

11
14.01.2022

, 100m

2004 - 2009

2004 - 2005

1.				04	2	1:25.22	2
	50m:	39.75	39.75	100m: 1:25.22	45.47		
2.				05	-	1:26.66	2
	50m:	40.11	40.11	100m: 1:26.66	46.55		
3.				05	2	1:26.88	2
	50m:	40.01	40.01	100m: 1:26.88	46.87		
4.				05		1:31.00	2
	50m:	42.51	42.51	100m: 1:31.00	48.49		

2006 - 2007

1.				06	2	1:19.00	
	50m:	37.46	37.46	100m: 1:19.00	41.54		
2.				06	-	1:30.15	2
	50m:	42.34	42.34	100m: 1:30.15	47.81		
3.				07	-	1:30.22	2
	50m:	41.62	41.62	100m: 1:30.22	48.60		
4.				07	-	1:32.67	3
	50m:	43.59	43.59	100m: 1:32.67	49.08		
5.				07	-	1:36.74	3
	50m:	45.51	45.51	100m: 1:36.74	51.23		

2008 - 2009

1.				09	" "	1:21.22	1
	50m:	38.57	38.57	100m: 1:21.22	42.65		
2.				09	-	1:23.08	1
	50m:	39.77	39.77	100m: 1:23.08	43.31		
3.				08	-	1:23.40	1
	50m:	38.79	38.79	100m: 1:23.40	44.61		
4.				08		1:27.81	2
	50m:	41.86	41.86	100m: 1:27.81	45.95		
5.				08		1:31.07	2
	50m:	42.39	42.39	100m: 1:31.07	48.68		
6.				08		1:33.75	3
	50m:	44.18	44.18	100m: 1:33.75	49.57		
7.				09		1:33.80	3
	50m:	44.10	44.10	100m: 1:33.80	49.70		
8.				09	-	1:34.69	3
	50m:	43.94	43.94	100m: 1:34.69	50.75		
9.				09		1:43.32	
	50m:	47.24	47.24	100m: 1:43.32	56.08		
10.				09		1:50.08	
	50m:	52.84	52.84	100m: 1:50.08	57.24		
11.				09		1:50.56	
	50m:	52.12	52.12	100m: 1:50.56	58.44		

"
", 13. - 14.1.2022

11, , 100m , 2008 - 2009

12. , 09 **1:53.73**
50m: 53.43 53.43 100m: 1:53.73 1:00.30

12 , 100m 2004 - 2009
14.01.2022

2004 - 2005

1. , 05 - **1:13.42** 2
50m: 33.25 33.25 100m: 1:13.42 40.17

2. , 04 2 **1:16.86** 2
50m: 34.57 34.57 100m: 1:16.86 42.29

DSQ , 05 - **1:15.76** 2
50m: 35.12 35.12 100m: 1:15.76 40.64

2006 - 2007

1. , 07 - **1:11.47** 1
50m: 33.03 33.03 100m: 1:11.47 38.44

2. , 07 - **1:11.77** 1
50m: 33.70 33.70 100m: 1:11.77 38.07

3. , 07 - **1:14.39** 2
50m: 34.22 34.22 100m: 1:14.39 40.17

4. , 06 - **1:16.50** 2
50m: 35.53 35.53 100m: 1:16.50 40.97

5. , 07 - **1:18.51** 2
50m: 37.58 37.58 100m: 1:18.51 40.93

6. , 06 - **1:18.72** 2
50m: 37.50 37.50 100m: 1:18.72 41.22

7. , 07 - **1:21.14** 3
50m: 36.89 36.89 100m: 1:21.14 44.25

8. , 06 **1:27.26** 3
50m: 40.40 40.40 100m: 1:27.26 46.86

9. , 06 **1:28.35** 3
50m: 41.26 41.26 100m: 1:28.35 47.09

2008 - 2009

1. , 09 **1:14.54** 2
50m: 35.28 35.28 100m: 1:14.54 39.26

2. , 08 - **1:16.56** 2
50m: 35.25 35.25 100m: 1:16.56 41.31

3. , 09 " " **1:21.06** 3
50m: 38.61 38.61 100m: 1:21.06 42.45

4. , 09 " " **1:21.56** 3
50m: 37.96 37.96 100m: 1:21.56 43.60

5. , 08 **1:23.42** 3
50m: 39.62 39.62 100m: 1:23.42 43.80

" " , 13. - 14.1.2022

12,		, 100m		, 2008 - 2009			
6.				08	-	1:23.94	3
50m:	39.24	39.24	100m:	1:23.94	44.70		
7.				08		1:24.10	3
50m:	39.70	39.70	100m:	1:24.10	44.40		
8.				08		1:29.04	3
50m:	40.89	40.89	100m:	1:29.04	48.15		
9.				09		1:38.17	
50m:	45.07	45.07	100m:	1:38.17	53.10		
10.				09		1:44.80	
50m:	49.75	49.75	100m:	1:44.80	55.05		
11.				09	-	1:57.31	
50m:	53.48	53.48	100m:	1:57.31	1:03.83		

