

, 5. - 9.4.2022

39
09.04.2022

, 400m

4:21.35 , BLR 01.01.2012
KMC : 4:55.00 / MC : 4:37.00 / MCMK : 4:13.91

: FINA 2021

							100m	200m	300m	400m		
1.	,	00				4:28.49 749	1:00.13	1:10.55	1:18.26	59.55		
	50m:	27.72	27.72	150m:	1:36.07	35.94	250m:	2:49.26	38.58	350m:	3:58.82	29.88
	100m:	1:00.13	32.41	200m:	2:10.68	34.61	300m:	3:28.94	39.68	400m:	4:28.49	29.67
2.	,	03				4:34.60 700	1:02.08	1:09.52	1:19.91	1:03.09		
	50m:	28.45	28.45	150m:	1:37.28	35.20	250m:	2:51.27	39.67	350m:	4:03.79	32.28
	100m:	1:02.08	33.63	200m:	2:11.60	34.32	300m:	3:31.51	40.24	400m:	4:34.60	30.81
3.	,	03				4:34.78 698	1:00.80	1:10.24	1:20.81	1:02.93		
	50m:	28.51	28.51	150m:	1:36.38	35.58	250m:	2:51.01	39.97	350m:	4:03.71	31.86
	100m:	1:00.80	32.29	200m:	2:11.04	34.66	300m:	3:31.85	40.84	400m:	4:34.78	31.07
4.	,	03				4:36.27 687	1:01.22	1:14.35	1:18.63	1:02.07		
	50m:	28.33	28.33	150m:	1:38.44	37.22	250m:	2:54.47	38.90	350m:	4:05.71	31.51
	100m:	1:01.22	32.89	200m:	2:15.57	37.13	300m:	3:34.20	39.73	400m:	4:36.27	30.56
5.	,	04				4:36.46 686	1:00.15	1:10.98	1:21.66	1:03.67		
	50m:	28.44	28.44	150m:	1:35.93	35.78	250m:	2:52.22	41.09	350m:	4:05.16	32.37
	100m:	1:00.15	31.71	200m:	2:11.13	35.20	300m:	3:32.79	40.57	400m:	4:36.46	31.30
6.	,	05				4:37.81 676	1:03.96	1:12.12	1:21.88	59.85		
	50m:	29.13	29.13	150m:	1:40.62	36.66	250m:	2:56.56	40.48	350m:	4:08.89	30.93
	100m:	1:03.96	34.83	200m:	2:16.08	35.46	300m:	3:37.96	41.40	400m:	4:37.81	28.92
7.	,	05				4:37.83 676	1:03.26	1:11.33	1:22.28	1:00.96		
	50m:	28.32	28.32	150m:	1:39.35	36.09	250m:	2:55.39	40.80	350m:	4:08.02	31.15
	100m:	1:03.26	34.94	200m:	2:14.59	35.24	300m:	3:36.87	41.48	400m:	4:37.83	29.81
8.	,	04				4:42.48 643	1:03.05	1:13.56	1:22.36	1:03.51		
	50m:	28.87	28.87	150m:	1:40.71	37.66	250m:	2:58.01	41.40	350m:	4:11.09	32.12
	100m:	1:03.05	34.18	200m:	2:16.61	35.90	300m:	3:38.97	40.96	400m:	4:42.48	31.39
EXH	,	01										
EXH	,	07										