

, 11. - 13.11.2021

38

, 400m

13.11.2021

Records of the Republic of Belarus 4:06.13

01.01.1999

KMC : 4:40.50 / MC : 4:23.00 / MCMK : 4:03.96

: FINA 2021

							R.T.				
1.			2004				+0,73	4:17.98	745		
	50m:	30.28	30.28	150m:	1:35.92	33.09	2:41.27	32.32	350m:	3:46.58	32.64
	100m:	1:02.83	32.55	200m:	2:08.95	33.03	3:13.94	32.67	400m:	4:17.98	31.40
2.			2005				+0,64	4:28.13	663		
	50m:	30.57	30.57	150m:	1:39.02	34.57	2:46.39	33.57	350m:	3:54.21	33.96
	100m:	1:04.45	33.88	200m:	2:12.82	33.80	3:20.25	33.86	400m:	4:28.13	33.92
3.			2003				+0,70	4:28.41	661		
	50m:	30.90	30.90	150m:	1:38.57	34.14	2:46.34	33.79	350m:	3:54.83	34.54
	100m:	1:04.43	33.53	200m:	2:12.55	33.98	3:20.29	33.95	400m:	4:28.41	33.58
4.			2003				+0,69	4:34.75	617		
	50m:	31.70	31.70	150m:	1:39.99	34.48	2:49.99	35.06	350m:	4:00.25	34.93
	100m:	1:05.51	33.81	200m:	2:14.93	34.94	3:25.32	35.33	400m:	4:34.75	34.50
5.			2003				+0,75	4:35.69	610		
	50m:	31.03	31.03	150m:	1:41.04	35.62	2:51.89	35.22	350m:	4:01.57	34.91
	100m:	1:05.42	34.39	200m:	2:16.67	35.63	3:26.66	34.77	400m:	4:35.69	34.12
6.			2004				+0,75	4:36.22	607		
	50m:	30.98	30.98	150m:	1:40.78	35.32	2:51.93	35.59	350m:	4:03.42	35.71
	100m:	1:05.46	34.48	200m:	2:16.34	35.56	3:27.71	35.78	400m:	4:36.22	32.80
7.			2004				+0,71	4:36.52	605		
	50m:	30.85	30.85	150m:	1:40.84	35.58	2:52.38	35.88	350m:	4:03.26	35.31
	100m:	1:05.26	34.41	200m:	2:16.50	35.66	3:27.95	35.57	400m:	4:36.52	33.26
8.			2006				+0,79	4:37.33	600		
	50m:	32.20	32.20	150m:	1:41.20	34.86	2:52.16	35.50	350m:	4:03.15	35.49
	100m:	1:06.34	34.14	200m:	2:16.66	35.46	3:27.66	35.50	400m:	4:37.33	34.18
9.			2005				+0,64	4:38.02	595		
	50m:	31.35	31.35	150m:	1:40.75	35.08	2:52.29	35.73	350m:	4:03.69	35.63
	100m:	1:05.67	34.32	200m:	2:16.56	35.81	3:28.06	35.77	400m:	4:38.02	34.33
10.			2007				+0,59	4:39.37	587		
	50m:	31.04	31.04	150m:	1:40.26	35.08	2:52.40	36.47	350m:	4:04.55	35.82
	100m:	1:05.18	34.14	200m:	2:15.93	35.67	3:28.73	36.33	400m:	4:39.37	34.82
11.			2002				+0,61	4:40.05	582		
	50m:	31.66	31.66	150m:	1:42.00	35.53	2:53.72	36.01	350m:	4:05.74	35.95
	100m:	1:06.47	34.81	200m:	2:17.71	35.71	3:29.79	36.07	400m:	4:40.05	34.31
12.			2005				+0,70	4:41.46	574		
	50m:	31.31	31.31	150m:	1:41.30	35.38	2:53.92	36.41	350m:	4:05.82	35.89
	100m:	1:05.92	34.61	200m:	2:17.51	36.21	3:29.93	36.01	400m:	4:41.46	35.64
13.			2005				+0,72	4:41.54	573		
	50m:	31.55	31.55	150m:	1:41.80	35.47	2:54.39	36.30	350m:	4:07.41	36.37
	100m:	1:06.33	34.78	200m:	2:18.09	36.29	3:31.04	36.65	400m:	4:41.54	34.13
14.			2008				+0,72	4:45.50	550		
	50m:	32.43	32.43	150m:	1:43.19	35.69	2:56.58	36.89	350m:	4:10.27	36.89
	100m:	1:07.50	35.07	200m:	2:19.69	36.50	3:33.38	36.80	400m:	4:45.50	35.23
15.			2007				+0,65	4:47.29	539		
	50m:	31.26	31.26	150m:	1:43.26	36.81	2:58.00	37.86	350m:	4:12.61	37.06
	100m:	1:06.45	35.19	200m:	2:20.14	36.88	3:35.55	37.55	400m:	4:47.29	34.68
16.			2007				+0,61	4:48.44	533		
	50m:	32.21	32.21	150m:	1:45.77	37.46	2:59.98	37.07	350m:	4:13.50	36.75
	100m:	1:08.31	36.10	200m:	2:22.91	37.14	3:36.75	36.77	400m:	4:48.44	34.94
17.			2007				+0,62	4:49.07	529		
	50m:	32.36	32.36	150m:	1:44.71	36.42	2:58.42	36.75	350m:	4:13.06	37.65
	100m:	1:08.29	35.93	200m:	2:21.67	36.96	3:35.41	36.99	400m:	4:49.07	36.01
18.			2008				+0,78	4:50.48	522		
	50m:	32.73	32.73	150m:	1:46.92	37.60	3:00.91	36.40	350m:	4:14.62	36.87
	100m:	1:09.32	36.59	200m:	2:24.51	37.59	3:37.75	36.84	400m:	4:50.48	35.86
19.			2006				+0,75	4:50.55	521		
	50m:	31.95	31.95	150m:	1:44.01	36.46	2:58.75	37.36	350m:	4:14.53	37.40
	100m:	1:07.55	35.60	200m:	2:21.39	37.38	3:37.13	38.38	400m:	4:50.55	36.02

	38,		, 400m									
			/					R.T.				
20.			2007					+0,85	4:52.88		509	
	50m:	32.66	32.66	150m:	1:46.65	37.43	250m:	3:01.92	37.43	350m:	4:17.65	37.82
	100m:	1:09.22	36.56	200m:	2:24.49	37.84	300m:	3:39.83	37.91	400m:	4:52.88	35.23
21.			2006					+0,91	4:53.39		506	
	50m:	32.61	32.61	150m:	1:45.92	37.22	250m:	3:01.38	37.57	350m:	4:16.15	37.35
	100m:	1:08.70	36.09	200m:	2:23.81	37.89	300m:	3:38.80	37.42	400m:	4:53.39	37.24
22.			2004					+0,56	4:55.29		497	
	50m:	32.70	32.70	150m:	1:46.19	37.43	250m:	3:01.58	37.64	350m:	4:17.42	38.04
	100m:	1:08.76	36.06	200m:	2:23.94	37.75	300m:	3:39.38	37.80	400m:	4:55.29	37.87
23.			2007					+0,68	5:03.79		456	
	50m:	34.78	34.78	150m:	1:51.12	39.00	250m:			350m:	4:26.42	
	100m:	1:12.12	37.34	200m:			300m:			400m:	5:03.79	37.37