13 , 100m 2004 - 2009
14.01.2022

2004 - 2005

1.				04	2	1:03.33	1
50m:	30.12	30.12	100m:	1:03.33	33.21		
2.				05	-	1:04.47	1
50m:	30.99	30.99	100m:	1:04.47	33.48		
3.				04	-	1:08.20	2
50m:	33.00	33.00	100m:	1:08.20	35.20		
4.				05		1:14.96	3
50m:	36.12	36.12	100m:	1:14.96	38.84		

2006 - 2007

1.				06	.	1:07.47	2
50m:	33.00	33.00	100m:	1:07.47	34.47		
2.				06	-	1:10.64	2
50m:	33.96	33.96	100m:	1:10.64	36.68		
3.				06	-	1:11.74	2
50m:	34.69	34.69	100m:	1:11.74	37.05		
4.				07	-	1:12.04	2
50m:	35.12	35.12	100m:	1:12.04	36.92		
5.				07		1:12.66	2
50m:	33.20	33.20	100m:	1:12.66	39.46		
6.				07	2	1:14.15	3
50m:	34.90	34.90	100m:	1:14.15	39.25		

2008 - 2009

1.				08	-	1:06.15	1
50m:	31.29	31.29	100m:	1:06.15	34.86		
2.				09	.	1:06.64	1
50m:	31.51	31.51	100m:	1:06.64	35.13		

	13,	, 100m	,				
3.	50m:	31.60	31.60	100m:	1:07.43	35.83	1:07.43 2
4.	50m:	32.45	32.45	100m:	1:08.17	35.72	1:08.17 2
5.	50m:	32.67	32.67	100m:	1:08.49	35.82	1:08.49 2
6.	50m:	32.55	32.55	100m:	1:09.66	37.11	1:09.66 2
7.	50m:	33.29	33.29	100m:	1:10.62	37.33	1:10.62 2
8.	50m:	32.86	32.86	100m:	1:12.10	39.24	1:12.10 2
9.	50m:	34.54	34.54	100m:	1:12.30	37.76	1:12.30 2
10.	50m:	34.55	34.55	100m:	1:13.85	39.30	1:13.85 3
11.	50m:	34.96	34.96	100m:	1:15.74	40.78	1:15.74 3
12.	50m:	36.45	36.45	100m:	1:16.77	40.32	1:16.77 3
13.	50m:	35.54	35.54	100m:	1:17.72	42.18	1:17.72 3
14.	50m:	36.92	36.92	100m:	1:18.19	41.27	1:18.19 3
15.	50m:	38.82	38.82	100m:	1:21.73	42.91	1:21.73 3
16.	50m:	37.48	37.48	100m:	1:23.24	45.76	1:23.24
17.	50m:	41.48	41.48	100m:	1:26.25	44.77	1:26.25
18.	50m:	40.22	40.22	100m:	1:27.09	46.87	1:27.09
19.	50m:	41.17	41.17	100m:	1:27.23	46.06	1:27.23
20.	50m:	40.35	40.35	100m:	1:28.71	48.36	1:28.71
21.	50m:	43.57	43.57	100m:	1:33.94	50.37	1:33.94
22.	50m:	45.55	45.55	100m:	1:37.16	51.61	1:37.16

14 , 100m 2004 - 2009
14.01.2022

2004 - 2005

1.				05	-	52.62	
	50m:	25.11	25.11	100m:	52.62 27.51		
2.				05	.	56.15	1
	50m:	27.00	27.00	100m:	56.15 29.15		
3.				05	.	1:01.06	2
	50m:	29.10	29.10	100m:	1:01.06 31.96		

2006 - 2007

1.				06	-	55.94	
	50m:	26.91	26.91	100m:	55.94 29.03		
2.				06	.	56.71	1
	50m:	27.22	27.22	100m:	56.71 29.49		
3.				07	-	56.99	1
	50m:	26.86	26.86	100m:	56.99 30.13		
4.				06	.	57.39	1
	50m:	26.94	26.94	100m:	57.39 30.45		
5.				06	-	57.83	1
	50m:	27.56	27.56	100m:	57.83 30.27		
6.				07	-	58.11	1
	50m:	27.84	27.84	100m:	58.11 30.27		
7.				07	-	1:00.40	2
	50m:	29.24	29.24	100m:	1:00.40 31.16		
8.				06	-	1:00.76	2
	50m:	29.00	29.00	100m:	1:00.76 31.76		
9.				07	-	1:00.78	2
	50m:	29.06	29.06	100m:	1:00.78 31.72		
10.				07	-	1:00.90	2
	50m:	29.55	29.55	100m:	1:00.90 31.35		
11.				06	-	1:01.00	2
	50m:	29.23	29.23	100m:	1:01.00 31.77		
12.				06	-	1:02.05	2
	50m:	29.69	29.69	100m:	1:02.05 32.36		
13.				07	-	1:02.43	2
	50m:	30.62	30.62	100m:	1:02.43 31.81		
14.				07	-	1:02.80	2
	50m:	30.01	30.01	100m:	1:02.80 32.79		
15.				06	-	1:03.18	2
	50m:	29.40	29.40	100m:	1:03.18 33.78		
16.				07	-	1:03.34	2
	50m:	30.17	30.17	100m:	1:03.34 33.17		
17.				07	-	1:06.09	2
	50m:	31.80	31.80	100m:	1:06.09 34.29		
18.				07	-	1:06.34	2
	50m:	30.86	30.86	100m:	1:06.34 35.48		

