

"
", 13. - 14.1.2022

1
13.01.2022

, 100m

2004 - 2009

2004 - 2005

1.				05	-		1:09.85	1
	50m:	32.93	32.93	100m:	1:09.85	36.92		
2.				04	-		1:15.13	2
	50m:	33.37	33.37	100m:	1:15.13	41.76		

2006 - 2007

1.				06	-		1:06.93	
2.				07	-		1:10.49	1
	50m:	31.95	31.95	100m:	1:10.49	38.54		
3.				07	-		1:14.19	2
	50m:	33.59	33.59	100m:	1:14.19	40.60		
4.				06	-		1:17.18	2
	50m:	34.37	34.37	100m:	1:17.18	42.81		
5.				06	.		1:18.62	2
	50m:	35.67	35.67	100m:	1:18.62	42.95		

2008 - 2009

1.				08	-		1:16.34	2
	50m:	35.33	35.33	100m:	1:16.34	41.01		
2.				09		" "	1:16.58	2
3.				09		" "	1:17.24	2
	50m:	35.46	35.46	100m:	1:17.24	41.78		
4.				09	.		1:21.25	2
	50m:	36.16	36.16	100m:	1:21.25	45.09		
5.				09			1:37.92	
	50m:	44.45	44.45	100m:	1:37.92	53.47		
6.				09	-		1:38.81	
	50m:	45.79	45.79	100m:	1:38.81	53.02		
DSQ				09			1:21.19	2
	50m:	36.91	36.91	100m:	1:21.19	44.28		
DSQ				08			1:34.71	
	50m:	40.18	40.18	100m:	1:34.71	54.53		

2
13.01.2022

, 100m

2004 - 2009

2004 - 2005

1.				05	-		59.31	
	50m:	28.02	28.02	100m:	59.31	31.29		

2, , 100m

2006 - 2007

1.				06			1:03.48	1
	50m:	29.33	29.33	100m:	1:03.48	34.15		
2.				06	-		1:04.82	1
	50m:	30.46	30.46	100m:	1:04.82	34.36		
3.				07	-		1:05.47	2
	50m:	30.06	30.06	100m:	1:05.47	35.41		
4.				07	-		1:08.27	2
	50m:	31.09	31.09	100m:	1:08.27	37.18		
5.				07	-		1:08.48	2
	50m:	32.10	32.10	100m:	1:08.48	36.38		
6.				07			1:09.31	2
	50m:	30.88	30.88	100m:	1:09.31	38.43		
7.				07	-		1:12.15	3
	50m:	33.46	33.46	100m:	1:12.15	38.69		
8.				07	-		1:14.86	3
	50m:	33.60	33.60	100m:	1:14.86	41.26		
9.				07	-		1:19.10	3
10.				07	-		1:22.72	3
	50m:	35.24	35.24	100m:	1:22.72	47.48		

2008 - 2009

1.				08	-		1:08.88	2
	50m:	30.85	30.85	100m:	1:08.88	38.03		
2.				09			1:09.76	2
3.				08	-		1:10.11	2
	50m:	33.02	33.02	100m:	1:10.11	37.09		
4.				09			1:10.61	2
	50m:	31.84	31.84	100m:	1:10.61	38.77		
5.				08			1:12.79	3
	50m:	31.85	31.85	100m:	1:12.79	40.94		
6.				08	-		1:13.04	3
	50m:	32.96	32.96	100m:	1:13.04	40.08		
7.				08	-		1:13.12	3
	50m:	33.76	33.76	100m:	1:13.12	39.36		
8.				08	-		1:13.54	3
	50m:	51.18	51.18	100m:	1:13.54	22.36		
9.				08	-		1:14.97	3
	50m:	34.35	34.35	100m:	1:14.97	40.62		
10.				09			1:15.74	3
	50m:	36.46	36.46	100m:	1:15.74	39.28		
11.				09			1:16.04	3
	50m:	34.39	34.39	100m:	1:16.04	41.65		
12.				09			1:16.05	3
	50m:	35.70	35.70	100m:	1:16.05	40.35		
13.				08	-		1:16.28	3
	50m:	34.43	34.43	100m:	1:16.28	41.85		
14.				08			1:16.41	3
	50m:	35.36	35.36	100m:	1:16.41	41.05		

" " , 13. - 14.1.2022

		2, , 100m				2008 - 2009			
15.				09		"	"	1:17.82	3
	50m:	36.83	36.83	100m:	1:17.82	40.99			
16.				08		-		1:21.02	3
	50m:	36.04	36.04	100m:	1:21.02	44.98			
17.				09		-		1:21.48	3
	50m:	37.37	37.37	100m:	1:21.48	44.11			
18.				08		.		1:22.41	3
	50m:	36.47	36.47	100m:	1:22.41	45.94			
19.				08		-		1:33.37	
	50m:	41.00	41.00	100m:	1:33.37	52.37			
20.				09				1:34.99	
	50m:	40.56	40.56	100m:	1:34.99	54.43			
21.				09		-		1:40.84	

3 , 100m 2004 - 2009
13.01.2022

2004 - 2005

1.				04		2		1:11.75	1
	50m:	35.69	35.69	100m:	1:11.75	36.06			
2.				05		-		1:13.96	1
	50m:	34.91	34.91	100m:	1:13.96	39.05			
3.				04		2		1:40.54	
	50m:	48.32	48.32	100m:	1:40.54	52.22			

2006 - 2007

1.				07		-		1:14.75	2
	50m:	35.53	35.53	100m:	1:14.75	39.22			
2.				07		-		1:17.21	2
	50m:	37.41	37.41	100m:	1:17.21	39.80			
3.				07				1:19.65	2
	50m:	37.78	37.78	100m:	1:19.65	41.87			

