

, 3. - 6.2.2021

04.02.2021 15

, 400m

4:09.70 , BLR 01.01.1984
4:24.49 , BLR 01.01.2019

KMC : 4:44.50 / MC : 4:29.00

: FINA 2020

								100m	200m	300m	400m	
1.	,	05				4:24.68	713	1:03.88	1:06.55	1:07.98	1:06.27	
	50m:	30.87	30.87	150m:	1:36.96	33.08	250m:	2:44.11	33.68	350m:	3:52.28	33.87
	100m:	1:03.88	33.01	200m:	2:10.43	33.47	300m:	3:18.41	34.30	400m:	4:24.68	32.40
2.	,	05				4:33.78	644	1:04.57	1:10.87	1:09.88	1:08.46	
	50m:	30.87	30.87	150m:	1:40.05	35.48	250m:	2:50.56	35.12	350m:	3:59.96	34.64
	100m:	1:04.57	33.70	200m:	2:15.44	35.39	300m:	3:25.32	34.76	400m:	4:33.78	33.82
3.	,	04				4:34.50	639	1:05.00	1:10.75	1:10.68	1:08.07	
	50m:	30.91	30.91	150m:	1:40.09	35.09	250m:	2:51.07	35.32	350m:	4:01.17	34.74
	100m:	1:05.00	34.09	200m:	2:15.75	35.66	300m:	3:26.43	35.36	400m:	4:34.50	33.33
4.	,	04				4:39.35	606	1:05.50	1:10.98	1:10.69	1:12.18	
	50m:	31.03	31.03	150m:	1:40.81	35.31	250m:	2:51.59	35.11	350m:	4:02.98	35.81
	100m:	1:05.50	34.47	200m:	2:16.48	35.67	300m:	3:27.17	35.58	400m:	4:39.35	36.37
5.	,	05				4:41.44	593	1:05.88	1:11.49	1:11.73	1:12.34	
	50m:	31.47	31.47	150m:	1:41.21	35.33	250m:	2:53.18	35.81	350m:	4:05.16	36.06
	100m:	1:05.88	34.41	200m:	2:17.37	36.16	300m:	3:29.10	35.92	400m:	4:41.44	36.28
6.	,	05				4:44.44	574	1:07.08	1:12.60	1:13.06	1:11.70	
	50m:	32.01	32.01	150m:	1:43.43	36.35	250m:	2:56.25	36.57	350m:	4:09.31	36.57
	100m:	1:07.08	35.07	200m:	2:19.68	36.25	300m:	3:32.74	36.49	400m:	4:44.44	35.13
7.	,	07				4:46.51	562	1:08.01	1:12.94	1:14.34	1:11.22	
	50m:	32.51	32.51	150m:	1:44.27	36.26	250m:	2:58.21	37.26	350m:	4:11.71	36.42
	100m:	1:08.01	35.50	200m:	2:20.95	36.68	300m:	3:35.29	37.08	400m:	4:46.51	34.80
8.	,	05				4:48.48	550	1:07.06	1:13.80	1:15.18	1:12.44	
	50m:	31.99	31.99	150m:	1:43.50	36.44	250m:	2:58.51	37.65	350m:	4:13.16	37.12
	100m:	1:07.06	35.07	200m:	2:20.86	37.36	300m:	3:36.04	37.53	400m:	4:48.48	35.32