

, 11. - 13.11.2021

24

, 400m

12.11.2021

Records of the Republic of Belarus 4:43.60

01.01.2002

KMC : 5:25.00 / MC : 5:01.00 / MCMK : 4:35.69

: FINA 2021

							R.T.					
1.			2003				+0,62	4:52.98	690			
	50m:	31.04	31.04	150m:	1:43.06	36.80	250m:	3:01.74	41.73	350m:	4:18.32	33.68
	100m:	1:06.26	35.22	200m:	2:20.01	36.95	300m:	3:44.64	42.90	400m:	4:52.98	34.66
2.			2006				+0,78	4:54.46	680			
	50m:	30.31	30.31	150m:	1:44.10	38.35	250m:	3:03.31	42.13	350m:	4:20.74	34.67
	100m:	1:05.75	35.44	200m:	2:21.18	37.08	300m:	3:46.07	42.76	400m:	4:54.46	33.72
3.			2004				+0,67	4:57.49	659			
	50m:	30.13	30.13	150m:	1:43.02	37.33	250m:	3:03.26	42.35	350m:	4:23.93	36.00
	100m:	1:05.69	35.56	200m:	2:20.91	37.89	300m:	3:47.93	44.67	400m:	4:57.49	33.56
4.			2006				+0,77	4:58.73	651			
	50m:	30.85	30.85	150m:	1:45.10	38.88	250m:	3:04.00	41.74	350m:	4:23.90	36.69
	100m:	1:06.22	35.37	200m:	2:22.26	37.16	300m:	3:47.21	43.21	400m:	4:58.73	34.83
5.			2007				+0,69	5:03.64	620			
	50m:	30.63	30.63	150m:	1:45.97	38.98	250m:	3:08.49	43.85	350m:	4:29.25	35.99
	100m:	1:06.99	36.36	200m:	2:24.64	38.67	300m:	3:53.26	44.77	400m:	5:03.64	34.39
6.			2003				+0,72	5:04.59	614			
	50m:	33.44	33.44	150m:	1:51.15	39.56	250m:	3:12.70	42.08	350m:	4:30.69	34.88
	100m:	1:11.59	38.15	200m:	2:30.62	39.47	300m:	3:55.81	43.11	400m:	5:04.59	33.90
7.			2005				+0,67	5:05.60	608			
	50m:	30.08	30.08	150m:	1:47.34	40.14	250m:	3:10.63	43.66	350m:	4:31.30	35.59
	100m:	1:07.20	37.12	200m:	2:26.97	39.63	300m:	3:55.71	45.08	400m:	5:05.60	34.30
8.			2003				+0,75	5:10.96	577			
	50m:	32.73	32.73	150m:	1:52.33	40.53	250m:	3:15.49	43.82	350m:	4:36.29	36.67
	100m:	1:11.80	39.07	200m:	2:31.67	39.34	300m:	3:59.62	44.13	400m:	5:10.96	34.67
EXH			2000									
EXH			1999									