2008 - 2009

1.				08		-		1:09.71	
	50m:	33.50	33.50	100m:	1:09.71	36.21			
2.				09		-		1:15.57	2
	50m:	36.46	36.46	100m:	1:15.57	39.11			
3.				08		-		1:16.85	2
	50m:	37.51	37.51	100m:	1:16.85	39.34			
4.				08				1:17.99	2
	50m:	38.20	38.20	100m:	1:17.99	39.79			
5.				09		"	"	1:18.68	2
	50m:	39.02	39.02	100m:	1:18.68	39.66			
6.				08				1:18.74	2
	50m:	38.33	38.33	100m:	1:18.74	40.41			

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3,		, 100m				2008 - 2009		
7.				08	-		1:20.12	2
50m:	39.10	39.10	100m:	1:20.12	41.02			
8.				08	-		1:22.50	2
50m:	39.04	39.04	100m:	1:22.50	43.46			
9.				09	-		1:23.80	3
50m:	41.85	41.85	100m:	1:23.80	41.95			
10.				09	-		1:28.97	3
50m:	43.12	43.12	100m:	1:28.97	45.85			
11.				09			1:29.02	3
50m:	43.45	43.45	100m:	1:29.02	45.57			
12.				09			1:29.54	3
50m:	42.93	42.93	100m:	1:29.54	46.61			
13.				09			1:29.70	3
50m:	44.29	44.29	100m:	1:29.70	45.41			
14.				08			1:31.13	
50m:	42.80	42.80	100m:	1:31.13	48.33			
15.				09	-		1:32.22	
50m:	46.41	46.41	100m:	1:32.22	45.81			
16.				08			1:33.46	
50m:	46.05	46.05	100m:	1:33.46	47.41			
17.				09			1:34.55	
50m:	45.95	45.95	100m:	1:34.55	48.60			
18.				09			1:34.63	
50m:	46.26	46.26	100m:	1:34.63	48.37			
19.				08			1:35.01	
50m:	47.21	47.21	100m:	1:35.01	47.80			
20.				09	-		1:35.36	
50m:	44.21	44.21	100m:	1:35.36	51.15			
21.				09			1:42.04	
4								2004 - 2009
13.01.2022								

2004 - 2005

1.				05	.		1:03.05	
50m:	30.76	30.76	100m:	1:03.05	32.29			
2.				05	.		1:04.46	1
50m:	31.37	31.37	100m:	1:04.46	33.09			
3.				04	2		1:09.29	2
50m:	33.90	33.90	100m:	1:09.29	35.39			

4, , 100m

2006 - 2007

1.	,			06	-	1:02.58	
	50m:	30.29	30.29	100m:	1:02.58	32.29	
2.	,			07	-	1:04.43	1
	50m:	30.45	30.45	100m:	1:04.43	33.98	
3.	,			07	-	1:06.38	1
	50m:	31.83	31.83	100m:	1:06.38	34.55	
4.	,			07	-	1:06.99	1
	50m:	32.20	32.20	100m:	1:06.99	34.79	
5.	,			07	-	1:08.71	2
	50m:	33.30	33.30	100m:	1:08.71	35.41	
6.	,			07	-	1:11.11	2
	50m:	33.14	33.14	100m:	1:11.11	37.97	
7.	,			06	-	1:11.61	2
	50m:	34.16	34.16	100m:	1:11.61	37.45	
8.	,			06	-	1:12.47	2
	50m:	34.07	34.07	100m:	1:12.47	38.40	
9.	,			06	-	1:12.66	2
	50m:	34.69	34.69	100m:	1:12.66	37.97	
10.	,			07	-	1:14.32	2
	50m:	36.79	36.79	100m:	1:14.32	37.53	
11.	,			07	-	1:20.33	3
	50m:	38.99	38.99	100m:	1:20.33	41.34	
12.	,			07	-	1:23.97	3
	50m:	40.32	40.32	100m:	1:23.97	43.65	

2008 - 2009

1.	,			08	-	1:04.27	1
	50m:	31.33	31.33	100m:	1:04.27	32.94	
2.	,			08	-	1:06.78	1
	50m:	32.29	32.29	100m:	1:06.78	34.49	
3.	,			08	-	1:08.47	1
	50m:	32.51	32.51	100m:	1:08.47	35.96	
4.	,			08	-	1:10.27	2
	50m:	34.48	34.48	100m:	1:10.27	35.79	
5.	,			08	-	1:11.42	2
	50m:	34.01	34.01	100m:	1:11.42	37.41	
	,			08	-	1:11.42	2
	50m:	33.01	33.01	100m:	1:11.42	38.41	
7.	,			08	-	1:11.82	2
	50m:	35.42	35.42	100m:	1:11.82	36.40	
8.	,			09	-	1:15.73	3
	50m:	35.90	35.90	100m:	1:15.73	39.83	
9.	,			08	-	1:16.28	3
	50m:	36.57	36.57	100m:	1:16.28	39.71	
10.	,			08	-	1:16.56	3
	50m:	38.16	38.16	100m:	1:16.56	38.40	
11.	,			09	-	1:16.69	3
	50m:	37.90	37.90	100m:	1:16.69	38.79	

