

, 11. - 13.11.2021

39

, 400m

13.11.2021

Records of the Republic of Belarus 3:45.40

01.01.1998

KMC : 4:16.50 / MC : 3:59.00 / MCMK : 3:41.95

: FINA 2021

							R.T.					
1.			2000				+0,72	3:48.71	799			
	50m:	25.75	25.75	150m:	1:23.52	29.16	250m:	2:21.86	29.17	350m:	3:20.45	29.20
	100m:	54.36	28.61	200m:	1:52.69	29.17	300m:	2:51.25	29.39	400m:	3:48.71	28.26
2.			2001				+0,68	3:56.20	725			
	50m:	26.65	26.65	150m:	1:25.09	29.11	250m:	2:25.24	30.06	350m:	3:26.14	30.56
	100m:	55.98	29.33	200m:	1:55.18	30.09	300m:	2:55.58	30.34	400m:	3:56.20	30.06
3.			2001				+0,69	3:58.40	705			
	50m:	27.15	27.15	150m:	1:27.21	30.45	250m:	2:27.88	30.17	350m:	3:28.47	30.19
	100m:	56.76	29.61	200m:	1:57.71	30.50	300m:	2:58.28	30.40	400m:	3:58.40	29.93
4.			2001				+0,69	3:59.07	699			
	50m:	26.67	26.67	150m:	1:26.36	30.07	250m:	2:27.60	30.51	350m:	3:28.80	30.59
	100m:	56.29	29.62	200m:	1:57.09	30.73	300m:	2:58.21	30.61	400m:	3:59.07	30.27
5.			2002				+0,70	3:59.68	694			
	50m:	27.45	27.45	150m:	1:28.95	31.08	250m:	2:30.74	30.75	350m:	3:30.84	29.77
	100m:	57.87	30.42	200m:	1:59.99	31.04	300m:	3:01.07	30.33	400m:	3:59.68	28.84
6.			2004				+0,76	3:59.92	692			
	50m:	26.39	26.39	150m:	1:25.31	29.98	250m:	2:27.44	31.18	350m:	3:29.74	31.02
	100m:	55.33	28.94	200m:	1:56.26	30.95	300m:	2:58.72	31.28	400m:	3:59.92	30.18
7.			2003				+0,68	4:00.31	689			
	50m:	26.19	26.19	150m:	1:25.56	30.09	250m:	2:27.26	30.95	350m:	3:29.86	31.31
	100m:	55.47	29.28	200m:	1:56.31	30.75	300m:	2:58.55	31.29	400m:	4:00.31	30.45
8. BALABEK, Galymzhan			1999				+0,79	4:00.46	687			
	50m:	27.64	27.64	150m:	1:27.82	30.36	250m:	2:30.30	31.46	350m:	3:31.56	29.82
	100m:	57.46	29.82	200m:	1:58.84	31.02	300m:	3:01.74	31.44	400m:	4:00.46	28.90
9.			2004				+0,61	4:00.88	684			
	50m:	27.78	27.78	150m:	1:27.93	29.74	250m:	2:29.01	30.78	350m:	3:31.19	31.23
	100m:	58.19	30.41	200m:	1:58.23	30.30	300m:	2:59.96	30.95	400m:	4:00.88	29.69
10.			2003				+0,66	4:01.72	677			
	50m:	27.65	27.65	150m:	1:29.06	30.64	250m:	2:30.77	30.71	350m:	3:32.24	30.36
	100m:	58.42	30.77	200m:	2:00.06	31.00	300m:	3:01.88	31.11	400m:	4:01.72	29.48
11.			2004				+0,65	4:01.87	675			
	50m:	26.30	26.30	150m:	1:25.91	30.45	250m:	2:27.98	31.32	350m:	3:30.95	31.37
	100m:	55.46	29.16	200m:	1:56.66	30.75	300m:	2:59.58	31.60	400m:	4:01.87	30.92
12.			2004				+0,67	4:02.39	671			
	50m:	27.21	27.21	150m:	1:27.64	30.73	250m:	2:29.60	30.93	350m:	3:32.39	31.25
	100m:	56.91	29.70	200m:	1:58.67	31.03	300m:	3:01.14	31.54	400m:	4:02.39	30.00
13.			2000				+0,70	4:02.67	669			
	50m:	26.44	26.44	150m:	1:26.94	30.74	250m:	2:29.81	31.49	350m:	3:31.64	30.11
	100m:	56.20	29.76	200m:	1:58.32	31.38	300m:	3:01.53	31.72	400m:	4:02.67	31.03
14.			2004				+0,62	4:03.13	665			
	50m:	27.40	27.40	150m:	1:28.04	30.54	250m:	2:29.72	30.98	350m:	3:32.31	31.34
	100m:	57.50	30.10	200m:	1:58.74	30.70	300m:	3:00.97	31.25	400m:	4:03.13	30.82
15.			2005				+0,78	4:04.46	654			
	50m:	27.92	27.92	150m:	1:29.13	30.48	250m:	2:31.49	31.41	350m:	3:34.27	31.48
	100m:	58.65	30.73	200m:	2:00.08	30.95	300m:	3:02.79	31.30	400m:	4:04.46	30.19
16.			2004				+0,67	4:04.50	654			
	50m:	27.05	27.05	150m:	1:26.80	30.27	250m:	2:29.75	31.65	350m:	3:33.54	31.75
	100m:	56.53	29.48	200m:	1:58.10	31.30	300m:	3:01.79	32.04	400m:	4:04.50	30.96
17.			2005				+0,63	4:08.17	625			
	50m:	28.21	28.21	150m:	1:30.64	31.21	250m:	2:34.09	31.87	350m:	3:37.66	31.85
	100m:	59.43	31.22	200m:	2:02.22	31.58	300m:	3:05.81	31.72	400m:	4:08.17	30.51
18.			2002				+0,77	4:08.37	624			
	50m:	27.71	27.71	150m:	1:29.61	31.07	250m:	2:33.14	31.80	350m:	3:36.60	31.59
	100m:	58.54	30.83	200m:	2:01.34	31.73	300m:	3:05.01	31.87	400m:	4:08.37	31.77
19.			2005				+0,65	4:09.39	616			
	50m:	29.71	29.71	150m:	1:33.60	31.59	250m:	2:36.70	31.31	350m:	3:39.96	31.43
	100m:	1:02.01	32.30	200m:	2:05.39	31.79	300m:	3:08.53	31.83	400m:	4:09.39	29.43

