

, 3. - 6.7.2019

28
05.07.2019

, 400m

4:09.70 , BLR 01.01.1984
KMC : 4:44.50 / MC : 4:30.50 / MCMK : 4:08.82

: FINA 2019

							100m	200m	300m	400m		
1.	,	03				4:29.89 672	1:05.00	1:08.89	1:08.98	1:07.02		
	50m:	31.45	31.45	150m:	1:39.47	34.47	250m:	2:48.52	34.63	350m:	3:57.14	34.27
	100m:	1:05.00	33.55	200m:	2:13.89	34.42	300m:	3:22.87	34.35	400m:	4:29.89	32.75
2.	,	03				4:29.96 672	1:06.34	1:10.25	1:07.10	1:06.27		
	50m:	31.85	31.85	150m:	1:41.35	35.01	250m:	2:50.32	33.73	350m:	3:57.19	33.50
	100m:	1:06.34	34.49	200m:	2:16.59	35.24	300m:	3:23.69	33.37	400m:	4:29.96	32.77
3.	,	02				4:33.94 643	1:06.40	1:09.97	1:09.45	1:08.12		
	50m:	32.08	32.08	150m:	1:41.36	34.96	250m:	2:51.34	34.97	350m:	3:59.86	34.04
	100m:	1:06.40	34.32	200m:	2:16.37	35.01	300m:	3:25.82	34.48	400m:	4:33.94	34.08
4.	,	02				4:34.33 640	1:04.69	1:08.78	1:09.29	1:11.57		
	50m:	30.85	30.85	150m:	1:39.29	34.60	250m:	2:47.92	34.45	350m:	3:58.16	35.40
	100m:	1:04.69	33.84	200m:	2:13.47	34.18	300m:	3:22.76	34.84	400m:	4:34.33	36.17
5.	,	98				4:38.32 613	1:06.55	1:09.71	1:10.47	1:11.59		
	50m:	31.96	31.96	150m:	1:41.29	34.74	250m:	2:51.38	35.12	350m:	4:02.51	35.78
	100m:	1:06.55	34.59	200m:	2:16.26	34.97	300m:	3:26.73	35.35	400m:	4:38.32	35.81
6.	,	03				4:38.85 609	1:06.32	1:10.88	1:10.90	1:10.75		
	50m:	30.98	30.98	150m:	1:41.58	35.26	250m:	2:52.34	35.14	350m:	4:03.63	35.53
	100m:	1:06.32	35.34	200m:	2:17.20	35.62	300m:	3:28.10	35.76	400m:	4:38.85	35.22
7.	,	03				4:40.78 597	1:05.91	1:11.08	1:12.17	1:11.62		
	50m:	31.42	31.42	150m:	1:41.21	35.30	250m:	2:52.75	35.76	350m:	4:05.92	36.76
	100m:	1:05.91	34.49	200m:	2:16.99	35.78	300m:	3:29.16	36.41	400m:	4:40.78	34.86
8.	,	00				4:41.01 595	1:05.95	1:10.92	1:12.02	1:12.12		
	50m:	31.40	31.40	150m:	1:41.17	35.22	250m:	2:52.89	36.02	350m:	4:05.46	36.57
	100m:	1:05.95	34.55	200m:	2:16.87	35.70	300m:	3:28.89	36.00	400m:	4:41.01	35.55