

, 5. - 9.4.2022

7
05.04.2022

, 400m

4:49.16 , BLR 01.01.1978
KMC : 5:30.50 / MC : 5:11.50 / MCMK : 4:39.35

: FINA 2021

							100m	200m	300m	400m		
1.		04				5:02.82 680	1:08.76	1:17.36	1:27.33	1:09.37		
	50m:	31.79	31.79	150m:	1:47.68	38.92	250m:	3:09.45	43.33	350m:	4:28.37	34.92
	100m:	1:08.76	36.97	200m:	2:26.12	38.44	300m:	3:53.45	44.00	400m:	5:02.82	34.45
2.		03				5:08.20 645	1:10.11	1:20.39	1:28.93	1:08.77		
	50m:	32.60	32.60	150m:	1:49.81	39.70	250m:	3:13.51	43.01	350m:	4:33.37	33.94
	100m:	1:10.11	37.51	200m:	2:30.50	40.69	300m:	3:59.43	45.92	400m:	5:08.20	34.83
3.		07				5:11.11 627	1:06.31	1:21.24	1:29.82	1:13.74		
	50m:	30.38	30.38	150m:	1:47.10	40.79	250m:	3:12.06	44.51	350m:	4:34.81	37.44
	100m:	1:06.31	35.93	200m:	2:27.55	40.45	300m:	3:57.37	45.31	400m:	5:11.11	36.30
4.		05				5:14.57 607	1:08.18	1:20.28	1:32.80	1:13.31		
	50m:	31.01	31.01	150m:	1:49.11	40.93	250m:	3:14.72	46.26	350m:	4:38.87	37.61
	100m:	1:08.18	37.17	200m:	2:28.46	39.35	300m:	4:01.26	46.54	400m:	5:14.57	35.70
5.		03				5:17.95 587	1:12.60	1:21.61	1:31.86	1:11.88		
	50m:	33.60	33.60	150m:	1:53.73	41.13	250m:	3:20.24	46.03	350m:	4:42.55	36.48
	100m:	1:12.60	39.00	200m:	2:34.21	40.48	300m:	4:06.07	45.83	400m:	5:17.95	35.40
6.		04				5:21.82 566	1:12.85	1:21.93	1:36.98	1:10.06		
	50m:	32.81	32.81	150m:	1:53.83	40.98	250m:	3:21.81	47.03	350m:	4:48.17	36.41
	100m:	1:12.85	40.04	200m:	2:34.78	40.95	300m:	4:11.76	49.95	400m:	5:21.82	33.65
7.		06				5:21.89 566	1:10.95	1:24.25	1:33.70	1:12.99		
	50m:	32.00	32.00	150m:	1:54.47	43.52	250m:	3:22.27	47.07	350m:	4:46.53	37.63
	100m:	1:10.95	38.95	200m:	2:35.20	40.73	300m:	4:08.90	46.63	400m:	5:21.89	35.36
8.		06				5:22.84 561	1:10.26	1:23.11	1:32.05	1:17.42		
	50m:	31.51	31.51	150m:	1:52.87	42.61	250m:	3:18.82	45.45	350m:	4:44.39	38.97
	100m:	1:10.26	38.75	200m:	2:33.37	40.50	300m:	4:05.42	46.60	400m:	5:22.84	38.45
EXH		00										
EXH		04										