, 13. - 14.1.2022

4,		, 100m				2008 - 2009			
12.				09		"	"	1:17.23	3
50m:	38.01	38.01	100m:	1:17.23	39.22				
13.				09	-			1:18.63	3
50m:	37.87	37.87	100m:	1:18.63	40.76				
14.				09		"	"	1:19.45	3
50m:	39.31	39.31	100m:	1:19.45	40.14				
15.				08				1:21.01	3
50m:	38.25	38.25	100m:	1:21.01	42.76				
16.				08	-			1:22.50	3
50m:	40.28	40.28	100m:	1:22.50	42.22				
17.				09		"	"	1:24.53	3
50m:	42.28	42.28	100m:	1:24.53	42.25				
18.				09				1:27.03	
19.				09				1:27.11	
50m:	42.14	42.14	100m:	1:27.11	44.97				
20.				09				1:27.76	
50m:	41.45	41.45	100m:	1:27.76	46.31				
21.				08	-			1:28.25	
22.				09	-			1:29.73	
50m:	44.27	44.27	100m:	1:29.73	45.46				
23.				09	-			1:32.05	
50m:	43.40	43.40	100m:	1:32.05	48.65				
24.				09				1:33.05	
50m:	44.79	44.79	100m:	1:33.05	48.26				
25.				09	-			1:47.37	
50m:	52.51	52.51	100m:	1:47.37	54.86				
DSQ				08	-			1:19.48	3
50m:	36.66	36.66	100m:	1:19.48	42.82				
DSQ				09	-			1:28.86	
50m:	43.21	43.21	100m:	1:28.86	45.65				

5 , 200m 2004 - 2009
13.01.2022

2004 - 2005

1.				05	-			3:04.17	2	
50m:	43.51	43.51	100m:	1:29.02	45.51	150m:	2:17.06	48.04	200m: 3:04.17	47.11
2.				05	2			3:06.53	2	
50m:	43.10	43.10	100m:	1:30.40	47.30	150m:	2:19.48	49.08	200m: 3:06.53	47.05
3.				05				3:13.85	2	
50m:	45.50	45.50	100m:	1:35.69	50.19	150m:	2:25.01	49.32	200m: 3:13.85	48.84

2006 - 2007

1.				06	2			2:52.39	1	
50m:	39.58	39.58	100m:	1:24.59	45.01	150m:	2:09.73	45.14	200m: 2:52.39	42.66
2.				07	-			3:24.05	3	
50m:	46.15	46.15	100m:	1:38.15	52.00	150m:	2:31.38	53.23	200m: 3:24.05	52.67

"
" , 13. - 14.1.2022

5, , 200m , 2006 - 2007

3. , 06 - **3:25.95** 3
50m: 47.32 47.32 100m: 1:38.31 50.99 150m: 2:31.85 53.54 200m: 3:25.95 54.10

2008 - 2009

1. , 09 " " **2:52.23** 1
50m: 40.21 40.21 100m: 1:25.35 45.14 150m: 2:09.53 44.18 200m: 2:52.23 42.70

2. , 09 - **3:00.98** 2
50m: 42.59 42.59 100m: 1:29.87 47.28 150m: 2:16.37 46.50 200m: 3:00.98 44.61

3. , 09 " " **3:08.51** 2
50m: 44.48 44.48 100m: 1:32.19 47.71 150m: 2:20.84 48.65 200m: 3:08.51 47.67

4. , 08 **3:21.05** 3
50m: 44.76 44.76 100m: 1:36.19 51.43 150m: 2:29.58 53.39 200m: 3:21.05 51.47

5. , 09 **3:24.91** 3
50m: 45.41 45.41 100m: 1:37.26 51.85 150m: 2:30.62 53.36 200m: 3:24.91 54.29

6. , 08 **3:45.01**
50m: 49.51 49.51 100m: 1:46.72 57.21 150m: 2:45.69 58.97 200m: 3:45.01 59.32

7. , 09 **3:50.96**
50m: 48.53 48.53 100m: 1:47.88 59.35 150m: 2:52.59 1:04.71 200m: 3:50.96 58.37

8. , 09 **3:53.25**
50m: 51.36 51.36 100m: 1:51.10 59.74 150m: 2:53.02 1:01.92 200m: 3:53.25 1:00.23

6 , 200m 2004 - 2009

13.01.2022

2004 - 2005

1. , 05 - **2:40.05** 1
50m: 36.72 36.72 100m: 1:16.89 40.17 150m: 1:57.81 40.92 200m: 2:40.05 42.24

2. , 05 - **2:42.62** 1
50m: 37.29 37.29 100m: 1:17.63 40.34 150m: 1:59.28 41.65 200m: 2:42.62 43.34

3. , 04 2 **2:54.25** 2
50m: 38.82 38.82 100m: 1:23.54 44.72 150m: 2:09.85 46.31 200m: 2:54.25 44.40

2006 - 2007

1. , 07 - **2:36.40** 1
50m: 35.43 35.43 100m: 1:14.02 38.59 150m: 1:54.39 40.37 200m: 2:36.40 42.01

2. , 06 - **2:43.34** 1
50m: 37.30 37.30 100m: 1:19.60 42.30 150m: 2:01.70 42.10 200m: 2:43.34 41.64

3. , 06 . **2:50.87** 2
50m: 37.23 37.23 100m: 1:20.75 43.52 150m: 2:06.09 45.34 200m: 2:50.87 44.78

4. , 07 - **2:58.59** 3
50m: 39.30 39.30 100m: 1:25.04 45.74 150m: 2:11.92 46.88 200m: 2:58.59 46.67

5. , 06 - **3:04.60** 3
50m: 41.14 41.14 100m: 1:26.98 45.84 150m: 2:15.81 48.83 200m: 3:04.60 48.79

6. , 06 **3:18.93**
50m: 42.44 42.44 100m: 1:31.28 48.84 150m: 2:24.48 53.20 200m: 3:18.93 54.45