14, , 100m , 2006 - 2007

19.				06		1:06.67	2
50m:	30.56	30.56	100m:	1:06.67	36.11		
20.				06		1:07.75	2
50m:	32.91	32.91	100m:	1:07.75	34.84		
21.				07	-	1:09.66	3
50m:	32.60	32.60	100m:	1:09.66	37.06		
22.				07	-	1:10.00	3
50m:	33.31	33.31	100m:	1:10.00	36.69		

2008 - 2009

1.				08		58.05	1
50m:	27.81	27.81	100m:	58.05	30.24		
2.				08	-	1:00.52	2
50m:	29.27	29.27	100m:	1:00.52	31.25		
3.				08	-	1:02.37	2
50m:	30.28	30.28	100m:	1:02.37	32.09		
4.				08	-	1:02.75	2
50m:	29.71	29.71	100m:	1:02.75	33.04		
5.				08	-	1:03.01	2
50m:	29.16	29.16	100m:	1:03.01	33.85		
6.				09	.	1:03.80	2
50m:	29.82	29.82	100m:	1:03.80	33.98		
7.				08	-	1:04.02	2
50m:	30.18	30.18	100m:	1:04.02	33.84		
8.				09	-	1:04.19	2
50m:	30.41	30.41	100m:	1:04.19	33.78		
9.				08	-	1:04.40	2
50m:	31.19	31.19	100m:	1:04.40	33.21		
10.				08	-	1:04.66	2
50m:	31.09	31.09	100m:	1:04.66	33.57		
11.				08	-	1:04.68	2
50m:	29.96	29.96	100m:	1:04.68	34.72		
12.				08	-	1:04.96	2
50m:	30.31	30.31	100m:	1:04.96	34.65		
13.				08	-	1:05.82	2
50m:	31.04	31.04	100m:	1:05.82	34.78		
14.				08		1:08.09	3
50m:	32.34	32.34	100m:	1:08.09	35.75		
15.				09	-	1:08.11	3
50m:	32.25	32.25	100m:	1:08.11	35.86		
16.				08		1:08.13	3
50m:	31.60	31.60	100m:	1:08.13	36.53		
17.				09		1:08.36	3
50m:	32.54	32.54	100m:	1:08.36	35.82		
18.				09	" "	1:08.52	3
50m:	33.02	33.02	100m:	1:08.52	35.50		
19.				08	-	1:08.87	3
50m:	32.53	32.53	100m:	1:08.87	36.34		

14,	, 100m	,	2008 - 2009	
20.	50m: 32.99	32.99	100m: 1:08.88	35.89 - 1:08.88 3
21.	50m: 32.25	32.25	100m: 1:08.89	36.64 - 1:08.89 3
22.	50m: 32.84	32.84	100m: 1:09.55	36.71 - 1:09.55 3
23.	50m: 33.21	33.21	100m: 1:09.81	36.60 - 1:09.81 3
24.	50m: 32.89	32.89	100m: 1:10.25	37.36 - 1:10.25 3
25.	50m: 33.62	33.62	100m: 1:10.46	36.84 - 1:10.46 3
26.	50m: 34.27	34.27	100m: 1:12.41	38.14 - 1:12.41 3
27.	50m: 34.93	34.93	100m: 1:13.17	38.24 - 1:13.17 3
28.	50m: 34.10	34.10	100m: 1:13.84	39.74 - 1:13.84 3
29.	50m: 35.12	35.12	100m: 1:15.08	39.96 - 1:15.08 3
30.	50m: 36.02	36.02	100m: 1:15.44	39.42 - 1:15.44 3
31.	50m: 35.57	35.57	100m: 1:15.63	40.06 - 1:15.63 3
32.	50m: 35.98	35.98	100m: 1:16.67	40.69 - 1:16.67
	50m: 33.58	33.58	100m: 1:16.67	43.09 - 1:16.67
34.	50m: 36.41	36.41	100m: 1:16.81	40.40 - 1:16.81
35.	50m: 35.40	35.40	100m: 1:17.35	41.95 - 1:17.35
36.	50m: 37.67	37.67	100m: 1:17.96	40.29 - 1:17.96
37.	50m: 37.44	37.44	100m: 1:18.65	41.21 - 1:18.65
38.	50m: 37.30	37.30	100m: 1:21.89	44.59 - 1:21.89
39.	50m: 38.27	38.27	100m: 1:23.10	44.83 - 1:23.10
40.	50m: 38.03	38.03	100m: 1:23.13	45.10 - 1:23.13
41.	50m: 40.46	40.46	100m: 1:28.84	48.38 - 1:28.84
42.	50m: 42.25	42.25	100m: 1:30.01	47.76 - 1:30.01
43.	50m: 43.09	43.09	100m: 1:31.45	48.36 - 1:31.45

