

3
04.04.2018

, 400m

1 : 5:52.00 / KMC : 5:32.00 / MC : 5:12.00 / MCMK : 4:40.39

: FINA 2014

							100m	200m	300m	400m		
1.	,	03				5:08.97 655 Q	1:07.32	1:19.30	1:28.68	1:13.67		
	50m:	29.95	29.95	150m:	1:47.91	40.59	250m:	3:10.41	43.79	350m:	4:32.39	37.09
	100m:	1:07.32	37.37	200m:	2:26.62	38.71	300m:	3:55.30	44.89	400m:	5:08.97	36.58
2.	,	02	.			5:16.71 608 Q	1:12.24	1:21.84	1:30.03	1:12.60		
	50m:	33.32	33.32	150m:	1:53.67	41.43	250m:	3:19.39	45.31	350m:	4:40.60	36.49
	100m:	1:12.24	38.92	200m:	2:34.08	40.41	300m:	4:04.11	44.72	400m:	5:16.71	36.11
3.	,	03				5:17.74 602 Q	1:06.07	1:23.41	1:34.51	1:13.75		
	50m:	30.99	30.99	150m:	1:47.75	41.68	250m:	3:16.58	47.10	350m:	4:41.04	37.05
	100m:	1:06.07	35.08	200m:	2:29.48	41.73	300m:	4:03.99	47.41	400m:	5:17.74	36.70
4.	,	01				5:18.65 597 Q	1:11.80	1:18.49	1:34.23	1:14.13		
	50m:	32.36	32.36	150m:	1:51.43	39.63	250m:	3:17.14	46.85	350m:	4:42.10	37.58
	100m:	1:11.80	39.44	200m:	2:30.29	38.86	300m:	4:04.52	47.38	400m:	5:18.65	36.55
5.	,	02	.			5:19.24 594 Q	1:12.08	1:18.75	1:33.95	1:14.46		
	50m:	33.09	33.09	150m:	1:51.93	39.85	250m:	3:17.61	46.78	350m:	4:42.26	37.48
	100m:	1:12.08	38.99	200m:	2:30.83	38.90	300m:	4:04.78	47.17	400m:	5:19.24	36.98
6.	,	02	.			5:23.54 571 Q	1:08.86	1:24.10	1:38.33	1:12.25		
	50m:	31.16	31.16	150m:	1:51.32	42.46	250m:	3:21.84	48.88	350m:	4:48.09	36.80
	100m:	1:08.86	37.70	200m:	2:32.96	41.64	300m:	4:11.29	49.45	400m:	5:23.54	35.45
7.	,	04	.			5:27.18 552 Q	1:14.77	1:26.20	1:33.65	1:12.56		
	50m:	34.14	34.14	150m:	1:58.56	43.79	250m:	3:28.29	47.32	350m:	4:52.06	37.44
	100m:	1:14.77	40.63	200m:	2:40.97	42.41	300m:	4:14.62	46.33	400m:	5:27.18	35.12
8.	,	01				5:27.54 550 Q	1:16.82	1:25.17	1:30.61	1:14.94		
	50m:	34.62	34.62	150m:	1:59.10	42.28	250m:	3:26.90	44.91	350m:	4:50.21	37.61
	100m:	1:16.82	42.20	200m:	2:41.99	42.89	300m:	4:12.60	45.70	400m:	5:27.54	37.33
9.	,	03				5:30.96 533 R	1:15.28	1:29.51	1:33.16	1:13.01		
	50m:	34.72	34.72	150m:	2:00.11	44.83	250m:	3:30.98	46.19	350m:	4:54.48	36.53
	100m:	1:15.28	40.56	200m:	2:44.79	44.68	300m:	4:17.95	46.97	400m:	5:30.96	36.48
10.	,	03				5:31.19 532 R	1:15.65	1:24.80	1:34.77	1:15.97		
	50m:	35.04	35.04	150m:	1:58.47	42.82	250m:	3:27.68	47.23	350m:	4:54.22	39.00
	100m:	1:15.65	40.61	200m:	2:40.45	41.98	300m:	4:15.22	47.54	400m:	5:31.19	36.97
11.	,	02				5:36.82 506 1	1:13.19	1:30.01	1:33.01	1:20.61		
	50m:	33.90	33.90	150m:	1:58.82	45.63	250m:	3:29.18	45.98	350m:	4:57.30	41.09
	100m:	1:13.19	39.29	200m:	2:43.20	44.38	300m:	4:16.21	47.03	400m:	5:36.82	39.52
12.	,	03				5:41.36 486 1	1:23.92	1:23.24	1:36.43	1:17.77		
	50m:	37.80	37.80	150m:	2:05.29	41.37	250m:	3:34.69	47.53	350m:	5:02.97	39.38
	100m:	1:23.92	46.12	200m:	2:47.16	41.87	300m:	4:23.59	48.90	400m:	5:41.36	38.39
13.	,	04				5:44.91 471 1	1:24.97	1:29.89	1:30.38	1:19.67		
	50m:	37.75	37.75	150m:	2:09.90	44.93	250m:	3:38.65	43.79	350m:	5:06.49	41.25
	100m:	1:24.97	47.22	200m:	2:54.86	44.96	300m:	4:25.24	46.59	400m:	5:44.91	38.42
14.	,	02				5:49.25 454 1	1:20.51	1:30.46	1:39.58	1:18.70		
	50m:	37.38	37.38	150m:	2:06.36	45.85	250m:	3:40.07	49.10	350m:	5:10.32	39.77
	100m:	1:20.51	43.13	200m:	2:50.97	44.61	300m:	4:30.55	50.48	400m:	5:49.25	38.93