6, , 200m

2008 - 2009

1.				09					2:41.98	1	
	50m:	36.01	36.01	100m:	1:18.84	42.83	150m:	2:02.39	43.55	200m:	2:41.98 39.59
2.				08		-			2:49.50	2	
	50m:	38.38	38.38	100m:	1:21.44	43.06	150m:	2:05.04	43.60	200m:	2:49.50 44.46
3.				09			"	"	2:53.42	2	
	50m:	39.24	39.24	100m:	1:24.38	45.14	150m:	2:09.88	45.50	200m:	2:53.42 43.54
4.				08					3:08.54	3	
	50m:	43.16	43.16	100m:	1:32.03	48.87	150m:	2:20.99	48.96	200m:	3:08.54 47.55
5.				08					3:09.35	3	
	50m:	42.85	42.85	150m:	2:20.40	1:37.55	200m:	3:09.35	48.95		
6.				09					3:16.72		
	50m:	43.42	43.42	100m:	1:34.66	51.24	150m:	2:26.79	52.13	200m:	3:16.72 49.93
7.				08		-			3:17.82		
	50m:	44.65	44.65	100m:	1:36.52	51.87	150m:	2:28.02	51.50	200m:	3:17.82 49.80
8.				09					3:24.85		
	50m:	45.31	45.31	100m:	1:37.17	51.86	150m:	2:31.13	53.96	200m:	3:24.85 53.72
9.				09		-			3:27.23		
	50m:	44.27	44.27	100m:	1:37.81	53.54	150m:	2:34.39	56.58	200m:	3:27.23 52.84
10.				09					3:39.11		
	50m:	50.36	50.36	100m:	1:47.15	56.79	150m:	2:43.87	56.72	200m:	3:39.11 55.24
11.				09		-			4:06.92		
	50m:	56.78	56.78	100m:	1:58.42	1:01.64	150m:	3:03.49	1:05.07	200m:	4:06.92 1:03.43
DSQ				09					3:31.06		
	50m:	45.67	45.67	100m:	1:39.65	53.98	150m:	2:35.07	55.42	200m:	3:31.06 55.99
EXH				03		-			2:35.08	1	
	50m:	35.20	35.20	100m:	1:14.91	39.71	150m:	1:54.54	39.63	200m:	2:35.08 40.54

7

, 200m

2004 - 2009

13.01.2022

2004 - 2005

1.				04		2			2:16.43		
	50m:	31.68	31.68	100m:	1:06.70	35.02	150m:	1:42.66	35.96	200m:	2:16.43 33.77
2.				04		2			2:29.33	2	
	50m:	32.52	32.52	100m:	1:10.19	37.67	150m:	1:50.70	40.51	200m:	2:29.33 38.63

2006 - 2007

1.				07		-			2:20.64	1	
	50m:	33.00	33.00	100m:	1:09.04	36.04	150m:	1:45.48	36.44	200m:	2:20.64 35.16
2.				07		-			2:21.98	1	
	50m:	33.08	33.08	100m:	1:09.47	36.39	150m:	1:46.36	36.89	200m:	2:21.98 35.62
3.				06		-			2:31.90	2	
	50m:	34.26	34.26	100m:	1:11.93	37.67	150m:	1:52.08	40.15	200m:	2:31.90 39.82
4.				07		-			2:32.75	2	
	50m:	34.56	34.56	100m:	1:14.09	39.53	150m:	1:54.40	40.31	200m:	2:32.75 38.35

" " , 13. - 14.1.2022

7, , 200m , 2006 - 2007

5.			07	-				2:34.13	2		
50m:	34.35	34.35	100m:	1:13.68	39.33	150m:	1:54.97	41.29	200m:	2:34.13	39.16
6.			07					2:39.59	2		
50m:	35.63	35.63	100m:	1:15.35	39.72	150m:	1:57.73	42.38	200m:	2:39.59	41.86
7.			07		2			2:49.44	3		
50m:	35.95	35.95	100m:	1:18.61	42.66	150m:	2:06.71	48.10	200m:	2:49.44	42.73

2008 - 2009

1.			09			"	"	2:25.53	2		
50m:	33.68	33.68	100m:	1:10.94	37.26	150m:	1:48.87	37.93	200m:	2:25.53	36.66
2.			09					2:27.00	2		
50m:	33.20	33.20	100m:	1:11.21	38.01	150m:	1:50.36	39.15	200m:	2:27.00	36.64
3.			09			"	"	2:27.63	2		
50m:	34.67	34.67	100m:	1:13.23	38.56	150m:	1:51.13	37.90	200m:	2:27.63	36.50
4.			08	-				2:28.85	2		
50m:	32.85	32.85	100m:	1:11.18	38.33	150m:	1:51.02	39.84	200m:	2:28.85	37.83
5.			09			"	"	2:29.57	2		
50m:	35.11	35.11	100m:	1:13.87	38.76	150m:	1:52.13	38.26	200m:	2:29.57	37.44
6.			08					2:30.46	2		
50m:	34.66	34.66	100m:	1:13.75	39.09	150m:	1:52.81	39.06	200m:	2:30.46	37.65
7.			09			"	"	2:31.86	2		
50m:	34.21	34.21	100m:	1:13.84	39.63	150m:	1:54.60	40.76	200m:	2:31.86	37.26
8.			08					2:36.28	2		
50m:	33.40	33.40	100m:	1:12.29	38.89	150m:	1:54.74	42.45	200m:	2:36.28	41.54
9.			09					2:36.33	2		
50m:	35.66	35.66	100m:	1:15.12	39.46	150m:	1:56.34	41.22	200m:	2:36.33	39.99
10.			09					2:37.80	2		
50m:	33.93	33.93	100m:	1:14.80	40.87	150m:	1:57.88	43.08	200m:	2:37.80	39.92
11.			09					2:43.66	3		
50m:	35.83	35.83	100m:	1:17.69	41.86	150m:	2:01.47	43.78	200m:	2:43.66	42.19
12.			08					2:43.99	3		
50m:	39.92	39.92	100m:	1:21.32	41.40	150m:	2:03.54	42.22	200m:	2:43.99	40.45
13.			09					2:49.63	3		
50m:	37.48	37.48	100m:	1:20.91	43.43	150m:	2:06.43	45.52	200m:	2:49.63	43.20
14.			08					2:54.46	3		
50m:	35.86	35.86	100m:	1:19.00	43.14	150m:	2:06.60	47.60	200m:	2:54.46	47.86
15.			09	-				2:58.32			
50m:	40.58	40.58	100m:	1:26.54	45.96	150m:	2:12.12	45.58	200m:	2:58.32	46.20
16.			08					3:00.52			
50m:	39.70	39.70	100m:	1:25.33	45.63	150m:	2:14.08	48.75	200m:	3:00.52	46.44
17.			09					3:03.62			
50m:	41.79	41.79	100m:	1:28.27	46.48	150m:	2:16.22	47.95	200m:	3:03.62	47.40
18.			09	-				3:08.74			
50m:	43.05	43.05	100m:	1:31.07	48.02	150m:	2:21.60	50.53	200m:	3:08.74	47.14
19.			09					3:15.76			
50m:	44.09	44.09	100m:	1:33.92	49.83	150m:	2:25.71	51.79	200m:	3:15.76	50.05
20.			09					3:21.73			
50m:	45.14	45.14	100m:	1:37.02	51.88	150m:	2:31.86	54.84	200m:	3:21.73	49.87