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", 13. - 14.1.2022

14, , 100m , 2008 - 2009

DSQ , 09 " " **1:04.01** 2
50m: 30.11 30.11 100m: 1:04.01 33.90

15 , 200m 2004 - 2009
14.01.2022

2004 - 2005

1. , 05 - **2:34.56** 1
50m: 34.52 34.52 100m: 1:14.45 39.93 150m: 1:53.92 39.47 200m: 2:34.56 40.64
2. , 05 2 **2:49.24** 2
50m: 36.59 36.59 100m: 1:20.38 43.79 150m: 2:04.94 44.56 200m: 2:49.24 44.30

2006 - 2007

1. , 07 - **2:52.02** 2
50m: 37.49 37.49 100m: 1:23.91 46.42 150m: 2:10.88 46.97 200m: 2:52.02 41.14
2. , 07 2 **3:42.24**
50m: 47.64 47.64 100m: 1:45.11 57.47 150m: 2:47.54 1:02.43 200m: 3:42.24 54.70

2008 - 2009

1. , 09 . **3:08.40** 3
50m: 38.20 38.20 100m: 1:27.37 49.17 150m: 2:17.87 50.50 200m: 3:08.40 50.53
2. , 09 **3:41.82**
50m: 47.08 47.08 100m: 1:46.29 59.21 150m: 2:44.99 58.70 200m: 3:41.82 56.83

16 , 200m 2004 - 2009
14.01.2022

2004 - 2005

1. , 05 - **2:17.83** 1
50m: 30.18 30.18 100m: 1:04.77 34.59 150m: 1:40.93 36.16 200m: 2:17.83 36.90
2. , 04 - **2:23.00** 1
50m: 31.19 31.19 100m: 1:07.98 36.79 150m: 1:45.51 37.53 200m: 2:23.00 37.49
3. , 05 - **2:23.78** 2
50m: 30.80 30.80 100m: 1:07.55 36.75 150m: 1:45.27 37.72 200m: 2:23.78 38.51
4. , 05 - **2:33.21** 2
50m: 33.31 33.31 100m: 1:11.91 38.60 150m: 1:53.38 41.47 200m: 2:33.21 39.83

2006 - 2007

1. , 07 - **2:39.80** 2
50m: 33.73 33.73 100m: 1:14.08 40.35 150m: 1:56.58 42.50 200m: 2:39.80 43.22

16, , 200m

2008 - 2009

1.	,		08	-					2:43.94	3
50m:	33.89	33.89	100m: 1:14.46	40.57	150m: 1:57.57	43.11	200m: 2:43.94	46.37		
2.	,		08	-					2:46.48	3
50m:	35.19	35.19	100m: 1:18.31	43.12	150m: 2:02.41	44.10	200m: 2:46.48	44.07		
3.	,		09	-					2:51.66	3
50m:	38.02	38.02	100m: 1:22.54	44.52	150m: 2:07.88	45.34	200m: 2:51.66	43.78		
4.	,		08	-					2:51.85	3
50m:	36.48	36.48	100m: 1:21.54	45.06	150m: 2:07.17	45.63	200m: 2:51.85	44.68		
5.	,		08	-					2:53.86	3
50m:	37.43	37.43	100m: 1:20.75	43.32	150m: 2:09.05	48.30	200m: 2:53.86	44.81		

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, 200m

2004 - 2009

14.01.2022

2004 - 2005

1.	,		04	2					2:33.80	1
50m:	37.64	37.64	100m: 1:17.11	39.47	150m: 1:56.55	39.44	200m: 2:33.80	37.25		

2006 - 2007

1.	,		07	-					2:44.43	2
50m:	37.26	37.26	100m: 1:18.16	40.90	150m: 2:01.40	43.24	200m: 2:44.43	43.03		
2.	,		07	-					2:46.88	2
50m:	40.29	40.29	150m: 2:07.03	1:26.74	200m: 2:46.88	39.85				
3.	,		06	-					3:04.98	2
50m:	43.27	43.27	100m: 1:29.88	46.61	150m: 2:18.19	48.31	200m: 3:04.98	46.79		

2008 - 2009

1.	,		08	-					2:32.55	
50m:	35.07	35.07	100m: 1:14.71	39.64	150m: 1:54.96	40.25	200m: 2:32.55	37.59		
2.	,		09	"	"				2:38.65	1
50m:	36.76	36.76	100m: 1:17.52	40.76	150m: 1:59.34	41.82	200m: 2:38.65	39.31		
3.	,		08	-					2:47.05	2
50m:	40.41	40.41	100m: 1:23.57	43.16	150m: 2:06.05	42.48	200m: 2:47.05	41.00		
4.	,		08	-					2:48.16	2
50m:	39.90	39.90	100m: 1:24.44	44.54	150m: 2:07.34	42.90	200m: 2:48.16	40.82		
5.	,		08	-					2:50.33	2
50m:	39.26	39.26	100m: 1:21.51	42.25	150m: 2:05.55	44.04	200m: 2:50.33	44.78		
6.	,		08	-					2:52.60	2
50m:	39.93	39.93	100m: 1:23.62	43.69	150m: 2:09.22	45.60	200m: 2:52.60	43.38		
7.	,		09	-					2:59.68	2
50m:	43.20	43.20	100m: 1:28.89	45.69	150m: 2:14.57	45.68	200m: 2:59.68	45.11		
8.	,		09	-					3:06.90	3
50m:	43.95	43.95	100m: 1:30.80	46.85	150m: 2:19.14	48.34	200m: 3:06.90	47.76		
9.	,		09	-					3:09.47	3
50m:	44.61	44.61	100m: 1:33.26	48.65	150m: 2:22.04	48.78	200m: 3:09.47	47.43		

