

, 7. - 10.12.2022

3  
07.12.2022 - 10:15

, 400m

4:18.94	BELMONTE GARCIA, Mireia	ESP	Eindhoven (NED)	12.08.2017
4:18.94	BELMONTE GARCIA, Mireia	ESP	Eindhoven (NED)	12.08.2017
4:43.60	SHCHERBA-LORGERIL, Hanna	BLR	(FRA)	01.01.2002

KMC : 5:25.00 / MC : 5:01.00 / MCMK : 4:33.51

: FINA 2022

	/		R.T.								
1.	2003						<b>+0,66</b>	<b>4:59.64</b>	<b>645</b>		
	50m: 31.93	31.93	150m: 1:45.76	37.40	250m: 3:05.86	42.80	350m: 4:24.85	35.73			
	100m: 1:08.36	36.43	200m: 2:23.06	37.30	300m: 3:49.12	43.26	400m: 4:59.64	34.79			
2.	2007						<b>+0,71</b>	<b>5:01.44</b>	<b>633</b>		
	50m: 31.36	31.36	150m: 1:47.52	39.28	250m: 3:09.20	43.04	350m: 4:27.77	35.72			
	100m: 1:08.24	36.88	200m: 2:26.16	38.64	300m: 3:52.05	42.85	400m: 5:01.44	33.67			
3.	2004						<b>+0,71</b>	<b>5:03.92</b>	<b>618</b>		
	50m: 30.59	30.59	150m: 1:46.93	39.25	250m: 3:08.54	42.40	350m: 4:28.93	35.68			
	100m: 1:07.68	37.09	200m: 2:26.14	39.21	300m: 3:53.25	44.71	400m: 5:03.92	34.99			
4.	2003						<b>+0,81</b>	<b>5:04.17</b>	<b>616</b>		
	50m: 32.73	32.73	150m: 1:48.20	38.53	250m: 3:09.58	43.63	350m: 4:29.34	35.31			
	100m: 1:09.67	36.94	200m: 2:25.95	37.75	300m: 3:54.03	44.45	400m: 5:04.17	34.83			
5.	2005						<b>+0,73</b>	<b>5:11.11</b>	<b>576</b>		
	50m: 32.60	32.60	150m: 1:51.17	41.21	250m: 3:14.40	42.58	350m: 4:36.14	36.77			
	100m: 1:09.96	37.36	200m: 2:31.82	40.65	300m: 3:59.37	44.97	400m: 5:11.11	34.97			
6.	2000						<b>+0,77</b>	<b>5:13.34</b>	<b>564</b>		
	50m: 32.36	32.36	150m: 1:48.56	38.49	250m: 3:11.90	44.51	350m: 4:35.96	38.28			
	100m: 1:10.07	37.71	200m: 2:27.39	38.83	300m: 3:57.68	45.78	400m: 5:13.34	37.38			
7.	2008						<b>+0,78</b>	<b>5:13.35</b>	<b>564</b>		
	50m: 33.22	33.22	150m: 1:50.41	40.33	250m: 3:15.10	45.59	350m: 4:37.99	36.04			
	100m: 1:10.08	36.86	200m: 2:29.51	39.10	300m: 4:01.95	46.85	400m: 5:13.35	35.36			
8.	2003						<b>+0,71</b>	<b>5:14.96</b>	<b>555</b>		
	50m: 32.78	32.78	150m: 1:52.53	41.26	250m: 3:17.22	44.26	350m: 4:38.85	37.19			
	100m: 1:11.27	38.49	200m: 2:32.96	40.43	300m: 4:01.66	44.44	400m: 5:14.96	36.11			
9.	2004						<b>+0,75</b>	<b>5:17.52</b>	<b>542</b>		
	50m: 32.42	32.42	150m: 1:51.08	40.24	250m: 3:17.30	47.37	350m: 4:41.85	36.64			
	100m: 1:10.84	38.42	200m: 2:29.93	38.85	300m: 4:05.21	47.91	400m: 5:17.52	35.67			
10.	2002						<b>+0,78</b>	<b>5:18.91</b>	<b>535</b>		
	50m: 33.24	33.24	150m: 1:52.45	41.33	250m: 3:20.16	47.69	350m: 4:43.90	36.45			
	100m: 1:11.12	37.88	200m: 2:32.47	40.02	300m: 4:07.45	47.29	400m: 5:18.91	35.01			
11.	2007						<b>+0,71</b>	<b>5:20.70</b>	<b>526</b>		
	50m: 32.78	32.78	150m: 1:52.46	41.56	250m: 3:20.32	46.36	350m: 4:44.62	37.47			
	100m: 1:10.90	38.12	200m: 2:33.96	41.50	300m: 4:07.15	46.83	400m: 5:20.70	36.08			
12.	2007						<b>+0,82</b>	<b>5:22.40</b>	<b>518</b>		
	50m: 33.65	33.65	150m: 1:57.07	42.75	250m: 3:22.80	43.02	350m: 4:45.31	37.89			
	100m: 1:14.32	40.67	200m: 2:39.78	42.71	300m: 4:07.42	44.62	400m: 5:22.40	37.09			

СПОНСОРЫ И ПАРТНЕРЫ





, 7. - 10.12.2022

3,		, 400m										
		/				R.T.						
13.			2008			+0,84	<b>5:22.64</b>		516			
	50m:	32.56	32.56	150m:	1:52.78	42.37	250m:	3:21.01	47.33	350m:	4:46.33	37.77
	100m:	1:10.41	37.85	200m:	2:33.68	40.90	300m:	4:08.56	47.55	400m:	5:22.64	36.31
14.			2008			+0,76	<b>5:23.37</b>		513			
	50m:	33.17	33.17	150m:	1:55.80	41.90	250m:	3:22.30	46.77	350m:	4:48.30	38.36
	100m:	1:13.90	40.73	200m:	2:35.53	39.73	300m:	4:09.94	47.64	400m:	5:23.37	35.07
			2007			+0,75	<b>5:23.37</b>		513			
	50m:	34.39	34.39	150m:	2:36.71	1:21.54	250m:	3:23.67		350m:		
	100m:	1:15.17	40.78	200m:			300m:	4:11.27	47.60	400m:	5:23.37	
16.			2009			+0,75	<b>5:29.93</b>		483			
	50m:	35.48	35.48	150m:	1:57.59	41.19	250m:	3:26.14	48.37	350m:	4:53.38	37.26
	100m:	1:16.40	40.92	200m:	2:37.77	40.18	300m:	4:16.12	49.98	400m:	5:29.93	36.55

СПОНСОРЫ И ПАРТНЕРЫ