39,		, 400m									
		/						R.T.			
20.				2000				+0,70	4:09.42	616	
	50m:	27.93	27.93	150m:	1:29.22	31.60	250m:	2:34.30	32.84	350m:	3:38.73
	100m:	57.62	29.69	200m:	2:01.46	32.24	300m:	3:06.45	32.15	400m:	4:09.42
21.				2006				+0,68	4:09.46	615	
	50m:	27.51	27.51	150m:	1:28.56	30.72	250m:	2:32.13	32.04	350m:	3:37.49
	100m:	57.84	30.33	200m:	2:00.09	31.53	300m:	3:04.70	32.57	400m:	4:09.46
22.				2004				+0,66	4:09.74	613	
	50m:	28.07	28.07	150m:	1:31.06	31.95	250m:	2:35.21	31.65	350m:	3:40.19
	100m:	59.11	31.04	200m:	2:03.56	32.50	300m:	3:07.86	32.65	400m:	4:09.74
23.				2007				+0,53	4:12.18	596	
	50m:	28.74	28.74	150m:	1:33.48	32.64	250m:	2:38.28	32.18	350m:	3:41.97
	100m:	1:00.84	32.10	200m:	2:06.10	32.62	300m:	3:10.40	32.12	400m:	4:12.18
24.				2005				+0,74	4:12.34	595	
	50m:	29.34	29.34	150m:	1:33.27	32.18	250m:	2:37.73	32.28	350m:	3:42.28
	100m:	1:01.09	31.75	200m:	2:05.45	32.18	300m:	3:10.20	32.47	400m:	4:12.34
25.				2004				+0,72	4:12.37	594	
	50m:	28.00	28.00	150m:	1:29.97	31.57	250m:	2:34.97	32.17	350m:	3:41.29
	100m:	58.40	30.40	200m:	2:02.80	32.83	300m:	3:08.35	33.38	400m:	4:12.37
26.				2002				+0,66	4:12.85	591	
	50m:	28.05	28.05	150m:	1:31.27	32.03	250m:	2:36.77	32.81	350m:	3:41.97
	100m:	59.24	31.19	200m:	2:03.96	32.69	300m:	3:09.39	32.62	400m:	4:12.85
27.				2006				+0,70	4:13.48	587	
	50m:	27.95	27.95	150m:	1:31.43	32.16	250m:	2:36.82	32.71	350m:	3:42.35
	100m:	59.27	31.32	200m:	2:04.11	32.68	300m:	3:09.60	32.78	400m:	4:13.48
28.				2004				+0,64	4:13.82	584	
	50m:	28.89	28.89	150m:	1:31.91	31.97	250m:	2:36.22	32.07	350m:	3:42.58
	100m:	59.94	31.05	200m:	2:04.15	32.24	300m:	3:09.14	32.92	400m:	4:13.82
29.				2003				+0,78	4:14.04	583	
	50m:	28.49	28.49	150m:	1:31.26	31.74	250m:	2:36.56	32.77	350m:	3:42.41
	100m:	59.52	31.03	200m:	2:03.79	32.53	300m:	3:09.78	33.22	400m:	4:14.04
30.				2004				+0,70	4:14.07	583	
	50m:	28.88	28.88	150m:	1:33.19	32.38	250m:	2:37.99	32.06	350m:	3:43.08
	100m:	1:00.81	31.93	200m:	2:05.93	32.74	300m:	3:11.09	33.10	400m:	4:14.07
31.				2005				+0,76	4:14.40	580	