" " , 13. - 14.1.2022

17, , 200m , 2008 - 2009

10.				09					3:10.07	3	
	50m:	45.87	45.87	100m:	1:33.29	47.42	150m:	2:23.12	49.83	200m:	3:10.07 46.95
11.				09					3:11.18	3	
	50m:	44.86	44.86	100m:	1:34.74	49.88	150m:	2:23.97	49.23	200m:	3:11.18 47.21
12.				09					3:14.22	3	
	50m:	45.47	45.47	100m:	1:34.45	48.98	150m:	2:26.70	52.25	200m:	3:14.22 47.52
13.				08					3:17.40	3	
	50m:	46.75	46.75	100m:	1:36.91	50.16	150m:	2:28.81	51.90	200m:	3:17.40 48.59
14.				08					3:20.25	3	
	50m:	46.63	46.63	100m:	1:37.93	51.30	150m:	2:31.25	53.32	200m:	3:20.25 49.00
15.				09					3:21.39	3	
	50m:	47.17	47.17	100m:	1:36.73	49.56	150m:	2:30.38	53.65	200m:	3:21.39 51.01
16.				09					3:21.65	3	
	50m:	47.17	47.17	100m:	1:38.84	51.67	150m:	2:32.30	53.46	200m:	3:21.65 49.35
17.				09					3:22.66	3	
	50m:	46.33	46.33	100m:	1:38.64	52.31	150m:	2:32.14	53.50	200m:	3:22.66 50.52
18.				09					3:24.20	3	
	100m:	1:39.65	1:39.65	150m:	2:32.75	53.10	200m:	3:24.20	51.45		
19.				08					3:25.82	3	
	50m:	51.60	51.60	100m:	1:44.50	52.90	200m:	3:25.82	1:41.32		
20.				09					3:30.86		
	100m:	1:45.17	1:45.17	200m:	3:30.86	1:45.69					

18 , 200m 2004 - 2009
14.01.2022

2004 - 2005

1.				05					2:25.77	2	
	50m:	34.21	34.21	100m:	1:11.11	36.90	150m:	1:48.44	37.33	200m:	2:25.77 37.33
2.				05					2:32.55	2	
	50m:	36.03	36.03	100m:	1:15.23	39.20	150m:	1:54.39	39.16	200m:	2:32.55 38.16

2006 - 2007

1.				07					2:24.67	2	
	50m:	33.34	33.34	100m:	1:09.88	36.54	150m:	1:47.76	37.88	200m:	2:24.67 36.91
2.				07					2:31.28	2	
	50m:	34.98	34.98	100m:	1:13.40	38.42	150m:	1:52.68	39.28	200m:	2:31.28 38.60
3.				07					2:32.38	2	
	50m:	35.95	35.95	100m:	1:14.51	38.56	150m:	1:53.91	39.40	200m:	2:32.38 38.47
4.				07					2:32.72	2	
	50m:	34.57	34.57	100m:	1:13.56	38.99	150m:	1:53.84	40.28	200m:	2:32.72 38.88
5.				06					2:39.76	2	
	50m:	36.71	36.71	100m:	1:16.65	39.94	150m:	1:58.31	41.66	200m:	2:39.76 41.45
6.				07					2:44.95	3	
	50m:	39.42	39.42	100m:	1:22.48	43.06	150m:	2:04.95	42.47	200m:	2:44.95 40.00