"
" , 13. - 14.1.2022

7, , 200m , 2008 - 2009

21.				09					3:26.66	
50m:	45.79	45.79	100m:	1:39.16	53.37	150m:	2:34.25	55.09	200m:	3:26.66 52.41
22.				09					3:39.81	
50m:	48.39	48.39	100m:	1:45.24	56.85	150m:	2:45.11	59.87	200m:	3:39.81 54.70

8 , 200m 2004 - 2009
13.01.2022

2004 - 2005

1.				05	-				2:01.33	
50m:	28.47	28.47	100m:	59.54	31.07	150m:	1:30.78	31.24	200m:	2:01.33 30.55
2.				05	-				2:04.63	1
50m:	28.09	28.09	100m:	59.38	31.29	150m:	1:32.94	33.56	200m:	2:04.63 31.69
3.				05	-				2:10.43	1
50m:	29.50	29.50	100m:	1:02.69	33.19	150m:	1:37.25	34.56	200m:	2:10.43 33.18

2006 - 2007

1.				06	-				2:06.84	1
50m:	29.39	29.39	100m:	1:02.28	32.89	150m:	1:35.97	33.69	200m:	2:06.84 30.87
2.				06	-				2:10.20	1
50m:	29.16	29.16	100m:	1:01.85	32.69	150m:	1:36.27	34.42	200m:	2:10.20 33.93
3.				07	-				2:12.55	2
50m:	31.06	31.06	100m:	1:04.88	33.82	150m:	1:39.18	34.30	200m:	2:12.55 33.37
4.				06	-				2:12.81	2
50m:	29.38	29.38	100m:	1:02.79	33.41	150m:	1:38.38	35.59	200m:	2:12.81 34.43
5.				07	-				2:15.71	2
50m:	31.81	31.81	100m:	1:06.73	34.92	150m:	1:41.76	35.03	200m:	2:15.71 33.95
6.				07	-				2:16.64	2
50m:	32.01	32.01	100m:	1:07.44	35.43	150m:	1:43.00	35.56	200m:	2:16.64 33.64
7.				07	-				2:18.08	2
50m:	32.12	32.12	100m:	1:08.47	36.35	150m:	1:44.35	35.88	200m:	2:18.08 33.73
8.				07	-				2:23.23	2
50m:	31.76	31.76	100m:	1:08.00	36.24	150m:	1:46.88	38.88	200m:	2:23.23 36.35
9.				06	-				2:26.90	2
50m:	32.22	32.22	100m:	1:09.35	37.13	150m:	1:48.73	39.38	200m:	2:26.90 38.17
10.				07	-				2:28.52	2
50m:	32.09	32.09	100m:	1:09.98	37.89	150m:	1:49.34	39.36	200m:	2:28.52 39.18
11.				06	-				2:28.68	2
50m:	31.73	31.73	100m:	1:08.15	36.42	150m:	1:47.77	39.62	200m:	2:28.68 40.91
12.				06	-				2:34.26	3
50m:	32.22	32.22	100m:	1:10.43	38.21	150m:	1:52.87	42.44	200m:	2:34.26 41.39

