

, 3. - 6.7.2019

16
04.07.2019

, 400m

3:52.78 , BLR 01.01.2013
KMC : 4:22.50 / MC : 4:08.50 / MCMK : 3:48.55

: FINA 2019

							100m	200m	300m	400m		
1.	,	00				3:56.85	802	55.52	1:00.14	1:00.57	1:00.62	
	50m:	26.30	26.30	150m:	1:25.71	30.19	250m:	2:26.11	30.45	350m:	3:26.66	30.43
	100m:	55.52	29.22	200m:	1:55.66	29.95	300m:	2:56.23	30.12	400m:	3:56.85	30.19
2.	,	00				3:57.72	793	55.24	1:01.10	1:01.57	59.81	
	50m:	26.21	26.21	150m:	1:25.80	30.56	250m:	2:27.08	30.74	350m:	3:28.84	30.93
	100m:	55.24	29.03	200m:	1:56.34	30.54	300m:	2:57.91	30.83	400m:	3:57.72	28.88
3.	,	01				4:05.29	722	58.49	1:02.81	1:03.06	1:00.93	
	50m:	28.00	28.00	150m:	1:30.05	31.56	250m:	2:32.75	31.45	350m:	3:35.40	31.04
	100m:	58.49	30.49	200m:	2:01.30	31.25	300m:	3:04.36	31.61	400m:	4:05.29	29.89
4.	,	01				4:09.50	686	58.93	1:03.63	1:03.31	1:03.63	
	50m:	28.09	28.09	150m:	1:30.72	31.79	250m:	2:33.90	31.34	350m:	3:37.90	32.03
	100m:	58.93	30.84	200m:	2:02.56	31.84	300m:	3:05.87	31.97	400m:	4:09.50	31.60
5.	,	01				4:10.15	680	59.15	1:03.82	1:03.95	1:03.23	
	50m:	28.17	28.17	150m:	1:31.03	31.88	250m:	2:34.73	31.76	350m:	3:39.41	32.49
	100m:	59.15	30.98	200m:	2:02.97	31.94	300m:	3:06.92	32.19	400m:	4:10.15	30.74
6.	,	03				4:10.90	674	59.93	1:04.70	1:03.25	1:03.02	
	50m:	28.36	28.36	150m:	1:32.27	32.34	250m:	2:35.93	31.30	350m:	3:40.14	32.26
	100m:	59.93	31.57	200m:	2:04.63	32.36	300m:	3:07.88	31.95	400m:	4:10.90	30.76
7.	,	00				4:15.76	637	59.41	1:05.46	1:07.17	1:03.72	
	50m:	27.79	27.79	150m:	1:31.86	32.45	250m:	2:38.23	33.36	350m:	3:45.36	33.32
	100m:	59.41	31.62	200m:	2:04.87	33.01	300m:	3:12.04	33.81	400m:	4:15.76	30.40
8.	,	00				4:16.04	634	58.55	1:06.34	1:07.64	1:03.51	
	50m:	27.72	27.72	150m:	1:31.13	32.58	250m:	2:39.05	34.16	350m:	3:45.41	32.88
	100m:	58.55	30.83	200m:	2:04.89	33.76	300m:	3:12.53	33.48	400m:	4:16.04	30.63