18, , 200m

2008 - 2009

1.				08					2:21.30	1	
	50m:	33.47	33.47	100m:	1:09.04	35.57	150m:	1:45.53	36.49	200m:	2:21.30 35.77
2.				08		-				2:32.33	2
	50m:	35.69	35.69	100m:	1:15.18	39.49	150m:	1:54.34	39.16	200m:	2:32.33 37.99
3.				08		-				2:32.78	2
	50m:	37.43	37.43	100m:	1:16.87	39.44	150m:	1:55.97	39.10	200m:	2:32.78 36.81
4.				08		-				2:32.95	2
	50m:	36.01	36.01	100m:	1:15.90	39.89	150m:	1:55.49	39.59	200m:	2:32.95 37.46
5.				08		-				2:35.32	2
	50m:	36.27	36.27	100m:	1:15.62	39.35	150m:	1:56.51	40.89	200m:	2:35.32 38.81
6.				08		-				2:42.54	3
	50m:	38.35	38.35	100m:	1:19.87	41.52	150m:	2:02.83	42.96	200m:	2:42.54 39.71
7.				09		-				2:44.20	3
	50m:	39.02	39.02	100m:	1:21.05	42.03	150m:	2:03.45	42.40	200m:	2:44.20 40.75
8.				09		-				2:45.60	3
	50m:	37.65	37.65	100m:	1:19.55	41.90	150m:	2:02.58	43.03	200m:	2:45.60 43.02
9.				08		-				2:52.02	3
	50m:	38.97	38.97	100m:	1:22.42	43.45	150m:	2:09.13	46.71	200m:	2:52.02 42.89
10.				08		-				2:58.07	3
	50m:	42.84	42.84	100m:	1:30.09	47.25	150m:	2:16.89	46.80	200m:	2:58.07 41.18
11.				08		-				2:58.79	3
	50m:	40.36	40.36	100m:	1:27.22	46.86	150m:	2:14.80	47.58	200m:	2:58.79 43.99
12.				09		-				3:04.79	3
	50m:	41.53	41.53	100m:	1:28.51	46.98	150m:	2:18.07	49.56	200m:	3:04.79 46.72
13.				09		-				3:12.91	
	50m:	42.10	42.10	100m:	1:32.42	50.32	150m:	2:24.63	52.21	200m:	3:12.91 48.28
14.				09		-				3:14.89	
	50m:	47.32	47.32	100m:	1:37.83	50.51	150m:	2:28.87	51.04	200m:	3:14.89 46.02
15.				09		-				3:18.61	
	50m:	43.33	43.33	100m:	1:34.53	51.20	150m:	2:28.08	53.55	200m:	3:18.61 50.53
16.				08		-				3:28.85	
	50m:	51.00	51.00	100m:	1:43.49	52.49	150m:	2:38.83	55.34	200m:	3:28.85 50.02
17.				09		-				3:29.60	
	50m:	49.43	49.43	150m:	2:38.54	1:49.11	200m:	3:29.60	51.06		
EXH				03		-				2:09.54	
	50m:	30.52	30.52	100m:	1:03.02	32.50	150m:	1:36.24	33.22	200m:	2:09.54 33.30

14.01.2022

19

, 400m

2004 - 2009

2004 - 2005

1.					05	-							4:45.66	1
	50m:	34.24	34.24	150m:	1:47.99	37.26	250m:	3:00.79	35.70	350m:	4:11.76	35.48		
	100m:	1:10.73	36.49	200m:	2:25.09	37.10	300m:	3:36.28	35.49	400m:	4:45.66	33.90		
2.					04	-							5:24.25	2
	50m:	35.69	35.69	150m:	1:55.91	41.22	250m:	3:19.86	42.49	350m:	4:44.38	42.28		
	100m:	1:14.69	39.00	200m:	2:37.37	41.46	300m:	4:02.10	42.24	400m:	5:24.25	39.87		
3.					04	2							5:24.29	2
	50m:	34.31	34.31	150m:	1:55.90	41.34	250m:	3:21.05	42.83	350m:	4:44.87	41.44		
	100m:	1:14.56	40.25	200m:	2:38.22	42.32	300m:	4:03.43	42.38	400m:	5:24.29	39.42		

2006 - 2007

1.					06	-							4:55.14	1
	50m:	33.78	33.78	150m:	1:48.65	37.69	250m:	3:04.10	37.77	350m:	4:18.67	36.68		
	100m:	1:10.96	37.18	200m:	2:26.33	37.68	300m:	3:41.99	37.89	400m:	4:55.14	36.47		
2.					06	.							5:02.43	1
	50m:	34.46	34.46	150m:	1:51.75	38.45	250m:	3:09.30	38.57	350m:	4:25.65	37.35		
	100m:	1:13.30	38.84	200m:	2:30.73	38.98	300m:	3:48.30	39.00	400m:	5:02.43	36.78		
3.					07	-							5:02.66	1
	50m:	33.50	33.50	150m:	1:49.59	38.49	250m:	3:07.16	39.31	350m:	4:25.33	39.39		
	100m:	1:11.10	37.60	200m:	2:27.85	38.26	300m:	3:45.94	38.78	400m:	5:02.66	37.33		
4.					06	2							5:08.00	2
	50m:	33.97	33.97	150m:	1:51.81	39.36	250m:	3:11.04	39.70	350m:	4:29.21	38.73		
	100m:	1:12.45	38.48	200m:	2:31.34	39.53	300m:	3:50.48	39.44	400m:	5:08.00	38.79		
5.					06	-							5:18.34	2
	50m:	33.87	33.87	150m:	1:52.49	40.37	300m:	3:57.05	42.04	400m:	5:18.34	39.68		
	100m:	1:12.12	38.25	250m:	3:15.01	1:22.52	350m:	4:38.66	41.61					
6.					07	-							5:24.17	2
	50m:	35.00	35.00	150m:	1:56.65	41.42	250m:	3:20.37	41.98	350m:	4:43.92	41.67		
	100m:	1:15.23	40.23	200m:	2:38.39	41.74	300m:	4:02.25	41.88	400m:	5:24.17	40.25		
7.					07	-							5:25.68	2
	50m:	34.81	34.81	150m:	1:57.12	42.44	250m:	3:22.02	41.98	350m:	4:45.98	41.69		
	100m:	1:14.68	39.87	200m:	2:40.04	42.92	300m:	4:04.29	42.27	400m:	5:25.68	39.70		