8, , 200m

2008 - 2009

1.				08					2:12.64	2	
50m:	29.42	29.42	100m:	1:02.29	32.87	150m:	1:37.01	34.72	200m:	2:12.64	35.63
2.				08	-				2:17.18	2	
50m:	32.74	32.74	100m:	1:07.76	35.02	150m:	1:42.68	34.92	200m:	2:17.18	34.50
3.				09			"	"	2:21.38	2	
50m:	31.45	31.45	100m:	2:21.38	1:49.93	150m:	1:45.32		200m:	2:21.38	36.06
4.				09					2:22.73	2	
50m:	32.20	32.20	100m:	1:08.92	36.72	150m:	1:46.23	37.31	200m:	2:22.73	36.50
5.				08	-				2:27.16	2	
50m:	32.66	32.66	100m:	1:09.85	37.19	150m:	1:49.19	39.34	200m:	2:27.16	37.97
6.				08	-				2:27.20	2	
50m:	31.34	31.34	100m:	1:07.99	36.65	150m:	1:47.48	39.49	200m:	2:27.20	39.72
7.				09			"	"	2:28.29	2	
50m:	34.24	34.24	100m:	1:12.97	38.73	150m:	1:51.28	38.31	200m:	2:28.29	37.01
8.				08					2:28.44	2	
50m:	32.21	32.21	100m:	1:10.11	37.90	150m:	1:49.98	39.87	200m:	2:28.44	38.46
9.				09	-				2:29.06	2	
50m:	32.88	32.88	100m:	1:10.99	38.11	150m:	1:51.96	40.97	200m:	2:29.06	37.10
10.				08					2:30.14	3	
50m:	34.64	34.64	100m:	1:12.86	38.22	150m:	1:52.45	39.59	200m:	2:30.14	37.69
11.				08					2:30.47	3	
50m:	34.51	34.51	100m:	1:13.33	38.82	150m:	1:53.23	39.90	200m:	2:30.47	37.24
12.				09	-				2:33.47	3	
50m:	35.08	35.08	100m:	1:14.17	39.09	150m:	1:54.94	40.77	200m:	2:33.47	38.53
13.				09	-				2:34.32	3	
50m:	34.11	34.11	100m:	1:12.90	38.79	150m:	1:53.92	41.02	200m:	2:34.32	40.40
14.				09					2:34.78	3	
50m:	34.57	34.57	100m:	1:15.09	40.52	150m:	1:57.36	42.27	200m:	2:34.78	37.42
15.				08	-				2:36.22	3	
50m:	33.83	33.83	100m:	1:13.42	39.59	150m:	1:55.51	42.09	200m:	2:36.22	40.71
16.				09	-				2:37.36	3	
50m:	33.73	33.73	100m:	1:14.16	40.43	150m:	1:57.24	43.08	200m:	2:37.36	40.12
17.				09			"	"	2:38.11	3	
50m:	35.91	35.91	100m:	1:16.70	40.79	150m:	1:58.23	41.53	200m:	2:38.11	39.88
18.				08					2:40.82	3	
50m:	35.22	35.22	100m:	1:16.58	41.36	150m:	1:59.08	42.50	200m:	2:40.82	41.74
19.				09			"	"	2:41.76	3	
50m:	36.36	36.36	100m:	1:19.50	43.14	150m:	2:02.57	43.07	200m:	2:41.76	39.19
20.				09	-				2:44.03	3	
50m:	37.09	37.09	100m:	1:19.18	42.09	150m:	2:03.14	43.96	200m:	2:44.03	40.89
21.				08	-				2:50.30		
50m:	37.88	37.88	100m:	1:22.07	44.19	150m:	2:08.38	46.31	200m:	2:50.30	41.92
22.				08					2:56.19		
50m:	37.10	37.10	100m:	1:21.28	44.18	150m:	2:09.32	48.04	200m:	2:56.19	46.87
23.				09	-				2:56.91		
50m:	37.68	37.68	100m:	1:23.44	45.76	150m:	2:12.76	49.32	200m:	2:56.91	44.15
24.				08	-				2:57.48		
50m:	38.17	38.17	100m:	1:26.50	48.33	150m:	2:15.67	49.17	200m:	2:57.48	41.81

"
", 13. - 14.1.2022

8,		, 200m				2008 - 2009					
25.	,			09	-			2:58.45			
50m:	39.44	39.44	100m:	1:25.37	45.93	150m:	2:13.91	48.54	200m:	2:58.45	44.54
26.	,			09	-			2:59.79			
50m:	40.17	40.17	100m:	1:26.37	46.20	150m:	2:14.18	47.81	200m:	2:59.79	45.61
27.	,			09	-			3:08.40			
50m:	43.40	43.40	100m:	1:31.69	48.29	150m:	2:21.74	50.05	200m:	3:08.40	46.66
28.	,			09	-			3:11.74			
50m:	41.16	41.16	100m:	1:32.29	51.13	150m:	2:24.20	51.91	200m:	3:11.74	47.54
29.	,			09	-			3:24.03			
50m:	44.38	44.38	100m:	1:36.41	52.03	150m:	2:30.63	54.22	200m:	3:24.03	53.40
DSQ	,			09	-			2:42.60	3		
50m:	36.65	36.65	100m:	1:21.12	44.47	150m:	2:03.45	42.33	200m:	2:42.60	39.15

9 , 400m 2004 - 2009
13.01.2022

2004 - 2005

1.	,			05	-			5:22.46			
50m:	34.04	34.04	150m:	1:56.36	43.02	250m:	3:25.46	47.98	350m:	4:47.93	34.53
100m:	1:13.34	39.30	200m:	2:37.48	41.12	300m:	4:13.40	47.94	400m:	5:22.46	34.53
2.	,			05	2			5:39.10	1		
50m:	36.28	36.28	150m:	2:04.89	45.69	250m:	3:34.02	46.15	350m:	5:01.86	40.38
100m:	1:19.20	42.92	200m:	2:47.87	42.98	300m:	4:21.48	47.46	400m:	5:39.10	37.24
3.	,			04	-			5:49.98	1		
50m:	39.20	39.20	150m:	2:09.70	44.48	250m:	3:41.62	48.11	350m:	5:11.24	40.56
100m:	1:25.22	46.02	200m:	2:53.51	43.81	300m:	4:30.68	49.06	400m:	5:49.98	38.74

2006 - 2007

1.	,			06	2			5:37.01	1		
50m:	39.02	39.02	150m:	2:10.54	42.62	250m:	3:36.46	42.97	350m:	4:59.25	38.32
100m:	1:27.92	48.90	200m:	2:53.49	42.95	300m:	4:20.93	44.47	400m:	5:37.01	37.76
2.	,			06	.			5:46.29	1		
50m:	37.40	37.40	150m:	2:08.64	46.61	250m:	3:39.97	47.08	350m:	5:07.74	39.93
100m:	1:22.03	44.63	200m:	2:52.89	44.25	300m:	4:27.81	47.84	400m:	5:46.29	38.55
3.	,			07	-			5:53.33	2		
50m:	35.26	35.26	150m:	2:04.39	45.79	250m:	3:41.73	52.93	350m:	5:14.21	39.55
100m:	1:18.60	43.34	200m:	2:48.80	44.41	300m:	4:34.66	52.93	400m:	5:53.33	39.12
4.	,			07	-			5:54.47	2		
50m:	38.13	38.13	150m:	2:09.70	46.87	250m:	3:45.82	52.33	350m:	5:16.61	40.22
100m:	1:22.83	44.70	200m:	2:53.49	43.79	300m:	4:36.39	50.57	400m:	5:54.47	37.86
5.	,			06	-			6:10.64	2		
50m:	40.04	40.04	150m:	2:13.81	47.60	250m:	3:55.72	55.82	350m:	5:30.77	40.67
100m:	1:26.21	46.17	200m:	2:59.90	46.09	300m:	4:50.10	54.38	400m:	6:10.64	39.87

