

39

, 400m

14.07.2018

Records of the Republic of Belarus 3:45.40

01.01.1998

KMC : 4:18.00 / MC : 4:04.00 / MCMK : 3:43.91

: FINA 2018

							R.T.					
1.			2000				+0,76	3:56.18				
	50m:	26.61	26.61	150m:	1:26.62	30.25	250m:	2:27.39	29.96	350m:	3:27.36	29.96
	100m:	56.37	29.76	200m:	1:57.43	30.81	300m:	2:57.40	30.01	400m:	3:56.18	28.82
2.			2001				+0,78	3:59.70				
	50m:	27.04	27.04	150m:	1:28.06	30.63	250m:	2:28.83	29.90	350m:	3:29.66	30.31
	100m:	57.43	30.39	200m:	1:58.93	30.87	300m:	2:59.35	30.52	400m:	3:59.70	30.04
3.			1996				+0,67	4:01.85				
	50m:	26.98	26.98	150m:	1:27.77	30.64	250m:	2:28.85	30.05	350m:	3:30.75	31.21
	100m:	57.13	30.15	200m:	1:58.80	31.03	300m:	2:59.54	30.69	400m:	4:01.85	31.10
4.			2000				+0,65	4:01.96				
	50m:	25.39	25.39	150m:	1:24.39	30.06	250m:	2:26.92	31.36	350m:	3:30.81	32.14
	100m:	54.33	28.94	200m:	1:55.56	31.17	300m:	2:58.67	31.75	400m:	4:01.96	31.15
5.			1995				+0,74	4:02.09				
	50m:	26.98	26.98	150m:	1:27.80	31.00	250m:	2:29.94	30.88	350m:	3:31.98	31.00
	100m:	56.80	29.82	200m:	1:59.06	31.26	300m:	3:00.98	31.04	400m:	4:02.09	30.11
6.			2001				+0,71	4:02.92				
	50m:	27.64	27.64	150m:	1:29.30	31.07	250m:	2:31.16	30.69	350m:	3:32.83	30.53
	100m:	58.23	30.59	200m:	2:00.47	31.17	300m:	3:02.30	31.14	400m:	4:02.92	30.09
7.			2000				+0,83	4:03.93				
	50m:	27.69	27.69	150m:	1:29.34	31.05	250m:	2:31.47	30.69	350m:	3:33.51	30.97
	100m:	58.29	30.60	200m:	2:00.78	31.44	300m:	3:02.54	31.07	400m:	4:03.93	30.42
8.			2001				+0,73	4:04.43				
	50m:	27.56	27.56	150m:	1:29.14	31.09	250m:	2:31.95	31.44	350m:	3:34.99	31.29
	100m:	58.05	30.49	200m:	2:00.51	31.37	300m:	3:03.70	31.75	400m:	4:04.43	29.44
9.			2001				+0,73	4:07.42				
	50m:	26.91	26.91	150m:	1:28.16	31.24	250m:	2:32.39	32.06	350m:	3:37.04	32.20
	100m:	56.92	30.01	200m:	2:00.33	32.17	300m:	3:04.84	32.45	400m:	4:07.42	30.38
10.			1998				+0,62	4:08.02				
	50m:	27.09	27.09	150m:	1:28.73	31.22	250m:	2:32.35	32.14	350m:	3:36.59	31.91
	100m:	57.51	30.42	200m:	2:00.21	31.48	300m:	3:04.68	32.33	400m:	4:08.02	31.43
11.			2001				+0,72	4:08.40				
	50m:	27.60	27.60	150m:	1:30.43	31.96	250m:	2:34.52	31.59	350m:	3:38.13	31.51
	100m:	58.47	30.87	200m:	2:02.93	32.50	300m:	3:06.62	32.10	400m:	4:08.40	30.27
12.			1999				+0,70	4:08.49				
	50m:	27.53	27.53	150m:	1:29.14	31.15	250m:	2:32.77	31.61	350m:	3:36.73	32.23
	100m:	57.99	30.46	200m:	2:01.16	32.02	300m:	3:04.50	31.73	400m:	4:08.49	31.76
13.			2001			-	+0,71	4:09.36				
	50m:	26.33	26.33	150m:	1:26.80	30.78	250m:	2:30.84	32.13	350m:	3:36.61	33.12
	100m:	56.02	29.69	200m:	1:58.71	31.91	300m:	3:03.49	32.65	400m:	4:09.36	32.75
14.			1999				+0,63	4:09.61				
	50m:	27.00	27.00	150m:	1:29.48	31.87	250m:	2:33.55	32.05	350m:	3:38.23	32.31
	100m:	57.61	30.61	200m:	2:01.50	32.02	300m:	3:05.92	32.37	400m:	4:09.61	31.38
15.			2000				+0,57	4:11.42				
	50m:	27.15	27.15	150m:	1:28.73	31.16	250m:	2:33.52	32.53	350m:	3:38.76	32.67
	100m:	57.57	30.42	200m:	2:00.99	32.26	300m:	3:06.09	32.57	400m:	4:11.42	32.66
16.			2003				+0,74	4:11.87				
	50m:	28.38	28.38	150m:	1:30.60	31.18	250m:	2:34.92	31.99	350m:	3:40.45	32.78
	100m:	59.42	31.04	200m:	2:02.93	32.33	300m:	3:07.67	32.75	400m:	4:11.87	31.42
17.			2002				+0,72	4:12.27				
	50m:	26.96	26.96	150m:	1:29.19	31.67	250m:	2:34.31	32.78	350m:	3:40.39	33.15
	100m:	57.52	30.56	200m:	2:01.53	32.34	300m:	3:07.24	32.93	400m:	4:12.27	31.88
18.			2002				+0,73	4:12.88				
	50m:	28.46	28.46	150m:	1:32.18	32.14	250m:	2:38.24	33.01	350m:	3:43.79	32.64
	100m:	1:00.04	31.58	200m:	2:05.23	33.05	300m:	3:11.15	32.91	400m:	4:12.88	29.09
19.			1998				+0,65	4:13.07				
	50m:	28.21	28.21	150m:	1:31.49	31.84	250m:	2:36.27	32.34	350m:	3:43.50	33.79
	100m:	59.65	31.44	200m:	2:03.93	32.44	300m:	3:09.71	33.44	400m:	4:13.07	29.57

