

, 5. - 9.4.2022

05.04.2022

4

, 400m

3:52.78

BLR

01.01.2013

KMC : 4:22.50 / MC : 4:05.00 / MCMK : 3:47.00

: FINA 2021

							100m	200m	300m	400m
1.	,	00				<b>3:55.34</b> 817	56.24	59.95	1:00.10	59.05
	50m:	26.92	26.92	150m:	1:26.08	29.84	29.89	350m:	3:26.20	29.91
	100m:	56.24	29.32	200m:	1:56.19	30.11	30.21	400m:	3:55.34	29.14
2.	,	03				<b>3:58.73</b> 783	56.90	59.98	1:00.33	1:01.52
	50m:	27.23	27.23	150m:	1:26.81	29.91	30.03	350m:	3:28.26	31.05
	100m:	56.90	29.67	200m:	1:56.88	30.07	30.30	400m:	3:58.73	30.47
3.	,	03				<b>4:05.70</b> 718	58.67	1:03.02	1:03.22	1:00.79
	50m:	27.78	27.78	150m:	1:30.03	31.36	31.37	350m:	3:35.88	30.97
	100m:	58.67	30.89	200m:	2:01.69	31.66	31.85	400m:	4:05.70	29.82
4.	,	02				<b>4:05.72</b> 718	58.67	1:01.95	1:03.32	1:01.78
	50m:	27.57	27.57	150m:	1:29.63	30.96	31.33	350m:	3:36.20	32.26
	100m:	58.67	31.10	200m:	2:00.62	30.99	31.99	400m:	4:05.72	29.52
5.	,	04				<b>4:07.77</b> 700	58.27	1:02.29	1:03.76	1:03.45
	50m:	27.78	27.78	150m:	1:29.04	30.77	31.68	350m:	3:36.30	31.98
	100m:	58.27	30.49	200m:	2:00.56	31.52	32.08	400m:	4:07.77	31.47
6.	,	04				<b>4:08.03</b> 698	58.15	1:02.76	1:03.89	1:03.23
	50m:	28.11	28.11	150m:	1:29.48	31.33	31.56	350m:	3:37.20	32.40
	100m:	58.15	30.04	200m:	2:00.91	31.43	32.33	400m:	4:08.03	30.83
7.	,	05				<b>4:09.64</b> 685	58.44	1:02.59	1:04.48	1:04.13
	50m:	27.91	27.91	150m:	1:29.34	30.90	32.19	350m:	3:38.27	32.76
	100m:	58.44	30.53	200m:	2:01.03	31.69	32.29	400m:	4:09.64	31.37
8.	,	01				<b>4:13.73</b> 652	59.54	1:04.08	1:05.62	1:04.49
	50m:	27.98	27.98	150m:	1:31.45	31.91	32.15	350m:	3:40.80	31.56
	100m:	59.54	31.56	200m:	2:03.62	32.17	33.47	400m:	4:13.73	32.93
EXH	,	00								
EXH	,	04								