9, , 400m

2008 - 2009

1.			09	"	"	5:26.08						
	50m:	34.87	34.87	150m:	2:00.18	44.64	250m:	3:25.50	43.47	350m:	4:49.67	38.02
	100m:	1:15.54	40.67	200m:	2:42.03	41.85	300m:	4:11.65	46.15	400m:	5:26.08	36.41
2.			09	"	"	5:46.51	1					
	50m:	38.08	38.08	150m:	2:07.30	45.10	250m:	3:38.69	46.74	350m:	5:08.65	40.02
	100m:	1:22.20	44.12	200m:	2:51.95	44.65	300m:	4:28.63	49.94	400m:	5:46.51	37.86
3.			09	"	"	5:56.92	2					
	50m:	37.99	37.99	150m:	2:09.24	46.85	250m:	3:44.80	49.11	350m:	5:16.99	42.59
	100m:	1:22.39	44.40	200m:	2:55.69	46.45	300m:	4:34.40	49.60	400m:	5:56.92	39.93
4.			08	-		5:58.12	2					
	50m:	39.39	39.39	150m:	2:13.06	46.31	250m:	3:50.60	52.37	350m:	5:20.52	39.56
	100m:	1:26.75	47.36	200m:	2:58.23	45.17	300m:	4:40.96	50.36	400m:	5:58.12	37.60
5.			08	-		6:06.06	2					
	50m:	38.64	38.64	150m:	2:11.90	45.97	250m:	3:47.40	50.04	350m:	5:23.32	44.12
	100m:	1:25.93	47.29	200m:	2:57.36	45.46	300m:	4:39.20	51.80	400m:	6:06.06	42.74
6.			09	.		6:08.19	2					
	50m:	40.54	40.54	150m:	2:17.12	49.03	250m:	3:55.50	52.48	350m:	5:29.30	40.35
	100m:	1:28.09	47.55	200m:	3:03.02	45.90	300m:	4:48.95	53.45	400m:	6:08.19	38.89
7.			08	-		6:12.40	2					
	50m:	37.38	37.38	150m:	2:12.37	48.79	250m:	3:53.63	54.66	350m:	5:31.34	42.12
	100m:	1:23.58	46.20	200m:	2:58.97	46.60	300m:	4:49.22	55.59	400m:	6:12.40	41.06
8.			08	-		6:27.77	2					
	50m:	39.96	39.96	150m:	2:21.48	50.07	250m:	4:06.07	56.78	350m:	5:45.92	42.78
	100m:	1:31.41	51.45	200m:	3:09.29	47.81	300m:	5:03.14	57.07	400m:	6:27.77	41.85
9.			09	.		6:45.26	3					
	50m:	45.83	45.83	150m:	2:34.39	51.52	250m:	4:19.39	53.82	350m:	6:03.30	46.82
	100m:	1:42.87	57.04	200m:	3:25.57	51.18	300m:	5:16.48	57.09	400m:	6:45.26	41.96
10.			08	.		7:09.36	3					
	50m:	48.33	48.33	150m:	2:40.95	52.25	250m:	4:31.72	56.39	350m:	6:19.86	47.65
	100m:	1:48.70	1:00.37	200m:	3:35.33	54.38	300m:	5:32.21	1:00.49	400m:	7:09.36	49.50

10

, 400m

2004 - 2009

13.01.2022

2004 - 2005

1.			05	-		4:50.58						
	50m:	29.42	29.42	150m:	1:46.15	40.03	250m:	3:07.42	42.41	350m:	4:20.25	31.57
	100m:	1:06.12	36.70	200m:	2:25.01	38.86	300m:	3:48.68	41.26	400m:	4:50.58	30.33
2.			05	-		4:59.29	1					
	50m:	31.11	31.11	150m:	1:47.15	39.49	250m:	3:07.65	43.93	350m:	4:26.10	33.74
	100m:	1:07.66	36.55	200m:	2:23.72	36.57	300m:	3:52.36	44.71	400m:	4:59.29	33.19
3.			04	-		5:04.24	1					
	50m:	30.43	30.43	150m:	1:48.08	40.84	250m:	3:11.55	43.61	350m:	4:31.41	35.95
	100m:	1:07.24	36.81	200m:	2:27.94	39.86	300m:	3:55.46	43.91	400m:	5:04.24	32.83
4.			05	-		5:11.51	1					
	50m:	31.84	31.84	150m:	1:51.52	41.02	250m:	3:17.96	46.50	350m:	4:38.67	34.52
	100m:	1:10.50	38.66	200m:	2:31.46	39.94	300m:	4:04.15	46.19	400m:	5:11.51	32.84
5.			05	.		5:12.93	2					
	50m:	31.72	31.72	150m:	1:50.72	40.66	250m:	3:16.26	45.68	350m:	4:39.10	37.19
	100m:	1:10.06	38.34	200m:	2:30.58	39.86	300m:	4:01.91	45.65	400m:	5:12.93	33.83

