

, 5. - 9.4.2022

7  
05.04.2022

, 400m

4:49.16 , BLR 01.01.1978  
KMC : 5:30.50 / MC : 5:11.50 / MCMK : 4:39.35

: FINA 2021

							100m	200m	300m	400m		
1.		07				<b>5:10.62</b> 630 Q	1:08.19	1:20.04	1:28.97	1:13.42		
	50m:	31.02	31.02	150m:	1:48.51	40.32	250m:	3:12.32	44.09	350m:	4:34.14	36.94
	100m:	1:08.19	37.17	200m:	2:28.23	39.72	300m:	3:57.20	44.88	400m:	5:10.62	36.48
2.		04				<b>5:14.72</b> 606 Q	1:12.33	1:20.60	1:29.10	1:12.69		
	50m:	32.51	32.51	150m:	1:53.00	40.67	250m:	3:16.81	43.88	350m:	4:38.81	36.78
	100m:	1:12.33	39.82	200m:	2:32.93	39.93	300m:	4:02.03	45.22	400m:	5:14.72	35.91
3.		03				<b>5:15.18</b> 603 Q	1:10.65	1:21.08	1:31.79	1:11.66		
	50m:	33.01	33.01	150m:	1:50.80	40.15	250m:	3:16.88	45.15	350m:	4:39.38	35.86
	100m:	1:10.65	37.64	200m:	2:31.73	40.93	300m:	4:03.52	46.64	400m:	5:15.18	35.80
4.		05				<b>5:19.00</b> 582 Q	1:08.87	1:22.01	1:35.04	1:13.08		
	50m:	30.82	30.82	150m:	1:50.48	41.61	250m:	3:17.78	46.90	350m:	4:42.61	36.69
	100m:	1:08.87	38.05	200m:	2:30.88	40.40	300m:	4:05.92	48.14	400m:	5:19.00	36.39
5.		06				<b>5:21.59</b> 568 Q	1:10.66	1:23.20	1:34.48	1:13.25		
	50m:	31.44	31.44	150m:	1:52.72	42.06	250m:	3:20.26	46.40	350m:	4:44.97	36.63
	100m:	1:10.66	39.22	200m:	2:33.86	41.14	300m:	4:08.34	48.08	400m:	5:21.59	36.62
6.		03				<b>5:21.80</b> 567 Q	1:12.92	1:21.61	1:33.52	1:13.75		
	50m:	33.25	33.25	150m:	1:54.16	41.24	250m:	3:21.20	46.67	350m:	4:45.38	37.33
	100m:	1:12.92	39.67	200m:	2:34.53	40.37	300m:	4:08.05	46.85	400m:	5:21.80	36.42
7.		04				<b>5:24.22</b> 554 Q	1:11.99	1:21.82	1:38.17	1:12.24		
	50m:	32.87	32.87	150m:	1:53.34	41.35	250m:	3:22.00	48.19	350m:	4:49.04	37.06
	100m:	1:11.99	39.12	200m:	2:33.81	40.47	300m:	4:11.98	49.98	400m:	5:24.22	35.18
8.		06				<b>5:24.53</b> 552 Q	1:10.29	1:25.00	1:31.69	1:17.55		
	50m:	31.46	31.46	150m:	1:53.29	43.00	250m:	3:19.86	44.57	350m:	4:46.81	39.83
	100m:	1:10.29	38.83	200m:	2:35.29	42.00	300m:	4:06.98	47.12	400m:	5:24.53	37.72
9.		00				<b>5:25.91</b> 545 Q	1:11.56	1:20.83	1:36.67	1:16.85		
	50m:	32.86	32.86	150m:	1:52.61	41.05	250m:	3:19.72	47.33	350m:	4:47.77	38.71
	100m:	1:11.56	38.70	200m:	2:32.39	39.78	300m:	4:09.06	49.34	400m:	5:25.91	38.14
10.		04				<b>5:26.19</b> 544 Q	1:18.88	1:23.63	1:30.11	1:13.57		
	50m:	35.10	35.10	150m:	2:01.32	42.44	250m:	3:27.68	45.17	350m:	4:50.09	37.47
	100m:	1:18.88	43.78	200m:	2:42.51	41.19	300m:	4:12.62	44.94	400m:	5:26.19	36.10
11.		06				<b>5:27.52</b> 537 R	1:18.76	1:26.04	1:26.62	1:16.10		
	50m:	35.11	35.11	150m:	2:02.65	43.89	250m:	3:27.82	43.02	350m:	4:49.75	38.33
	100m:	1:18.76	43.65	200m:	2:44.80	42.15	300m:	4:11.42	43.60	400m:	5:27.52	37.77
12.		07				<b>5:28.31</b> 534 R	1:10.74	1:24.44	1:39.61	1:13.52		
	50m:	32.89	32.89	150m:	1:53.06	42.32	250m:	3:25.22	50.04	350m:	4:52.53	37.74
	100m:	1:10.74	37.85	200m:	2:35.18	42.12	300m:	4:14.79	49.57	400m:	5:28.31	35.78
13.		05				<b>5:38.72</b> 486	1:16.21	1:24.59	1:42.30	1:15.62		
	50m:	34.45	34.45	150m:	1:58.36	42.15	250m:	3:32.75	51.95	350m:	5:01.43	38.33
	100m:	1:16.21	41.76	200m:	2:40.80	42.44	300m:	4:23.10	50.35	400m:	5:38.72	37.29
14.		05				<b>5:39.60</b> 482	1:18.83	1:26.35	1:35.00	1:19.42		
	50m:	35.88	35.88	150m:	2:02.73	43.90	250m:	3:31.95	46.77	350m:	5:01.00	40.82
	100m:	1:18.83	42.95	200m:	2:45.18	42.45	300m:	4:20.18	48.23	400m:	5:39.60	38.60