94	200m:	2:36.57	38.99	300m:	4:11.24	46.90	400m:	5:22.29	34.34
8.	,	04				5:22.50 563 Q	1:13.42	1:21.41	1:33.67	1:14.00		
	50m:	33.55	33.55	150m:	1:54.05	40.63	250m:	3:20.88	46.05	350m:	4:45.24	36.74
	100m:	1:13.42	39.87	200m:	2:34.83	40.78	300m:	4:08.50	47.62	400m:	5:22.50	37.26
9.	,	00				5:22.62 562 R	1:12.65	1:20.25	1:36.12	1:13.60		
	50m:	33.94	33.94	150m:	1:52.88	40.23	250m:	3:21.09	48.19	350m:	4:46.89	37.87
	100m:	1:12.65	38.71	200m:	2:32.90	40.02	300m:	4:09.02	47.93	400m:	5:22.62	35.73
10.	,	03				5:23.74 556 R	1:11.21	1:26.09	1:33.33	1:13.11		
	50m:	32.82	32.82	150m:	1:55.33	44.12	250m:	3:23.84	46.54	350m:	4:47.84	37.21
	100m:	1:11.21	38.39	200m:	2:37.30	41.97	300m:	4:10.63	46.79	400m:	5:23.74	35.90
11.	,	06				5:24.07 555	1:12.26	1:25.97	1:30.60	1:15.24		
	50m:	32.66	32.66	150m:	1:56.22	43.96	250m:	3:22.82	44.59	350m:	4:47.32	38.49
	100m:	1:12.26	39.60	200m:	2:38.23	42.01	300m:	4:08.83	46.01	400m:	5:24.07	36.75
12.	,	05				5:25.45 548	1:09.02	1:28.64	1:33.96	1:13.83		
	50m:	31.75	31.75	150m:	1:53.53	44.51	250m:	3:25.36	47.70	350m:	4:49.35	37.73
	100m:	1:09.02	37.27	200m:	2:37.66	44.13	300m:	4:11.62	46.26	400m:	5:25.45	36.10
13.	,	05				5:25.47 548	1:11.06	1:25.21	1:34.61	1:14.59		
	50m:	32.68	32.68	150m:	1:53.98	42.92	250m:	3:23.21	46.94	350m:	4:48.18	37.30
	100m:	1:11.06	38.38	200m:	2:36.27	42.29	300m:	4:10.88	47.67	400m:	5:25.47	37.29
14.	,	04				5:28.67 532	1:12.27	1:24.82	1:34.92	1:16.66		
	50m:	32.99	32.99	150m:	1:55.05	42.78	250m:	3:23.98	46.89	350m:	4:50.08	38.07
	100m:	1:12.27	39.28	200m:	2:37.09	42.04	300m:	4:12.01	48.03	400m:	5:28.67	38.59
15.	,	05				5:32.03 516	1:16.48	1:23.02	1:36.94	1:15.59		
	50m:	33.59	33.59	150m:	1:57.54	41.06	250m:	3:27.38	47.88	350m:	4:54.04	37.60
	100m:	1:16.48	42.89	200m:	2:39.50	41.96	300m:	4:16.44	49.06	400m:	5:32.03	37.99
16.	,	03				5:36.07 497	1:17.48	1:27.19	1:37.76	1:13.64		
	50m:	34.30	34.30	150m:	2:01.67	44.19	250m:	3:32.77	48.10	350m:	5:03.13	40.70
	100m:	1:17.48	43.18	200m:	2:44.67	43.00	300m:	4:22.43	49.66	400m:	5:36.07	32.94
17.	,	05				5:36.61 495	1:18.25	1:26.13	1:33.43	1:18.80		
	50m:	35.62	35.62	150m:	2:01.98	43.73	250m:	3:30.40	46.02	350m:	4:58.76	40.95
	100m:	1:18.25	42.63	200m:	2:44.38	42.40	300m:	4:17.81	47.41	400m:	5:36.61	37.85
18.	,	04				5:39.52 482	1:21.97	1:27.02	1:33.18	1:17.35		
	50m:	37.20	37.20	150m:	2:05.93	43.96	250m:	3:35.17	46.18	350m:	5:01.97	39.80
	100m:	1:21.97	44.77	200m:	2:48.99	43.06	300m:	4:22.17	47.00	400m:	5:39.52	37.55

	12,	, 400m	,	,			100m	200m	300m	400m		
19.	,	06			5:40.43	478	1:14.33	1:29.79	1:37.10	1:19.21		
	50m:	33.67	33.67	150m:	1:58.96	44.63	250m:	3:31.62	47.50	350m:	5:01.59	40.37
	100m:	1:14.33	40.66	200m:	2:44.12	45.16	300m:	4:21.22	49.60	400m:	5:40.43	38.84
20.	,	07			5:57.37	414	1:23.71	1:26.86	1:41.42	1:25.38		
	50m:	38.38	38.38	150m:	2:07.26	43.55	250m:	3:40.06	49.49	350m:	5:14.90	42.91
	100m:	1:23.71	45.33	200m:	2:50.57	43.31	300m:	4:31.99	51.93	400m:	5:57.37	42.47
DSQ	,	03			5:19.46		1:09.71	1:22.32	1:35.31	1:12.12		
	50m:	31.93	31.93	150m:	1:51.44	41.73	250m:	3:19.62	47.59	350m:	4:43.53	36.19
	100m:	1:09.71	37.78	200m:	2:32.03	40.59	300m:	4:07.34	47.72	400m:	5:19.46	35.93