

28 , 400m  
 11.02.2022

JR 4:29.25 , 01.01.2013

KMC : 4:55.00 / MC : 4:37.00

: FINA 2021

|     |       |         |       |       |         |                    | 100m    | 200m    | 300m    | 400m    |         |       |
|-----|-------|---------|-------|-------|---------|--------------------|---------|---------|---------|---------|---------|-------|
| 1.  | ,     | 04      |       |       |         | <b>4:36.41</b> 686 | 1:00.51 | 1:10.42 | 1:22.08 | 1:03.40 |         |       |
|     | 50m:  | 29.22   | 29.22 | 150m: | 1:36.37 | 35.86              | 250m:   | 2:52.15 | 41.22   | 350m:   | 4:05.35 | 32.34 |
|     | 100m: | 1:00.51 | 31.29 | 200m: | 2:10.93 | 34.56              | 300m:   | 3:33.01 | 40.86   | 400m:   | 4:36.41 | 31.06 |
| 2.  | ,     | 05      |       |       |         | <b>4:37.25</b> 680 | 1:03.69 | 1:12.22 | 1:21.11 | 1:00.23 |         |       |
|     | 50m:  | 29.37   | 29.37 | 150m: | 1:40.41 | 36.72              | 250m:   | 2:55.96 | 40.05   | 350m:   | 4:08.19 | 31.17 |
|     | 100m: | 1:03.69 | 34.32 | 200m: | 2:15.91 | 35.50              | 300m:   | 3:37.02 | 41.06   | 400m:   | 4:37.25 | 29.06 |
| 3.  | ,     | 04      |       |       |         | <b>4:38.83</b> 668 | 1:02.65 | 1:13.81 | 1:20.83 | 1:01.54 |         |       |
|     | 50m:  | 28.94   | 28.94 | 150m: | 1:40.03 | 37.38              | 250m:   | 2:56.67 | 40.21   | 350m:   | 4:08.43 | 31.14 |
|     | 100m: | 1:02.65 | 33.71 | 200m: | 2:16.46 | 36.43              | 300m:   | 3:37.29 | 40.62   | 400m:   | 4:38.83 | 30.40 |
| 4.  | ,     | 05      |       |       |         | <b>4:42.70</b> 641 | 1:05.20 | 1:13.04 | 1:21.10 | 1:03.36 |         |       |
|     | 50m:  | 29.46   | 29.46 | 150m: | 1:41.98 | 36.78              | 250m:   | 2:58.35 | 40.11   | 350m:   | 4:11.08 | 31.74 |
|     | 100m: | 1:05.20 | 35.74 | 200m: | 2:18.24 | 36.26              | 300m:   | 3:39.34 | 40.99   | 400m:   | 4:42.70 | 31.62 |
| 5.  | ,     | 05      |       |       |         | <b>4:45.52</b> 622 | 1:03.19 | 1:12.69 | 1:23.40 | 1:06.24 |         |       |
|     | 50m:  | 28.27   | 28.27 | 150m: | 1:39.90 | 36.71              | 250m:   | 2:57.43 | 41.55   | 350m:   | 4:12.50 | 33.22 |
|     | 100m: | 1:03.19 | 34.92 | 200m: | 2:15.88 | 35.98              | 300m:   | 3:39.28 | 41.85   | 400m:   | 4:45.52 | 33.02 |
| 6.  | ,     | 05      |       |       |         | <b>4:50.31</b> 592 | 1:05.15 | 1:13.19 | 1:24.14 | 1:07.83 |         |       |
|     | 50m:  | 29.92   | 29.92 | 150m: | 1:41.93 | 36.78              | 250m:   | 3:00.08 | 41.74   | 350m:   | 4:17.22 | 34.74 |
|     | 100m: | 1:05.15 | 35.23 | 200m: | 2:18.34 | 36.41              | 300m:   | 3:42.48 | 42.40   | 400m:   | 4:50.31 | 33.09 |
| 7.  | ,     | 04      |       |       |         | <b>4:50.86</b> 589 | 1:06.60 | 1:13.75 | 1:22.49 | 1:08.02 |         |       |
|     | 50m:  | 30.62   | 30.62 | 150m: | 1:43.51 | 36.91              | 250m:   | 3:01.49 | 41.14   | 350m:   | 4:16.56 | 33.72 |
|     | 100m: | 1:06.60 | 35.98 | 200m: | 2:20.35 | 36.84              | 300m:   | 3:42.84 | 41.35   | 400m:   | 4:50.86 | 34.30 |
| 8.  | ,     | 07      |       |       |         | <b>4:54.95</b> 565 | 1:06.43 | 1:17.28 | 1:25.16 | 1:06.08 |         |       |
|     | 50m:  | 30.34   | 30.34 | 150m: | 1:46.00 | 39.57              | 250m:   | 3:05.76 | 42.05   | 350m:   | 4:22.23 | 33.36 |
|     | 100m: | 1:06.43 | 36.09 | 200m: | 2:23.71 | 37.71              | 300m:   | 3:48.87 | 43.11   | 400m:   | 4:54.95 | 32.72 |
| EXH | ,     | 05      |       |       |         |                    |         |         |         |         |         |       |
| EXH | ,     | 05      |       |       |         |                    |         |         |         |         |         |       |