

28
06.04.2018

, 400m

1 : 5:14.00 / KMC : 4:56.00 / MC : 4:39.00 / MCMK : 4:17.03

: FINA 2018

							100m	200m	300m	400m		
1.		00				4:44.21 631 Q	1:04.87	1:12.49	1:24.68	1:02.17		
	50m:	29.97	29.97	150m:	1:41.44	36.57	250m:	2:59.60	42.24	350m:	4:14.35	32.31
	100m:	1:04.87	34.90	200m:	2:17.36	35.92	300m:	3:42.04	42.44	400m:	4:44.21	29.86
2.		01				4:44.67 628 Q	1:03.45	1:14.19	1:24.76	1:02.27		
	50m:	29.50	29.50	150m:	1:41.32	37.87	250m:	2:59.77	42.13	350m:	4:13.81	31.41
	100m:	1:03.45	33.95	200m:	2:17.64	36.32	300m:	3:42.40	42.63	400m:	4:44.67	30.86
3.		03				4:49.21 599 Q	1:03.39	1:14.06	1:25.89	1:05.87		
	50m:	29.77	29.77	150m:	1:41.28	37.89	250m:	3:00.06	42.61	350m:	4:16.85	33.51
	100m:	1:03.39	33.62	200m:	2:17.45	36.17	300m:	3:43.34	43.28	400m:	4:49.21	32.36
4.		01				4:50.75 589 Q	1:04.67	1:15.40	1:23.08	1:07.60		
	50m:	29.57	29.57	150m:	1:42.89	38.22	250m:	3:01.41	41.34	350m:	4:17.32	34.17
	100m:	1:04.67	35.10	200m:	2:20.07	37.18	300m:	3:43.15	41.74	400m:	4:50.75	33.43
5.		00				4:52.05 582 Q	1:07.19	1:15.45	1:22.93	1:06.48		
	50m:	30.65	30.65	150m:	1:45.64	38.45	250m:	3:03.88	41.24	350m:	4:18.93	33.36
	100m:	1:07.19	36.54	200m:	2:22.64	37.00	300m:	3:45.57	41.69	400m:	4:52.05	33.12
6.		02				4:52.23 580 Q	1:06.81	1:15.16	1:23.93	1:06.33		
	50m:	31.04	31.04	150m:	1:45.10	38.29	250m:	3:04.07	42.10	350m:	4:19.94	34.04
	100m:	1:06.81	35.77	200m:	2:21.97	36.87	300m:	3:45.90	41.83	400m:	4:52.23	32.29
7.		01				4:52.72 578 Q	1:03.53	1:14.55	1:27.07	1:07.57		
	50m:	29.29	29.29	150m:	1:41.62	38.09	250m:	3:00.72	42.64	350m:	4:19.87	34.72
	100m:	1:03.53	34.24	200m:	2:18.08	36.46	300m:	3:45.15	44.43	400m:	4:52.72	32.85
8.		00				4:55.25 563 Q	1:07.89	1:14.97	1:27.14	1:05.25		
	50m:	32.02	32.02	150m:	1:46.03	38.14	250m:	3:06.11	43.25	350m:	4:22.59	32.59
	100m:	1:07.89	35.87	200m:	2:22.86	36.83	300m:	3:50.00	43.89	400m:	4:55.25	32.66
9.		02				4:56.19 557 R 1	1:02.08	1:19.26	1:28.39	1:06.46		
	50m:	28.97	28.97	150m:	1:42.14	40.06	250m:	3:05.65	44.31	350m:	4:23.59	33.86
	100m:	1:02.08	33.11	200m:	2:21.34	39.20	300m:	3:49.73	44.08	400m:	4:56.19	32.60
10.		03				4:56.56 555 R 1	1:05.42	1:19.27	1:24.23	1:07.64		
	50m:	29.33	29.33	150m:	1:45.69	40.27	250m:	3:06.47	41.78	350m:	4:23.18	34.26
	100m:	1:05.42	36.09	200m:	2:24.69	39.00	300m:	3:48.92	42.45	400m:	4:56.56	33.38
11.		00				4:57.24 552 1	1:09.13	1:21.12	1:20.20	1:06.79		
	50m:	32.04	32.04	150m:	1:50.38	41.25	250m:	3:09.86	39.61	350m:	4:24.74	34.29
	100m:	1:09.13	37.09	200m:	2:30.25	39.87	300m:	3:50.45	40.59	400m:	4:57.24	32.50
12.		02				5:02.42 524 1	1:03.07	1:19.36	1:29.47	1:10.52		
	50m:	29.55	29.55	150m:	1:43.02	39.95	250m:	3:06.08	43.65	350m:	4:27.34	35.44
	100m:	1:03.07	33.52	200m:	2:22.43	39.41	300m:	3:51.90	45.82	400m:	5:02.42	35.08
13.		01				5:03.35 519 1	1:05.96	1:19.87	1:28.50	1:09.02		
	50m:	30.28	30.28	150m:	1:46.23	40.27	250m:	3:09.76	43.93	350m:	4:29.97	35.64
	100m:	1:05.96	35.68	200m:	2:25.83	39.60	300m:	3:54.33	44.57	400m:	5:03.35	33.38
14.		02				5:05.79 507 1	1:09.23	1:19.29	1:28.23	1:09.04		
	50m:	31.11	31.11	150m:	1:49.16	39.93	250m:	3:12.73	44.21	350m:	4:33.28	36.53
	100m:	1:09.23	38.12	200m:	2:28.52	39.36	300m:	3:56.75	44.02	400m:	5:05.79	32.51
15.		01				5:05.81 506 1	1:04.35	1:20.30	1:31.61	1:09.55		
	50m:	29.29	29.29	150m:	1:43.72	39.37	250m:	3:09.18	44.53	350m:	4:31.89	35.63
	100m:	1:04.35	35.06	200m:	2:24.65	40.93	300m:	3:56.26	47.08	400m:	5:05.81	33.92
16.		02				5:06.80 502 1	1:07.12	1:18.16	1:30.82	1:10.70		
	50m:	31.20	31.20	150m:	1:46.81	39.69	250m:	3:10.62	45.34	350m:	4:32.23	36.13
	100m:	1:07.12	35.92	200m:	2:25.28	38.47	300m:	3:56.10	45.48	400m:	5:06.80	34.57
17.		04				5:12.40 475 1	1:11.54	1:18.02	1:33.15	1:09.69		
	50m:	31.92	31.92	150m:	1:50.63	39.09	250m:	3:15.69	46.13	350m:	4:38.07	35.36
	100m:	1:11.54	39.62	200m:	2:29.56	38.93	300m:	4:02.71	47.02	400m:	5:12.40	34.33
DSQ		01				5:03.39 1	1:09.68	1:18.34	1:28.56	1:06.81		
	50m:	31.34	31.34	150m:	1:49.29	39.61	250m:	3:11.73	43.71	350m:	4:30.23	33.65
	100m:	1:09.68	38.34	200m:	2:28.02	38.73	300m:	3:56.58	44.85	400m:	5:03.39	33.16
EXH		99				4:42.52 642	1:05.96	1:13.45	1:18.06	1:05.05		
	50m:	29.64	29.64	150m:	1:43.39	37.43	250m:	2:58.50	39.09	350m:	4:10.83	33.36
	100m:	1:05.96	36.32	200m:	2:19.41	36.02	300m:	3:37.47	38.97	400m:	4:42.52	31.69