

, 11. - 13.11.2021

38

, 400m

13.11.2021

Records of the Republic of Belarus 4:06.13

01.01.1999

KMC : 4:40.50 / MC : 4:23.00 / MCMK : 4:03.96

: FINA 2021

							R.T.					
1.				2003			+0,72	4:12.86	791			
	50m:	28.90	28.90	150m:	1:31.78	31.69	250m:	2:36.29	32.55	350m:	3:41.39	32.40
	100m:	1:00.09	31.19	200m:	2:03.74	31.96	300m:	3:08.99	32.70	400m:	4:12.86	31.47
2.				2004			+0,73	4:15.01	771			
	50m:	29.74	29.74	150m:	1:33.92	32.41	250m:	2:38.39	31.93	350m:	3:42.52	32.36
	100m:	1:01.51	31.77	200m:	2:06.46	32.54	300m:	3:10.16	31.77	400m:	4:15.01	32.49
3.				2005			+0,67	4:20.77	721			
	50m:	29.28	29.28	150m:	1:34.03	32.89	250m:	2:40.65	33.40	350m:	3:48.19	33.90
	100m:	1:01.14	31.86	200m:	2:07.25	33.22	300m:	3:14.29	33.64	400m:	4:20.77	32.58
4.				2004			+0,72	4:26.79	674			
	50m:	30.06	30.06	150m:	1:36.29	33.52	250m:	2:43.89	33.89	350m:	3:52.95	34.45
	100m:	1:02.77	32.71	200m:	2:10.00	33.71	300m:	3:18.50	34.61	400m:	4:26.79	33.84
5.				2003			+0,72	4:32.35	633			
	50m:	30.99	30.99	150m:	1:38.84	34.34	250m:	2:48.19	34.79	350m:	3:57.89	34.84
	100m:	1:04.50	33.51	200m:	2:13.40	34.56	300m:	3:23.05	34.86	400m:	4:32.35	34.46
6.				2004			+0,74	4:33.86	623			
	50m:	30.92	30.92	150m:	1:40.16	34.94	250m:	2:50.92	35.48	350m:	4:01.17	34.74
	100m:	1:05.22	34.30	200m:	2:15.44	35.28	300m:	3:26.43	35.51	400m:	4:33.86	32.69
7.				2005			+0,54	4:34.09	621			
	50m:	30.45	30.45	150m:	1:39.21	34.98	250m:	2:49.72	35.52	350m:	4:00.50	35.16
	100m:	1:04.23	33.78	200m:	2:14.20	34.99	300m:	3:25.34	35.62	400m:	4:34.09	33.59
8.				2006			+0,67	4:36.02	608			
	50m:	32.14	32.14	150m:	1:41.77	35.24	250m:	2:52.17	35.20	350m:	4:02.14	34.90
	100m:	1:06.53	34.39	200m:	2:16.97	35.20	300m:	3:27.24	35.07	400m:	4:36.02	33.88
EXH				2007								
EXH				2002								