2008 - 2009

1.					09	.							5:27.08	2
	50m:	36.36	36.36	150m:	1:59.33	42.49	250m:	3:24.75	42.86	350m:	4:47.95	40.89		
	100m:	1:16.84	40.48	200m:	2:41.89	42.56	300m:	4:07.06	42.31	400m:	5:27.08	39.13		
2.					08	-							5:33.82	2
	50m:	35.25	35.25	150m:	1:58.06	42.11	250m:	3:24.36	43.54	350m:	4:51.43	43.77		
	100m:	1:15.95	40.70	200m:	2:40.82	42.76	300m:	4:07.66	43.30	400m:	5:33.82	42.39		
3.					09								5:36.00	2
	50m:	37.50	37.50	150m:	2:01.36	42.30	250m:	3:27.88	43.41	350m:	4:54.32	42.97		
	100m:	1:19.06	41.56	200m:	2:44.47	43.11	300m:	4:11.35	43.47	400m:	5:36.00	41.68		
4.					09								5:49.52	3
	50m:	38.69	38.69	150m:	2:08.23	44.91	250m:	3:38.54	45.11	350m:	5:08.19	44.43		
	100m:	1:23.32	44.63	200m:	2:53.43	45.20	300m:	4:23.76	45.22	400m:	5:49.52	41.33		
5.					08								5:52.42	3
	50m:	40.02	40.02	150m:	2:07.55	44.01	250m:	3:37.83	45.03	350m:	5:08.99	45.07		
	100m:	1:23.54	43.52	200m:	2:52.80	45.25	300m:	4:23.92	46.09	400m:	5:52.42	43.43		

, 13. - 14.1.2022

19, , 400m , 2008 - 2009

6. , 09 - **6:21.33** 3
50m: 40.27 40.27 150m: 2:15.67 49.31 250m: 3:53.81 49.90 350m: 5:33.68 50.35
100m: 1:26.36 46.09 200m: 3:03.91 48.24 300m: 4:43.33 49.52 400m: 6:21.33 47.65

14.01.2022 20 , 400m 2004 - 2009

2004 - 2005

1. , 05 - **4:17.63**
50m: 29.67 29.67 150m: 1:35.62 33.03 250m: 2:40.94 32.28 350m: 3:46.06 32.42
100m: 1:02.59 32.92 200m: 2:08.66 33.04 300m: 3:13.64 32.70 400m: 4:17.63 31.57

2. , 05 - **4:33.57** 1
50m: 30.68 30.68 150m: 1:38.98 34.64 250m: 2:49.12 35.13 350m: 3:59.71 35.09
100m: 1:04.34 33.66 200m: 2:13.99 35.01 300m: 3:24.62 35.50 400m: 4:33.57 33.86

3. , 04 2 **4:35.46** 1
50m: 31.16 31.16 150m: 1:40.96 35.31 250m: 2:52.04 35.88 350m: 4:03.12 35.63
100m: 1:05.65 34.49 200m: 2:16.16 35.20 300m: 3:27.49 35.45 400m: 4:35.46 32.34

2006 - 2007

1. , 07 - **4:23.40** 1
50m: 29.89 29.89 150m: 1:36.98 33.97 250m: 2:44.46 33.33 350m: 3:51.49 33.37
100m: 1:03.01 33.12 200m: 2:11.13 34.15 300m: 3:18.12 33.66 400m: 4:23.40 31.91

2. , 07 - **4:48.12** 2
50m: 32.00 32.00 150m: 1:44.77 37.25 250m: 2:59.83 37.78 350m: 4:13.66 36.86
100m: 1:07.52 35.52 200m: 2:22.05 37.28 300m: 3:36.80 36.97 400m: 4:48.12 34.46

3. , 07 - **4:48.62** 2
50m: 32.39 32.39 150m: 1:46.32 37.22 250m: 3:00.96 37.01 350m: 4:15.50 36.50
100m: 1:09.10 36.71 200m: 2:23.95 37.63 300m: 3:39.00 38.04 400m: 4:48.62 33.12

4. , 06 **5:02.84** 2
50m: 33.12 33.12 150m: 1:49.11 38.94 250m: 3:08.29 39.35 350m: 4:27.37 39.59
100m: 1:10.17 37.05 200m: 2:28.94 39.83 300m: 3:47.78 39.49 400m: 5:02.84 35.47

5. , 07 - **5:07.91** 2
50m: 33.64 33.64 150m: 1:52.86 40.22 250m: 3:13.56 40.49 350m: 4:30.78 38.62
100m: 1:12.64 39.00 200m: 2:33.07 40.21 300m: 3:52.16 38.60 400m: 5:07.91 37.13

6. , 06 - **5:26.38** 3
50m: 31.42 31.42 150m: 1:51.56 42.02 250m: 3:18.43 43.91 350m: 4:45.73 43.71
100m: 1:09.54 38.12 200m: 2:34.52 42.96 300m: 4:02.02 43.59 400m: 5:26.38 40.65

7. , 07 - **5:26.59** 3
50m: 33.77 33.77 150m: 1:55.10 41.56 250m: 3:19.91 42.82 350m: 4:46.72 43.44
100m: 1:13.54 39.77 200m: 2:37.09 41.99 300m: 4:03.28 43.37 400m: 5:26.59 39.87