	39,		, 400m									
			/						R.T.			
20.			2000						+0,68	4:14.47		
	50m:	28.46	28.46	150m:	1:32.23	32.28	250m:	2:37.06	32.55	350m:	3:42.52	32.95
	100m:	59.95	31.49	200m:	2:04.51	32.28	300m:	3:09.57	32.51	400m:	4:14.47	31.95
21.			2000						+0,76	4:14.75		
	50m:	28.43	28.43	150m:	1:33.12	32.91	250m:	2:38.54	32.10	350m:	3:43.51	32.61
	100m:	1:00.21	31.78	200m:	2:06.44	33.32	300m:	3:10.90	32.36	400m:	4:14.75	31.24
22.			1999						+0,74	4:14.86		
	50m:	28.64	28.64	150m:	1:32.20	32.16	250m:	2:38.35	32.89	350m:	3:44.20	32.97
	100m:	1:00.04	31.40	200m:	2:05.46	33.26	300m:	3:11.23	32.88	400m:	4:14.86	30.66
23.			2003						+0,71	4:16.97		
	50m:	28.13	28.13	150m:	1:31.31	31.92	250m:	2:36.88	33.01	350m:	3:43.89	33.45
	100m:	59.39	31.26	200m:	2:03.87	32.56	300m:	3:10.44	33.56	400m:	4:16.97	33.08
24.			2002						+0,79	4:19.07		
	50m:	29.16	29.16	150m:	1:34.85	33.13	250m:	2:41.14	33.29	350m:	3:47.89	33.15
	100m:	1:01.72	32.56	200m:	2:07.85	33.00	300m:	3:14.74	33.60	400m:	4:19.07	31.18
25.			2002						+0,69	4:19.20		
	50m:	29.37	29.37	150m:	1:34.10	32.66	250m:	2:40.26	33.00	350m:	3:46.38	32.91
	100m:	1:01.44	32.07	200m:	2:07.26	33.16	300m:	3:13.47	33.21	400m:	4:19.20	32.82
26.			2002						+0,85	4:19.65		
	50m:	29.45	29.45	150m:	1:35.63	33.44	250m:	2:41.19	32.57	350m:	3:48.11	33.60
	100m:	1:02.19	32.74	200m:	2:08.62	32.99	300m:	3:14.51	33.32	400m:	4:19.65	31.54
27.			2002						+0,77	4:20.48		
	50m:	29.10	29.10	150m:	1:33.93	32.98	250m:	2:41.20	33.88	350m:	3:48.48	33.41
	100m:	1:00.95	31.85	200m:	2:07.32	33.39	300m:	3:15.07	33.87	400m:	4:20.48	32.00
28.			2002						+0,69	4:20.69		
	50m:	28.90	28.90	150m:	1:34.74	33.43	250m:	2:42.33	34.03	350m:	3:49.11	33.06
	100m:	1:01.31	32.41	200m:	2:08.30	33.56	300m:	3:16.05	33.72	400m:	4:20.69	31.58
29.			2002						+0,68	4:26.69		
	50m:	29.32	29.32	150m:	1:36.32	33.97	250m:	2:45.01	34.37	350m:	3:53.44	33.97
	100m:	1:02.35	33.03	200m:	2:10.64	34.32	300m:	3:19.47	34.46	400m:	4:26.69	33.25
30.			2004						+0,57	4:28.25		
	50m:	29.79	29.79	150m:	1:37.32	34.51	250m:	2:46.66	34.72	350m:	3:56.47	34.88
	100m:	1:02.81	33.02	200m:	2:11.94	34.62	300m:	3:21.59	34.93	400m:	4:28.25	31.78
31.			2003						+0,68	4:32.40		
	50m:	30.87	30.87	150m:	1:40.85	35.22	250m:	2:51.14	34.74	350m:	4:00.04	34.18
	100m:	1:05.63	34.76	200m:	2:16.40	35.55	300m:	3:25.86	34.72	400m:	4:32.40	32.36