	50m:	29.34	29.34	150m:	1:33.63	32.23	250m:	2:38.49	32.28	350m:	3:43.40
	100m:	1:01.40	32.06	200m:	2:06.21	32.58	300m:	3:10.83	32.34	400m:	4:14.40
32.				2006				+0,61	4:15.19	575	
	50m:	27.78	27.78	150m:	1:30.68	32.00	250m:	2:37.49	33.76	350m:	3:44.35
	100m:	58.68	30.90	200m:	2:03.73	33.05	300m:	3:11.43	33.94	400m:	4:15.19
33.				2005				+0,68	4:15.92	570	
	50m:	28.08	28.08	150m:	1:31.70	32.24	250m:	2:37.55	32.94	350m:	3:44.12
	100m:	59.46	31.38	200m:	2:04.61	32.91	300m:	3:10.84	33.29	400m:	4:15.92
34.				2005				+0,66	4:16.79	564	
	50m:	27.81	27.81	150m:	1:31.28	32.04	250m:	2:37.61	33.39	350m:	3:45.05
	100m:	59.24	31.43	200m:	2:04.22	32.94	300m:	3:11.67	34.06	400m:	4:16.79
35.				2005				+0,69	4:18.64	552	
	50m:	29.51	29.51	150m:	1:33.93	32.28	250m:	2:40.06	32.91	350m:	3:46.42
	100m:	1:01.65	32.14	200m:	2:07.15	33.22	300m:	3:13.19	33.13	400m:	4:18.64
36.				2005				+0,60	4:19.08	549	
	50m:	29.31	29.31	150m:	1:33.39	32.39	250m:	2:40.03	33.51	350m:	3:47.26
	100m:	1:01.00	31.69	200m:	2:06.52	33.13	300m:	3:13.47	33.44	400m:	4:19.08
37.				2006				+0,62	4:20.19	542	
	50m:	28.26	28.26	150m:	1:34.15	33.64	250m:	2:40.54	32.96	350m:	3:47.84
	100m:	1:00.51	32.25	200m:	2:07.58	33.43	300m:	3:14.26	33.72	400m:	4:20.19
38.				2005				+0,64	4:22.96	525	
	50m:	28.86	28.86	150m:	1:32.58	32.48	250m:	2:39.93	33.92	350m:	3:48.95
	100m:	1:00.10	31.24	200m:	2:06.01	33.43	300m:	3:14.34	34.41	400m:	4:22.96
39.				2004				+0,69	4:26.08	507	
	50m:	29.31	29.31	150m:	1:34.55	32.95	250m:	2:42.41	33.96	350m:	3:51.77
	100m:	1:01.60	32.29	200m:	2:08.45	33.90	300m:	3:16.68	34.27	400m:	4:26.08

	39,		, 400m									
	,		/					R.T.				
40.	,		2007					+0,81	4:26.84		503	
	50m:	28.68	28.68	150m:	1:35.02	33.81	250m:	2:43.94	34.63	350m:	3:53.28	34.64
	100m:	1:01.21	32.53	200m:	2:09.31	34.29	300m:	3:18.64	34.70	400m:	4:26.84	33.56
41.	,		2004					+0,77	4:39.17		439	
	50m:	29.09	29.09	150m:	1:36.25	34.92	250m:	2:48.94	36.97	350m:	4:02.72	36.64
	100m:	1:01.33	32.24	200m:	2:11.97	35.72	300m:	3:26.08	37.14	400m:	4:39.17	36.45