10, , 400m

2006 - 2007

1.				07	-					4:57.63	1	
	50m:	29.61	29.61	150m:	1:46.38	40.94	250m:	3:07.55	42.60	350m:	4:23.94	33.37
	100m:	1:05.44	35.83	200m:	2:24.95	38.57	300m:	3:50.57	43.02	400m:	4:57.63	33.69
2.				07	-					5:18.95	2	
	50m:	31.85	31.85	150m:	1:53.56	41.37	250m:	3:20.67	47.07	350m:	4:43.24	35.37
	100m:	1:12.19	40.34	200m:	2:33.60	40.04	300m:	4:07.87	47.20	400m:	5:18.95	35.71
3.				07	-					5:20.53	2	
	50m:	33.51	33.51	150m:	1:54.77	40.44	250m:	3:19.95	45.72	350m:	4:44.29	37.75
	100m:	1:14.33	40.82	200m:	2:34.23	39.46	300m:	4:06.54	46.59	400m:	5:20.53	36.24
4.				06	-					5:38.90	2	
	50m:	37.07	37.07	150m:	2:08.85	44.36	250m:	3:35.42	44.51	350m:	5:03.60	41.33
	100m:	1:24.49	47.42	200m:	2:50.91	42.06	300m:	4:22.27	46.85	400m:	5:38.90	35.30
5.				06	-					6:26.60	3	
	50m:	36.20	36.20	150m:	2:11.89	47.84	250m:	3:57.91	56.54	350m:	5:40.08	45.90
	100m:	1:24.05	47.85	200m:	3:01.37	49.48	300m:	4:54.18	56.27	400m:	6:26.60	46.52

2008 - 2009

1.				08	-					5:23.90	2	
	50m:	32.16	32.16	150m:	1:52.65	42.73	250m:	3:22.53	48.91	350m:	4:48.50	37.74
	100m:	1:09.92	37.76	200m:	2:33.62	40.97	300m:	4:10.76	48.23	400m:	5:23.90	35.40
2.				08	-					5:27.42	2	
	50m:	33.56	33.56	150m:	1:58.40	43.51	250m:	3:26.42	46.84	350m:	4:51.49	38.36
	100m:	1:14.89	41.33	200m:	2:39.58	41.18	300m:	4:13.13	46.71	400m:	5:27.42	35.93
3.				08	-					5:30.68	2	
	50m:	32.11	32.11	150m:	1:54.40	42.99	250m:	3:26.65	50.34	350m:	4:53.50	38.42
	100m:	1:11.41	39.30	200m:	2:36.31	41.91	300m:	4:15.08	48.43	400m:	5:30.68	37.18
4.				08	-					5:38.74	2	
	50m:	34.54	34.54	150m:	1:59.08	41.60	250m:	3:32.98	51.36	350m:	5:02.20	37.91
	100m:	1:17.48	42.94	200m:	2:41.62	42.54	300m:	4:24.29	51.31	400m:	5:38.74	36.54
5.				08	-					5:38.97	2	
	50m:	35.09	35.09	150m:	1:58.80	42.03	250m:	3:32.94	51.09	350m:	5:02.61	37.91
	100m:	1:16.77	41.68	200m:	2:41.85	43.05	300m:	4:24.70	51.76	400m:	5:38.97	36.36
6.				08	-					5:51.19	2	
	50m:	35.29	35.29	150m:	2:05.25	46.27	250m:	3:40.58	52.01	350m:	5:12.49	40.05
	100m:	1:18.98	43.69	200m:	2:48.57	43.32	300m:	4:32.44	51.86	400m:	5:51.19	38.70
7.				08	-					5:52.60	2	
	50m:	36.38	36.38	150m:	2:09.77	49.43	250m:	3:45.13	47.28	350m:	5:13.22	40.03
	100m:	1:20.34	43.96	200m:	2:57.85	48.08	300m:	4:33.19	48.06	400m:	5:52.60	39.38
8.				08	-					5:55.60	3	
	50m:	36.66	36.66	150m:	2:07.81	46.59	250m:	3:45.58	52.36	350m:	5:17.85	39.02
	100m:	1:21.22	44.56	200m:	2:53.22	45.41	300m:	4:38.83	53.25	400m:	5:55.60	37.75
9.				09	-					5:59.87	3	
	50m:	35.88	35.88	150m:	2:05.66	46.96	250m:	3:46.79	54.59	350m:	5:21.90	40.64
	100m:	1:18.70	42.82	200m:	2:52.20	46.54	300m:	4:41.26	54.47	400m:	5:59.87	37.97
10.				08	-					6:00.70	3	
	50m:	35.19	35.19	150m:	2:08.76	48.76	250m:	3:47.57	51.72	350m:	5:21.10	40.48
	100m:	1:20.00	44.81	200m:	2:55.85	47.09	300m:	4:40.62	53.05	400m:	6:00.70	39.60
11.				08	-					6:08.90	3	
	50m:	39.81	39.81	150m:	2:21.18	52.03	250m:	3:57.97	46.50	350m:	5:27.50	42.72
	100m:	1:29.15	49.34	200m:	3:11.47	50.29	300m:	4:44.78	46.81	400m:	6:08.90	41.40
12.				09	-					6:36.86	3	
	50m:	41.93	41.93	150m:	2:27.17	52.01	250m:	4:15.02	57.32	350m:	5:56.36	43.53
	100m:	1:35.16	53.23	200m:	3:17.70	50.53	300m:	5:12.83	57.81	400m:	6:36.86	40.50

"
", 13. - 14.1.2022

10, , 400m , 2008 - 2009

13. , 08 - **7:04.86**
50m: 45.44 45.44 150m: 2:35.62 54.48 250m: 4:26.91 55.83 350m: 6:14.14 50.51
100m: 1:41.14 55.70 200m: 3:31.08 55.46 300m: 5:23.63 56.72 400m: 7:04.86 50.72