2008 - 2009

1. , 09 **4:58.99** 2
50m: 33.32 33.32 150m: 1:50.50 39.17 250m: 3:07.55 38.04 350m: 4:24.84 37.82
100m: 1:11.33 38.01 200m: 2:29.51 39.01 300m: 3:47.02 39.47 400m: 4:58.99 34.15

2. , 08 - **4:59.87** 2
50m: 32.35 32.35 150m: 1:47.57 38.45 250m: 3:06.75 39.48 350m: 4:24.36 39.29
100m: 1:09.12 36.77 200m: 2:27.27 39.70 300m: 3:45.07 38.32 400m: 4:59.87 35.51

3. , 08 - **5:09.36** 2
50m: 33.50 33.50 150m: 1:50.08 38.80 250m: 3:09.89 39.83 350m: 4:30.35 39.95
100m: 1:11.28 37.78 200m: 2:30.06 39.98 300m: 3:50.40 40.51 400m: 5:09.36 39.01

, 13. - 14.1.2022

	20,	, 400m				2008 - 2009						
4.				08						5:10.69		2
	50m:	33.59	33.59	150m:	1:50.09	39.28	250m:	3:10.54	40.39	350m:	4:31.78	40.81
	100m:	1:10.81	37.22	200m:	2:30.15	40.06	300m:	3:50.97	40.43	400m:	5:10.69	38.91
5.				08						5:13.66		2
	50m:	34.37	34.37	150m:	1:53.46	40.21	250m:	3:13.42	39.19	350m:	4:34.67	40.61
	100m:	1:13.25	38.88	200m:	2:34.23	40.77	300m:	3:54.06	40.64	400m:	5:13.66	38.99
6.				08		-				5:18.57		3
	50m:	31.96	31.96	150m:	1:49.24	40.14	250m:	3:12.81	41.90	350m:	4:37.90	42.23
	100m:	1:09.10	37.14	200m:	2:30.91	41.67	300m:	3:55.67	42.86	400m:	5:18.57	40.67
7.				08						5:19.93		3
	50m:	34.48	34.48	150m:	1:54.92	40.83	250m:	3:17.81	41.12	350m:	4:40.45	40.75
	100m:	1:14.09	39.61	200m:	2:36.69	41.77	300m:	3:59.70	41.89	400m:	5:19.93	39.48
8.				08		-				5:26.97		3
	50m:	35.01	35.01	150m:	1:58.48	42.55	250m:	3:24.48	44.06	350m:	4:49.60	42.27
	100m:	1:15.93	40.92	200m:	2:40.42	41.94	300m:	4:07.33	42.85	400m:	5:26.97	37.37
9.				09		-				5:36.48		3
	50m:	35.42	35.42	150m:	2:00.66	43.36	250m:	3:28.38	44.80	350m:	4:56.54	43.72
	100m:	1:17.30	41.88	200m:	2:43.58	42.92	300m:	4:12.82	44.44	400m:	5:36.48	39.94
10.				09		-				5:38.06		3
	50m:	37.00	37.00	150m:	2:01.63	43.06	250m:	3:29.32	44.01	350m:	4:56.95	42.93
	100m:	1:18.57	41.57	200m:	2:45.31	43.68	300m:	4:14.02	44.70	400m:	5:38.06	41.11
11.				08						5:49.13		3
	50m:	36.87	36.87	150m:	2:03.60	44.46	250m:	3:33.33	45.27	350m:	5:04.73	45.89
	100m:	1:19.14	42.27	200m:	2:48.06	44.46	300m:	4:18.84	45.51	400m:	5:49.13	44.40
12.				08		-				5:53.99		3
	50m:	38.43	38.43	150m:	2:08.14	45.43	250m:	3:42.05	46.31	350m:	5:13.90	45.40
	100m:	1:22.71	44.28	200m:	2:55.74	47.60	300m:	4:28.50	46.45	400m:	5:53.99	40.09
13.				09						5:58.66		3
	50m:	37.29	37.29	150m:	2:07.26	46.37	250m:	3:41.37	47.53	350m:	5:18.52	49.26
	100m:	1:20.89	43.60	200m:	2:53.84	46.58	300m:	4:29.26	47.89	400m:	5:58.66	40.14
14.				08						6:07.83		3
	50m:	37.48	37.48	150m:	2:09.70	48.37	250m:	3:46.85	49.02	350m:	5:23.60	48.86
	100m:	1:21.33	43.85	200m:	2:57.83	48.13	300m:	4:34.74	47.89	400m:	6:07.83	44.23
15.				09		-				6:17.95		
	50m:	40.10	40.10	150m:	2:15.42	48.90	250m:	3:54.11	49.65	350m:	5:33.24	49.46
	100m:	1:26.52	46.42	200m:	3:04.46	49.04	300m:	4:43.78	49.67	400m:	6:17.95	44.71
16.				08		-				6:57.81		
	50m:	42.97	42.97	150m:	2:29.03	53.02	250m:	4:16.85	53.94	350m:	6:06.15	54.70
	100m:	1:36.01	53.04	200m:	3:22.91	53.88	300m:	5:11.45	54.60	400m:	6:57.81	51.66